



# YOURS IN FRIENDSHIP

FROM THE CEDAR RAPIDS/IOWA CITY  
FRIENDSHIP FORCE CLUB

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January

2014

## PRESIDENT'S MESSAGE...

Happy New Year! I hope your holiday celebrations were stress free, you got what you wanted from Santa, and special times were had with family and friends.

2014 brings exciting things for our club. Your board held it's planning meeting and we are going to have some diverse activities to promote fun and friendship all year long. Make sure you take special note of the calendar since we changed some of the General Meeting dates - not all meetings will be on the 2<sup>nd</sup> Sunday of the month. Your involvement is a must for the plans to evolve into a very rewarding year for all our members.

Our first general meeting will be January 19<sup>th</sup> at 2:30. Please note that this is the 3<sup>rd</sup> Sunday and the meeting begins a half an hour later than what you are use to. Your board will hold our board meeting prior to the general meeting so we have set the general meeting back a half an hour. We are taking you to New Orleans, so get your Cajun on and see you on the 19<sup>th</sup>.

Tressa

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### Let's Wrap-up Membership Renewal!

Membership is \$25 per person, 18 years or older. Children 0-17 are free with a parent's membership. The club's membership year is December thru November.

Send your check to Marian Wetjen, 2009 Linmar Drive NE, Cedar Rapids, IA 52402.

Don't miss this year's activities! **Please, renew TODAY!**

## Next General Meeting: A Taste of New Orleans January 19 at 2:30 PM



**Come to the Marion Heritage Center (590 10th St.) on January 19 at 2:30 PM and experience a little taste of New Orleans— sights, sounds, and food.** Tressa Youngbear , Dianne Karal, Cheryl & Dale Moore , and Steve & Nancy Williams all attended the Friendship Force International 2013 World Conference held on November 23-25 in New Orleans. They will share highlights from the things learned during the seminars. Seminar topics were aligned under several themes including Exchanges, Professional Programing, Membership Retention and Growth, and Attracting the Next Generation. This was the largest World Conference ever with over 700 attendees from nearly 40 countries, so there were also many opportunities to make contacts with members from around the world. **Please, plan to attend!!**

## 2014 Midwest Regional Conference - May 1 thru 4

Mark your calendars now for the Midwest Regional Conference in Milwaukee, Wisconsin. This is an opportunity to join other members from around the Midwest in fellowship, exploring new ideas, and renewing our dedication to changing the way we see the world.

The conference will focus on keeping our clubs vital and strong. The schedule includes:

- Workshops (Friday & Saturday AM)
- Themed Exchange Programs (Sat. PM)
- Networking Events (Thurs & Fri nights)
- President's Meeting (Sunday AM)

**All members are invited & encouraged to attend. So please consider this opportunity.** Information on registration and lodging will follow.

## May 14—20 Oregon Exchange

The Mid-Willamette Valley, Oregon club will be here May 14 through the 20th. If you have ideas of how we should entertain them and what they should see to understand Eastern Iowans, please let Audrey Bradford know. She wants your help for the planning committee, hosting, organizing events, getting other volunteers or for small or large tasks. If you are able to help, please contact Audrey at [audrey.b@mchsi.com](mailto:audrey.b@mchsi.com) or call 365-5746.



## Volunteers Needed



### Leadership Conference Committee

Tressa Youngbear is chair of the planning committee for the Leadership Conference in 2015 and is looking for members to help make this conference an experience for all Midwest leaders.

### Road Rally

Do you love to plan a fun time for others? Here's your chance to plan a September 14th Road Rally for our club members.

Contact Tressa at [ityoungbear@gmail.com](mailto:ityoungbear@gmail.com) or call 319-350-4143 to volunteer for these opportunities!

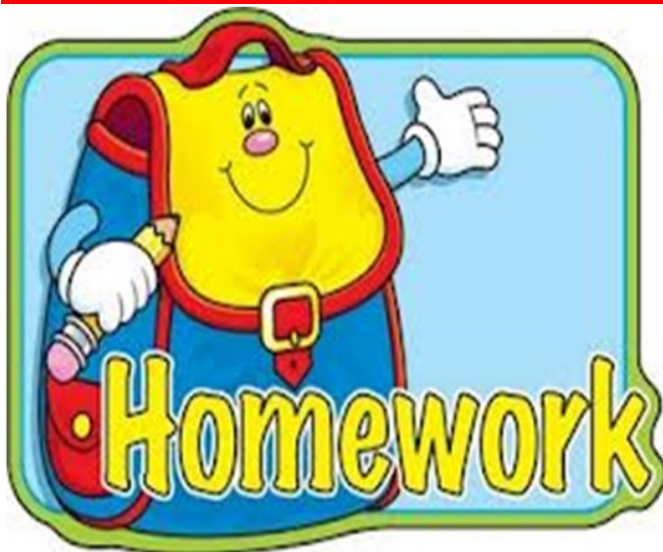
## 2014 L.E.O. Hosts Needed

Hosts are needed for Let's Eat Out (L.E.O.) for the months of February, April, June, August, and October 2014.

Contact Esther Hudson at [Esther\\_Hudson@msn.com](mailto:Esther_Hudson@msn.com) to schedule your month to host L.E.O.



## Homework—Oh, No!!!!



Your board is trying to identify opportunities for our club members to participate in or help with projects in our local communities. **Now for the homework:** We would like you to make a list of humanitarian projects you know about that our club could get involved in. We would like hands on type projects where a group of members can volunteer together. Please, bring your ideas to the January General Meeting or email your ideas to Tressa at [ityoungbear@gmail.com](mailto:ityoungbear@gmail.com).

## CALENDAR of EVENTS - (print this page as a reminder)

### \*Note date change for Cincinnati Outgoing

January 19	1:00 Board Meeting - 2:30 General Meeting	Marion Heritage Center
March 1-8	Open World on Accountable Governance	ED - Vic Klopfenstein
March 2	1:00 Board Meeting 2:30 General Meeting with Open World Ambassadors	Marion Heritage Center
May 1-4	Midwest Regional Conference	Milwaukee, Wisconsin
May 18	1:00 Board Meeting 2:30 General Meeting with Mid-Willamette Valley Oregon	TBD
May 14 – 21	Incoming Mid-Willamette Valley Oregon	ED - Audrey Bradford
June 11-13	Incoming Japanese Stop Over	EDs John Giegerich & Trish Kaiser
July 13	1:00 Board Meeting - 2:30 General Meeting	Marion Heritage Center
<b>*July 21-27</b>	Outgoing Cincinnati (Theme Underground Railroad)	ED - Steve Williams
September (TBD)	Incoming UK Clubs	ED - TBD
September 14	Road Rally	TBD
October 15 -21	Outgoing Sacramento, California	ED - Marian Wetjen
November 16	Annual Meeting	TBD

## BOARD MEMBERS 2014

**Tressa Youngbear, President**

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**Dale & Cheryl Moore, Co-President Elect**

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**Barbara Cole, Secretary**

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**Stephanie Schulte, Treasurer**

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**Richard & Veta Hildebrand, Past Co- Presidents**

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**Dianne Karal, Exchange Coordinator**

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**Marian Wetjen, Membership**

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**Alice Wilkinson- Director At Large**

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**Esther Hudson - Director At Large**

319-393-4839 Esther\_Hudson@msn.com

**In friendship**

**Tressa Youngbear**

**Dale & Cheryl Moore**