



YOURS IN FRIENDSHIP

FROM THE CEDAR RAPIDS/IOWA CITY

FRIENDSHIP FORCE CLUB

www.friendshipforcecr-ic.org

Feb 1, 2018

February

2018

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PRESIDENT'S MESSAGE....

Greetings!

We hope you are planning to join us for our annual World Friendship Day and General Meeting on Sunday Feb. 2018 2 pm at Salem United Methodist Church in Cedar Rapids. This is an opportunity to meet international students and host families from area colleges and high schools. We are pleased to announce that Clint Twedt-Ball of Matthew 25 will be the guest speaker. This is a great event to invite friends who might be interested in Friendship Force.

Planning has started for the three incoming journeys planned for this year. You can participate by volunteering to home host, dinner host or simply by saying "yes" when asked by the Host Coordinator. We are encouraging all members to become INVOLVED! Find an activity or committee chair and find out what they are up to and how you can be involved.

Thank you for all that you do! You really are amazing. Because of you we are able to host, fill outgoing journeys with dedicated ambassadors and provide interesting activities for both our ambassadors and our membership. It really does take a team effort! In Friendship,

Jim and Barb Steggall
Co-Presidents



Communications Corner - Mary Stull

On a recent journey, I enjoyed exchanging business cards from Friendship Force club members in Taiwan. It was an easy way to get their contact information and help me remember the people I met.

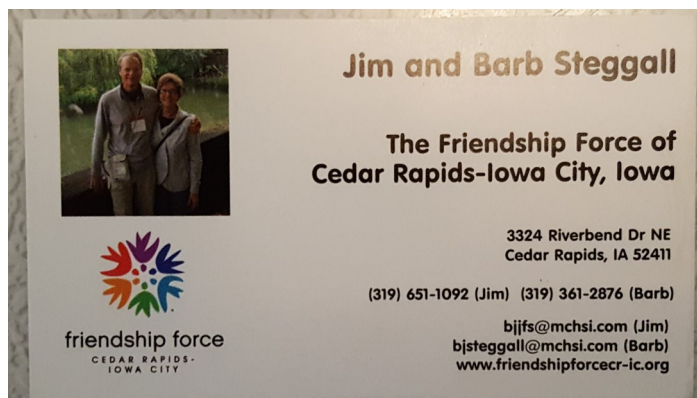
If you are hosting Friendship Force guests or traveling on journey, I recommend you get your own cards. They are also handy to give out when you are talking with someone who says, "I'd like to know more about your Friendship Force club."

Cards can include as much information as you would like such as a photo, name(s), e-mail, phone number and address. It can also include our club's website, the FFI website and a sentence or two about the mission of FFI.

Cards are available on-line through sites such as VistaPrint, <https://www.vistaprint.com>. Cost is about \$20 for 500 one-sided cards. You can also order cards from office supply firms such as Staples or OfficeMax. You can create your own card or use one of their templates. If you would like help in designing your cards, I' would be glad to help.

Mary Stull
Communications Committee

Example



Want to Join the Club?

If you are not yet a member, you'll want to join the Cedar Rapids-Iowa City Friendship Force club. It's as easy as sending dues (\$30 per person) to Marian Wetjen, 2009 Linmar Drive NE, Cedar Rapids, IA 52402. An application is also available on our website: <http://www.friendshipforcecr-ic.org/join-us/>

Please welcome our newest members and update your directory:

Laura Thomas, 3185 Edgebrooke Dr NE, Marion, IA 52302, lcpaulsen@gmail.com

Joanie Lacayo, 2018 Bever Ave SE, Cedar Rapids, IA 52403,
jmtlacayo@gmail.com

Susan Howell, 3525 Bellaire Drive S, Ft. Worth , TX 76109, smhrabbit@aol.com



Annual Fund Raiser Information

Everyone loves Fireworks and Parades

Be a part of the club's annual fundraiser. Again we will be volunteering with the Freedom Festival. We need 10 volunteers each to help with 2 shifts, June 30 at 10 AM for the parade and July 4th at 3:30 PM. Sign up sheets will be at the World Friendship Day General Meeting on February 18th. You can also contact Judy or John Miner at 319-540-1701. Volunteers receive a free t-shirt and the Club receives a cash donation. This is the only fundraiser for our club so please come out and help support our club.



Let's Eat Out—March El Paraiso Mexican Bar & Grill

Join us on Wednesday, March 14 at 5:30 pm to enjoy south of the border flavors. We meet at El Paraiso Mexican Bar & Grill, 2730 Edgewood Rd SW, Cedar Rapids, IA 52404 - this is across the parking lot on the far Youngers side of the mall. Order off the menu and visit with friends.

