



YOURS IN FRIENDSHIP

FROM THE CEDAR RAPIDS/IOWA CITY
FRIENDSHIP FORCE CLUB

June 1, 2014

June

2014

In this Issue:

PRESIDENT'S MESSAGE 1

OREGON EXCHANGE 2

MIDWESTERN REGIONAL CONFERENCE 3

CONGRATS KLOPFENSTEIN'S 3

VOLUNTEERS NEEDED 4

UPCOMING EVENTS 5

CALENDAR 6

BOARD MEMBERS 7

PRESIDENT'S MESSAGE....

It seems like a lot has happened since the May newsletter was delivered to you....

I have regretfully accepted the resignation from Barbara Cole as our secretary. Thank you, Barbara, for the time you have given our Board. It was great working with you and getting to know you better. The bylaws state that the Board will select and approve a member to fill the vacant position.

A big thank you goes out to Audrey Bradford, her committee, the home hosts, day hosts, and others for the wonderful exchange with the Mid-Willamette Valley, Oregon club. The exchange included ambassadors from Oregon, Washington, California and Florida. It was a fun week for all and we appreciate so many members getting active in the exchange. (See Audrey's article and pictures on page 2 of this issue.)

The Dubuque FF Club has decided not to continue beyond this year. We have invited their members to join our club. We were pleased that Tom and Dorothy Welsh from the Dubuque Club attending our May 18 General meeting.

I have asked your Board to attend a half-day retreat on June 7th to discuss and consider a full page of items that will help our club stay healthy in future years. If there are any issues that you would like the Board to look into, please communicate with a Board member so they can bring it to the retreat for discussion. (See the last page of this newsletter for a list of Board members.)

I am excited about the July general meeting with the theme of Iowa's Underground Railroad. Thanks to Steve Williams for finding Darrin Crow who will be our speaker.

See you all at the June 26 LEO at the Sutliff Bridge Tavern.

Tressa

OREGON EXCHANGE A BIG HIT!

Mid-Willamette Valley FF Exchange



With Cedar Rapids/Iowa City FF 5/14/2014

On May 20, fifteen members of the Mid-Willamette Valley exchange went home to Oregon, Washington, California and Florida with a glowing impression of Iowa. They reported a new awareness of how beautiful and not so flat Iowa really is. Judging from their words to their hosts and a report by ED Pat Byers, they also had high praise for the people and the experience they had with Cedar Rapids/Iowa City FF.

Cedar Rapids day showed off some of our most interesting activities and history from

the new library, Grant Wood studio, Czech Museum, and the personalized trolley tour narrated by Mark Hunter. Usual favorites like Dubuque day, Kalona and the Herbert Hoover Library were hits. We took advantage of special events and most hosts took their guests to the Marion Arts Festival or Houby Days or both.

One ambassador, Steve McCalley, from Bakersfield, California spent his childhood years in the Cedar Rapids area. Steve was thrilled when his hosts, Dean and Jean Thomas, walked with him and his wife Merry through an alley in Anamosa and found his grandparents' name on the back of the building that had been their store decades ago. He was also happily surprised that the Thomas' attend the church where he was baptized. A wonderful small world often emerges during FF experiences!

So many people made this a great exchange starting with the planning committee. Over thirty members helped as home hosts, day hosts, dinner hosts, the welcome party, and the general meeting at Wickiup. At the general meeting, Marian Wetjen lead a terrific challenge between the Cedar Rapids and the Oregon Teams that entertained all of us.

Now we look forward to an outgoing exchange to Mid-Willamette Valley in 2015!

Thanks to all, Audrey Bradford



3 Members Attend Midwestern Regional Conference

Three members of our club attended the Midwestern Regional Conference in Milwaukee, Wisconsin on May 1 through 4. Those attending included Tressa Youngbear, Dianne Karal, and Mike Karal.

Highlights of the conference included:

Pallie Savoie (FFI staff person who has oversaw the exchange matches) is leaving FFI at the end of May. She will be missed, but has trained a new staff person to take over her exchange matching duties. Kathy Thomas has assumed Pallie's US Club representative duties.

Pat Meyer (our regional representative) has been replaced by Adrienne Moen from Des Moines.

The Dubuque Club has decided not to continue as a FF club as of the end of the year. We have invited their members to join our club.

The Iowa clubs agreed to hold a statewide picnic with rotating hosting duties. Iowa clubs also agreed to do weekend exchanges so members will know Iowa members better.

Much of the information we learned was similar to the information we learned at the World Conference in New Orleans. Similarities included the need to review the health of our club, if we want exchanges then we need to proactively arrange them, and benefits of using today's technology (Facebook, meetup.com, twitter, etc.) to communicate with members and potential members.

The Nexgen (next generation) and how we can promote this idea in our club. International asked each club to commit to trying to start a Nexgen club addition.

Many on these items, and others, will be discussed and considered at the Board working retreat on June 7th.

Congratulations to Vic and Pat Klopfenstein!



**Grand opening of
Klopfenstein
Amphitheater in
Lowe Park, Marion
on May 3rd.**



VOLUNTEERS NEEDED

- **LEADERSHIP CONFERENCE COMMITTEE**

Tressa Youngbear is chair of the planning committee for the Leadership Conference in 2015 and is looking for members to help make this a great experience for all Midwest leaders. **Contact ityoungbear@gmail.com or call 319-350-4143 to volunteer!**

- **ASSISTANT ED FOR WESSEX ENGLAND EXCHANGE**

Tressa Youngbear is seeking someone to assist her in the ED role for the September 11—18 incoming exchange with Wessex, England.

Contact ityoungbear@gmail.com or call 319-350-4143 to volunteer!

