



YOURS IN FRIENDSHIP

FROM THE CEDAR RAPIDS/IOWA CITY

FRIENDSHIP FORCE CLUB

www.friendshipforcecr-ic.org

October 15,
2018

October

2018

PRESIDENT'S MESSAGE....

In this Issue:

**President's
Message** 1

**Annual Meeting and
Officer Nominations** 2

**Service Project
New Member Profile** 3

**Photos of New Zea-
land Club Visit** 4,5,6

**Brazil Journey 2019
Information** 7,8,9

2019 Dues Information
10

**Justice for Our Neigh-
bors** 11

Journey Calendar
12

Application Form 13

Calendar of Events 14

Board Members 15

Greetings friends,

We have just completed hosting fourteen Ambassadors from the New Zealand Tauranga Western Bay of Plenty Club. We look forward to hearing about their experiences at our Annual Meeting November 4. If you have not made your reservation, please do as soon as possible.

A big Thank You! to Ambassador Coordinators Jerry & Carol Burke and Larry & MaryAnn Nelson for putting together a great week of hosting and activities.

As this will be the last newsletter for the year we want to thank our Board and all members for your support. We hope each of you will do your part to sustain and grow our Club in the year ahead. Please let our incoming Presidents John & Judy Miner know that you are available to assist where needed.

Jean Thomas, Dean Thomas and Rosie Russell will be leaving the Board at the end of the year. Thank you for your commitment to the Friendship Force's mission to "Experience Different Views, Discover Common Grounds".

In Friendship,

Jim and Barb Steggall
Co-Presidents



Annual Meeting— November 4, 2018

It's time to celebrate another successful year for our Friendship Force club. Mark your calendar and make your reservation for the Friendship Force annual meeting. We will elect officers for 2019, recap the past year, and discuss up-coming activities in 2017.

Place: Longbranch/Best Western Plus, 90 Twixt Town Road, Cedar Rapids

Date: Sunday, November 4, 2018

Time: Social hour: 5 pm

Dinner: 5:30 pm with program to follow.

Buffet Menu: Buffet with 2 meats, salad bar, roasted red potatoes, glazed baby carrots, dessert, coffee, tea or milk. Cash bar available.

Cost: \$ 29 per person,

This will be a night to sit back, relax and enjoy great Friendship Force comradery.

Please see note on following page regarding a charitable donation.

Please make reservations by calling Jim & Barb Steggall (319) 447-1147 or email email



Nominations

bjjfs@mchsi.com.

The nominating committee presents the following slate of officers for 2019.

President: John and Judy Miner have served as Co-Presidents-elect and will become Presidents

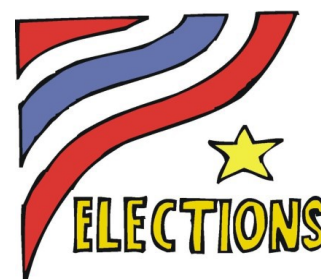
President-elect: To Be Determined

Secretary: Larry & MaryAnn Nelson

Treasurer: Jerry Burke

Nominations will be accepted from the floor at the Annual Meeting with the permission of the person being nominated.

The position of president-elect is yet to be filled. If you are interested, we encourage you to contact John & Judy Miner at (319) 540-1701 for more information. We hope to fill this position no later than Dec.1, 2018 so the individual(s) can become familiar with the work of the Board. If you know someone who can serve in this role, please encourage them to volunteer. The position can be shared by two members.



SERVICE PROJECT

I am hoping my fellow FF members can help me out with this one-time appeal to donate one or more pairs of new men's socks, preferably darker colors, to Cross-Roads Mission at 1006 2nd Street SW, CR. The Mission serves the homeless in our area including meals for a day, clothing, showers, and laundry. I met Deb Foster, Director of Development and in our conversation asked her their greatest need. To my great surprise it was not money or volunteering but "we are desperate for new men's socks especially with Winter arriving". Suddenly I felt moved to do something about this very practical need. I went to my car, said a prayer to figure out a way to provide 100 pairs of socks to Deb by December 15. I decided to ask FF to help me out. We all have in our worldly travels needed socks for warmth, sore feet, prevent blisters while we engaged in understanding our world and its cultures. If you can help support this worthy cause, please take your socks to **Nancy Miller**, or bring them to the Nov. 4 Annual Meeting. Thank you for your support!

NEW MEMBER PROFILE - NANCY BELL

Nancy is a retired elementary school teacher who now volunteers at Van Buren School and also at her church teaching grammar for Africans who are seeking US citizenship. She also hosts ladies from our Methodist Church for a Bible study 3 days a month.

She grew up in a very rural area of southeast Iowa was married for 45 years to Gene Bell, a school band director for the first part of his career and a philatelic (stamp) dealer at the end. They had three children and six grandchildren. Gene and Nancy moved from What Cheer to Cedar Rapids in 2006. He passed away in 2013.

In addition to spending time with her family, Nancy enjoys reading, making greeting cards, traveling, attending musical concerts (in which her grandchildren perform or area groups, especially jazz groups), and anything else that might be an opportunity to learn something new.

Nancy said she has been blessed with some wonderful traveling opportunities including walking tours of all of the British Isles, environmental tours of Australia with Alan Fox (4 times of over a month each time), 2 times to New Zealand, AAA tours of Scandinavia (including Finland), Italy, Germany, Austria, Netherlands, Switzerland, France, Tahiti, and last, but NOT LEAST, 44 of our awesome 50 states. She is inspired by God's beautiful handiwork. Nancy hosted a New Zealand ambassador this month.