Chicago Mini Journey: Theater, Food and Tours

Would you like to join us as we take our Brazilian friends to the Chicago area for their next adventure?

We are planning a two day mini trip to the Windy City, leaving Sunday July 15 around 9 am and returning home the next day. On Sunday, we'll enjoy a picnic lunch in Clinton at the Eagle Ridge Park with views of the mighty Mississippi river. In Naperville we'll say goodbye to our Brazilian friends and then attend a 3 pm theatre performance of the comedy, **"Sugar, Some Like it Hot"**. Then off to a restaurant for our evening meal and later to our hotel.

On Monday we have tentative plans for guided tours of **Frank Lloyd Wrights Home and Studio** and also the **Unity Temple** in Oak Park that was designed by him. As we head west towards home, we will stop in Aurora for a self guided tour of a beautiful **Hindu Temple**, the Sri Venkateswara Swami Temple. Later in La Salle, we'll "step back in time as we enjoy a **mule-pulled 1840's replica canal boat** as it coasts gently up and down the I&M Canal. Mary Todd Lincoln had been known to ride the boat, knitting in the corner and telling fantastic stories of her time in the Nation's capitol with Mr. Lincoln." Our evening meal will be in the QC area and we plan to return to CR around 9 or 10 pm.

Our tentative cost for this adventure is around \$225 per person, depending on how many sign up.

Contact Marian Wetjen at 319-3630586 if interested.

Journey Calendar by Connie Williams

Do you have family, friends or neighbors interested in world cultures? 2018 would be an excellent time to introduce a Friendship Force experience! One of the best ways to travel without leaving home is to participate in a meal, a day trip or home hosting with ambassadors from Brazil, New Zealand or Albuquerque.

Albuquerque, NM - June 13-19, 2018

Incoming domestic journey with our friends from Albuquerque. This will be a very exciting time of year to share with the NM club! On Saturday night, June 16, all members and guests are welcome to join the ambassadors and hosts at the National Motorcycle Museum for dinner and a tour. Please contact Host Coordinator, Audrey Bradford at 319-365-5746.

Ribeirao Preto, Brazil - July 9-15, 2018

Incoming international journey to arrive in Cedar Rapids, then traveling on to Chicago. We can expect 14-16 ambassadors, including some teenage family members, as this is during a school break. This will truly be a great opportunity to show off the best of the Midwest! Interested? Please say yes to helping on the committee by contacting Connie Williams, 319-396-4747, Host Coordinator.

Want to spend a bit of time in the Windy City? Plans are being made to secure a bus to transport our Brazilian friends to their second week hosts. Ride along on the bus! After drop off, the CR/IC group will stay a day and tour sites around town. **Marian Wetjen will showcase a tentative itinerary on page 4. Contact her at 319-363-0586 for questions or sign up.**

Tauranga Western Bay of Plenty, New Zealand - Sept. 29-Oct. 6, 2018

Incoming international journey to Des Moines, Cedar Rapids/Iowa City, Wichita and Las Vegas. There are a few quilters in this group, so they plan to begin their trip in Des Moines for the Quilt Show. The journey to CR/IC will begin Sept. 29 (what a beautiful time of year to visit!), then on to Wichita and Las Vegas. Put these dates on your calendar and call Host Coordinator, Jerry Burke at 563-929-0190 or Mary Ann Nelson at 319-362-8078.

Kosovo - no dates selected for what may be a Pioneer or Discovery journey. (These are not the typical journeys, may include hotel stays and meetings to help establish the new club.) There is not a club in Kosovo currently, but there is interest to connect with the Open World participants who had visited Cedar Rapids/Iowa City in September 2017. Please consider joining a newly established committee to explore mentoring options.

Connie Williams, Journey Chair



General Meeting—Feb. 18, 2018 World Friendship Day

On Sunday, February 18 the Friendship Force of Cedar Rapids-Iowa City will celebrate World Friendship Day.

International themed potluck and presentations by area international students.

Place: Salem United Methodist Church, 3715 33rd Ave SW, Cedar Rapids, IA 52404

Date & Time: Sunday, February 26, 2pm-4pm

- Enjoy an international potluck dinner. **Bring a dish to share (ready to serve). Table service, meat, dessert and beverages provided.**
- Meet international students and host families from area colleges and high schools
- Meet club members and learn about upcoming club activities

A general Meeting will also be held in conjunction with this event.

The Friendship Force of Cedar Rapids-Iowa City is part of Friendship Force International, a global network of citizen ambassadors in 360 clubs who travel the world in the name of friendship and goodwill. The signature program of FFI is home hospitality , where travelers are hosted in the home of someone in another country in order to experience the culture from the inside. It is truly a powerful experience that creates strong bonds as well as lifelong friendships.

