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YOURS IN FRIENDSHIP

FROM THE CEDAR RAPIDS/IOWA CITY FRIENDSHIP FORCE CLUB

Volume 6, Issue 1

JUNE 1, 2013

PRESIDENT'S MESSAGE

One busy FF month has passed and another is upon us with two major events...

1. Starting June 7th, our second group of Open World guests arrive. Be sure to sign up for the catered dinner & help welcome our guests. (See sign up information below).

Thank you to the families who volunteered to host the 10 Ambassadors, 2 facilitators and 2 interpreters. They are Jean & Dean Thomas, Audrey Bradford, Vic & Pat Klopfenstein, Steve & Nancy Williams, Jackie & Dallas Bryant, Dianne & Mike Karal, Karen & Will Mickelson and Marceil & Winston Edson.

2. Freedom Fest runs June 21 to July 4th. This year we have been assigned two events to work. <u>We need 4 volunteers for</u> <u>the popular "Dock Dogs" competition at Kirkwood on June</u> <u>21st from 8am to Noon.</u> The "Balloon Glow" at Brucemore on June 25th has been filled. The club will earn \$250 for each four-hour shift. John & Cheryl Elliott will be leading the teams this year so call them today to volunteer for June 21st. (319-396-4762).

A Big Thank You goes out to those who have already signed up. In Friendship, Richard and Veta Hildebrand

OPEN WORLD

JUNE 7th at 6:30 pm, MARION HERITAGE CENTER..Welcome Dinner-FREE catered dinner for members - just e-mail Tressa at <u>ityoung-</u> <u>bear@gmail.com</u> or call 319-350-4143 and let her know if you would like chicken or beef. <u>DEADLINE IS JUNE 3RD!</u> <u>Please bring a dessert that will feed up to 6 people.</u>

JUNE 14TH at 6:30 pm, METRO BUFFET NORTH. Dinner is on your own but the great company is *free*!

YOURS IN FRIENDSHIP



What's Been Happening...

Indonesian Exchange

Six club members went on this exchange: Steve & Nancy Wiliams Dale & Cheryl Moore Joe & Donna Ironside

Can you pick them out of the group?

JULY GENERAL MEETING HIGHLIGHTS

Members heard a fascinating presentation on mountain climbing by Brian Beatty (53), who is Marian Wetjen's cousin.

Did you know that the higher the climber goes, the safer they are? The most danger is in the first 10-15 feet. Brian has led expeditions and trained many other climbers.

It took Brian's team one month to climb Mt. McKinley, which is the coldest mountain in the world. He was also on a team that discovered the most northern point in Greenland, now visible due to the melting of the permanent ice.

Brian stays in shape between climbs with long distance runs, often doing 100-150 miles per day! A couple days after our meeting, Brian left for Peru to run in The Jungle Ultra Race, which will be a total 143 miles, over 4 days.

Thank you, Brian, for sharing your amazing experience with our club.

GREAT GIFT IDEA!

The Elliott's just discovered a fantastic "Iowa" gift, benefit of "Coins of America."

It's in a colorful State Coin Collector Set, laminated, with descriptions of key Iowa features, plus, of course, the 2004 Iowa quarter.



An order of six arrived in 4 days, total at less than \$18.

To order: <u>coinsofamerica.com</u> or phone 866-461-6812.

It'll save many miles of searching for an appropriate gift!!!



New Zealand Exchange: Prepare for an adventure with us mid-September to mid-October, 2013--Friendship Force of Central Iowa

Our **New Zealand exchange** includes two home stays scheduled for September 23-October 6. After our arrival in Auckland several days earlier and a tour of that beautiful city, we will wind our way down to Rotorua with its geysers, mud pools, and hot mineral springs and a visit to a Maori village. Lake Taupa will be in our view as we head to our first home stay with the Horowhenua Club. Levin, the centre of the Horowhenua region, is nestled between the Tararua Ranges and the beautiful Tasman Sea. The area is steeped in Maori history. We will then make our way to the Wairarapa Club where we will experience art, history, wineries, and the extensive agriculture of this region. Following the home stays, we will take ground transportation for a week on the South Island, known for its rugged geological beauty. Pre- and/or post-home stay travel is optional.

For more information, contact Sedahlia Crase, ED, at sedahlia@iastate.edu.

CLUB HISTORIAN NEEDED

Club Historian, is an important job that often goes unrecognized. They will be responsible to collect relevant materials (photos, newspaper articles, newsletters, exchange summaries, officer information, etc) and enter them into the history books. If you would enjoy preserving the club's history, this position is for you.
No deadlines, work at your own pace as time permits. How much better can it get? Please contact Veta & Richard at <u>rvhilde1@juno.com</u> to volunteer. We only stay viable as a Club with everyone's help.



Bata's Restaurant 1006 3rd Street SE Cedar Rapids, IA 52401

JUNE'S L.E.O. - WEDS, JUNE 26TH at 6 PM R.S.V.P. To DIANE HAYES by Monday, June 17th Phone 393-1997 or E-mail <u>dbhrn@mchsi.com</u>

CALENDAR of EVENTS - (print this page as a reminder)

June 7-15	Open World (Russia)	Steve Williams
June 7	Open World Welcome Dinner - Marion Heri	tage Center 6:30pm
June 26	L.E.O. Location Bata's Restaurant 6 PM	Diane Hayes, Hostess
July 14	General Meeting & New Member Orientation	Tressa Youngbear, Hostess
August 2-8	Incoming Theme Exchange ED: Tressa Yo	ungbear <u>ityoungbear@windstream.net</u>
August 11	Board Meeting	Location TBD, Hildebrands
Sept. 15	General Meeting 1:00pm The program: "Indonesia" Steve Williams, Host	
Sept. 22-29	Incoming Fortaleza, Brazil ED: D	avid Detwiler <u>daviddetwiler@msn.com</u>
October 9-16	Outgoing to Virginia ED: Tressa You	ngbear <u>ityoungbear@windstream.net</u>
Oct 6 or 20	Board Meeting	Location TBD, Hildebrands
October ?	L.E.O. Location TBD	Connie Williams, Hostess
November 10	Annual Meeting & Elections	Veta & Dick Hildebrand, Hosts
Nov 22-25	FFI World Conference in New Orleans	
December ?	L.E.O. Location TBD	Host & Location TBD





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BOARD MEMBERS 2013

Richard & Veta Hildebrand, Co- Presidents

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Tressa Youngbear, President-Elect

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David Detwiler, Past President 319-364-6120 daviddetwiler@msn.com

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Marian Wetjen, Membership

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319-377-5502 vpklopfenstein@msn.com

Will & Karen Mickelson, Meeting Hosts 319-743-0575 wamickel@q.com

Alice Wilkinson- Director At Large

319-366-0625 alicew@juno.com

John Sauer – Director At Large

319-213-1731 sauer@mchsi.com

In friendship Richard & Veta Hildebrand Tressa Youngbear