- **FREEDOM FESTIVAL WORKERS**

Thanks to all who volunteered to work at this year's Cedar Rapids Freedom Festival fund raiser. We will be working at two events:

1. Dock Dogs Competition at Kirkwood on Friday June 20, 8:30 am to 12:30 pm.
2. Hy-Vee World Record Cooking Competition at Newbo Market on Sunday June 22, Noon to 4:00 pm.

We think we have enough volunteers, but if you would still like to get in on the action contact **Cheryl or Dale Moore at 319-362-6252 or at mooredale@imonmail.com !**

- **SUBMIT IDEAS FOR HUMANITARIAN PROJECTS**

The Board wants to identify humanitarian projects in which our club could be of service. Some potential examples include Habitat for Humanity house projects, the Mathew 25 Flood the Run event, and Kids Against Hunger. We encourage you to submit your ideas to **Cheryl or Dale Moore at 319-362-6252 or at mooredale@imonmail.com !**

**Habitat
for Humanity®**



Presented by



UPCOMING EVENTS

- JUNE 26 - LEO AT SUTLIFF BRIDGE TAVERN AT 6:00 PM**



Vic and Pat Klopfenstein will host the June 26 LEO at the Sutliff Bridge Tavern at 5546 130th St. NE in Sutliff. This is an interesting and fun place and good food, too! Don't miss this one! RSVP to Vic or Pat at 319-377-5502 or at vpklopfenstein@msn.com.

- JULY 13 GENERAL MEETING—MARION HERITAGE CENTER AT 2:30 PM**

Darrin Crow will entertain us with a story on Iowa's Underground Railroad in our region that will have you on the edge of your seats. It will serve as a great introduction for ambassadors traveling to Cincinnati for the themed Underground Railroad Exchange. Refreshments will be served.



- AUGUST 14—LEO BUS TRIP TO IOWA STATE FAIR**

Esther Hudson is finalizing the details for this event scheduled for August 14. We now have enough responses to make this a go, but adding 6 or so more persons would be good. Cost is not final but most likely will be in the \$32 to \$35 range. Don't delay—Contact Esther now at 319-393-4839 or Esther_Hudson@msn.com.

- AUGUST 16—CENTRAL IOWA EXCHANGE HERE FOR LUNCH**

The Central Iowa Club is bringing an exchange to our town for a Cedar Rapids Day. This is an arts and agriculture themed exchange. We have volunteered to host a lunch for them and their ambassadors. This is tentative, but put this date on your calendar.

- AUGUST 17—TRI-CLUB PICNIC IN DUBUQUE**

The Tri-Club Event is scheduled for August 17 at E.B. Lyons Nature Center, 8991 Bellevue Heights, Dubuque, noon to 4:00 p.m.

A catered meal of brats, turkey and dressing sandwiches, side salads, dessert and drinks. The cost for the meal is \$11.

Reservations should be made with Ruth Leick, rwleick@mchsi.com or 563-556-7369 by August 13. This will be the last Tri-club picnic so mark your calendars and help us make it the best every for the Dubuque Club.

CALENDAR of EVENTS - (print this page as a reminder)

REMAINING 2014 EVENTS

June 7	Board Retreat at CR Library	Tressa Youngbear
June 20, 22	Freedom Festival Volunteers	Dale and Cheryl Moore
June 26	L.E.O. at Sutliff Bridge Tavern—6:00 PM	Host Vic Klopfenstein
July 13	1:00 Board Meeting - 2:30 General Meeting Darrin Crow on Iowa's Underground RR	Marion Heritage Center
July 21-27	Outgoing Cincinnati (Theme Underground Railroad)	ED - Steve Williams
August 14	L.E.O. Bus Trip to State Fair	Esther Hudson
August 16	Central Iowa Exchange Lunch	Tentative
August 17	Tri-Club Picnic at EB Lyons Nature Center Dubuque Noon to 4:00 PM,	Ruth Leick , Dubuque Club
September 11—18	Incoming Wessex, England Club	ED - Tressa Youngbear
September 14	Road Rally	Committee: Mike Karal,, Nancy Miller, and Shirley Rosencrans
October	L.E.O. (TBD)	Host Mary Stull
October 15 -21	Outgoing Sacramento, California	ED - Marian Wetjen
November 16	Annual Meeting	

LOOKING AHEAD TO 2015

April 30 to May 3	Regional Leadership Conference	CR/IC is the Host Club
July (Tentative)	Outgoing Exchange to Mid-Willamette Valley Oregon	ED—TBD
Sept (Tentative)	Outgoing Exchange to Niagara Canada	ED —Shirley Rosencrans

BOARD MEMBERS 2014

Tressa Youngbear, President

641-484-5239(cell) 319-350-4143 ityoungbear@gmail.com

Dale & Cheryl Moore, Co-President Elect

319-362-6252 mooredale@imonmail.com

TBD by Board, Secretary

Stephanie Schulte, Treasurer

319-350-5279(cell) sschulte08@gmail.com

Richard & Veta Hildebrand, Past Co- Presidents

319-373-0917 rvhilde1@juno.com

Dianne Karal, Exchange Coordinator

319-378-0084 toy4di@msn.com

Marian Wetjen, Membership

319-363-0586 mjwetjen27@yahoo.com

Vic & Pat Klopfenstein, Communications

319-377-5502 vpklopfenstein@msn.com

Will & Karen Mickelson, Meeting Hosts

319-743-0575 wamickel@q.com

Alice Wilkinson- Director At Large

319-366-0625 alicew@juno.com

Esther Hudson – Director At Large

319-393-4839 Esther_Hudson@msn.com

In friendship

Tressa Youngbear

Dale & Cheryl Moore