**CHANGING THE WAY YOU
SEE THE WORLD**

thefriendshipforce.org

For more information contact: Jim & Barb Steggall, Club Presidents, 319-447-1147, bjjfs@mchsi.com

On the web at: www.friendshipforcecr-ic.org or Facebook at: Cedar-Rapids-Iowa-City-Friendship-Force

Friendship Force 2018 Super Conference

RADISSON HOTEL CINCINNATI RIVERFRONT

668 W. 5th Street, Covington, KY 41011

The Friendship Force of Greater Cincinnati is hosting the 2018 Super Regional Conference with the theme of “Unlocking the Future of Friendship Force”. Dave Kalan will start the conference on Friday afternoon with a discussion of “Embracing Change” followed by a social gathering. The keynote speaker from Sister Cities will begin the Saturday program and then attendees will be able to choose between workshops: Leadership, Re-Energizing Clubs or Understanding FFI. The conference will end with a banquet on Saturday night with entertainment from a bluegrass band.

Dayton and Louisville will offer home hosting before the conference and Cincinnati will offer home hosting after the conference.

Registration information will be sent out at a later time.

Board Member Profiles

Judy Frascht-Miner and John Miner are the new presidents-elect. Both are recently retired, Judy from the social services/mental health field and John from insurance. They met while they were attending the University of Iowa in the early 1970s. Judy grew up on a farm near Nashua Iowa and John in Spencer Iowa. They have lived in Cedar rapids for the past 40 years, and have 2 sons, Ben & Mat and 3 grand-daughters, Ella, Ruth and Lola.

They enjoy traveling, experiencing new adventures and meeting new friends. John has been a long time fisherman and recently has tried to master the art of fly fishing. Judy enjoys nature, reading, playing cards, and spending time with friends. Being grandparents is a highlight that is heartwarming and delightful.

They have been in Friendship Force 1 1/2 years. Lansing Michigan was their first journey. Hosting for the Sacramento group was enriching and Judy was positively overwhelmed on the journey to Taiwan. They are looking forward to new adventures.



Club Facebook Page

Are we friends—on Facebook—yet? Follow us on Facebook at [Cedar Rapids-Iowa City Friendship Force](#). See notices of future activities and photos and information on past events.

2017-2018 CALENDAR OF EVENTS

February 18, 2017 2:00-4:00pm	General Meeting, World Friendship Day, Salem UMC, Cedar Rapids	RSVP to Jim & Barb Steggall, bjjfs@mchsi.com, (319) 447-1147
March 14, 2018	LEO– El Paraiso Mexican Bar & Grill 2730 Edgewood Road SW	RSVP to Mary Stull, 319-393-6254 mcdstull@aol.com
April 11, 2018 6:30-8:30pm	Board Meeting	Jim & Barb Steggall, 319-447-1147
April 19-21, 2018	Super Regional Conference Including Midwest, Great Lakes and South- west Clubs	Greater Cincinnati Area Contact Phil Schmidt, (859) 635- 2006
April 29, 2018	General Meeting	Jim & Barb Steggall, 319-447-1147
May 2018	LEO, TBD	Host needed
June 7, 2018 6:30-8:30pm	Board Meeting	Jim & Barb Steggall, 319-447-1147
June 13-19, 2018	Albuquerque, NM inbound domestic journey	Audrey Bradford, 319-365-5746, Host Coordinator
June 30, 2018, 10:00am	Volunteer at Freedom Festival Parade	John & Judy Miner, 319-540-1701
July 4, 2018	Volunteer at Freedom Festival Celebration	John & Judy Miner, 319-540-1701
July 9-15, 2018	Ribeirao Preto-Brazil Inbound Journey	Connie Williams, 319-396-4747, Host Coordinator
August, 2018	LEO, TBD	John & Judy Miner, 319-540-1701
August 21, 2018 6:30-8:30pm	Board Meeting	Jim & Barb Steggall, 319-447-1147
Sept. 29-Oct. 6, 2018	Tauranga Western Bay of Plenty- New Zealand Inbound Journey	Host Coordinators, Jerry Burke, 563-929-0190 and MaryAnn Nel- son, 319-362-8078.
October 16, 2018 6:30-8:30pm	Board Meeting	Jim & Barb Steggall, 319-447-1147
November 4, 2018	Annual Meeting, TBD	

CEDAR RAPIDS-IOWA CITY BOARD MEMBERS 2018



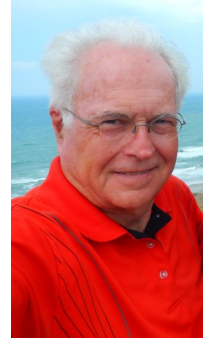
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