Highlights of our New Zealand Friends Visit

From September 29 to October 4 our IC/CR Friendship Force club hosted the Tauranga Western Bay of Plenty club from New Zealand. By all accounts our guest fully enjoyed our hospitality. The following are some pictures of some of the activities from their stay.







Are You Ready for a Brazilian Adventure?

We've been invited by the Ribeirao Preto and Salvador-Bahia clubs to visit them next summer. It is actually the winter season in Brazil, with average daily temperatures below 80 degrees (F). Both home stays will be five nights each with a two-night side trip to Iguassu Falls in between.

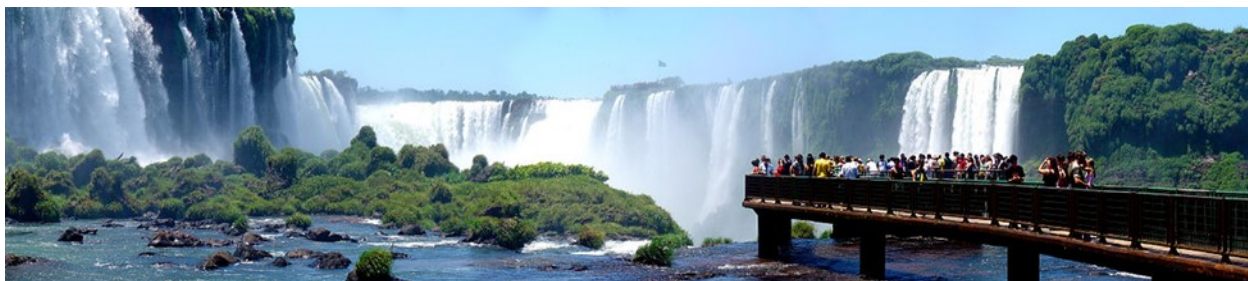
The dates for a Cedar Rapids Airport departure/return are June 24-July 9, 2019. The Journey price, including side trip to Iguassu Falls, is \$995 per Ambassador plus approximately \$1500 for airfare.

Ribeirao Preto is an important cultural center. The Prefeito Luiz Roberto Jábali Park, the Maurilio Biagi Park, Carlos Raya Park, Santa Tereza Reserve and the Zoo are important preservation areas. Pinguim Beer house, Dom Pedro Theatre and projects such as Ribeirão Preto's Cinema Center are relevant sightseeing points, along with events such as the Agrishow Agricultural Fair, Tanabata Festival, Joao Rock Music Festival and the National Outdoor Book Fair.



The side trip will be to Iguazu Falls which is in southern Brazil. The colossal power of these thundering falls is a mesmerizing sight: 275 separate falls in a U-shaped formation pound the water below in raging cascades with a deafening intensity. We will have a two-night hotel stay near the Iguassu National Park where we will visit the beautiful Parque das Aves, the largest bird park in Latin America. In the park you will witness more than 1,320 birds from about 150 different species. There are 16.5 hectares (40 acres) of lush Atlantic rain forest maintained to provide the best habitat for these animals.

In the evening we will enjoy a folklore dinner show that covers, not only traditional dances from Brazil, but several other Latin American countries. From north to south, it's songs and dances, such as chorinho, capoeira, samba and others, all of which are showcased to bring joy to all present. We will also be treated to a delicious barbecue dinner during the show, with great variety of meat and sides.



Salvador is located along the balmy tropical Atlantic waters on the Bay of All Saints and is one of Brazil's oldest colonial cities. The city is known as the "melting pot" of Brazil where the Portuguese, African and indigenous people came together to form the "Bahian" culture. They live in what's known as the "Land of Happiness." We will learn about the history of the Portuguese settlers, the African slave trade (which was banned in 1835) and the blending of these two groups with the existing indigenous people. Sugar was king in the colonial times and we will hear about its importance in the region. The club has some great activities planned such as exploring the UNESCO neighborhood of Pelourinho with its rich Baroque churches and colorful colonial architecture, a day on a schooner visiting islands of the bay, visiting the tranquil beach village of Praia do Forte and a sea turtle rescue center and a trip to the town of Cachoeira with its colonial architecture and important connection to Brazil's fight for independence.



An application to signup for this Journey is at:

<https://friendshipforce.azurewebsites.net/wp-content/uploads/2018/02/Ambassador-Application-and-Agreement-1.pdf>

Please submit the application and a \$100 deposit to Jim Steggall, 3324 Riverbend Drive NE, Cedar Rapids, IA 52411. Any questions please contact Jim at bjjfs@mchsi.com or (319) 651-1092 if you are interested in this Journey.



September 19 Leo Red's Alehouse

We had a good time at Red's Alehouse in North Liberty on September 19. We are looking forward to seeing you at a future LEO. Notices will be sent by SignUp Genius.



Want to Join the Club?

If you are not yet a member, you'll want to join the Cedar Rapids-Iowa City Friendship Force club. It's as easy as sending dues (\$30 per person) to Marian Wetjen, 2009 Linmar Drive NE, Cedar Rapids, IA 52402. Then you'll be all set to enjoy fun Friendship Force activities, meetings and journeys. An application is also available on our website: <http://www.friendshipforcecr-ic.org/join-us/>

2019 Membership Dues

It's time to renew your membership for 2019.

The membership form is at the end of this newsletter. Our new club year starts December 1 so it's time to renew your membership by sending dues (\$30 per person) to Marian Wetjen, 2009 Linmar Drive NE, Cedar Rapids, IA 52402. Then you'll be all set to enjoy fun Friendship Force activities, meetings and exchanges.

Club Facebook Page

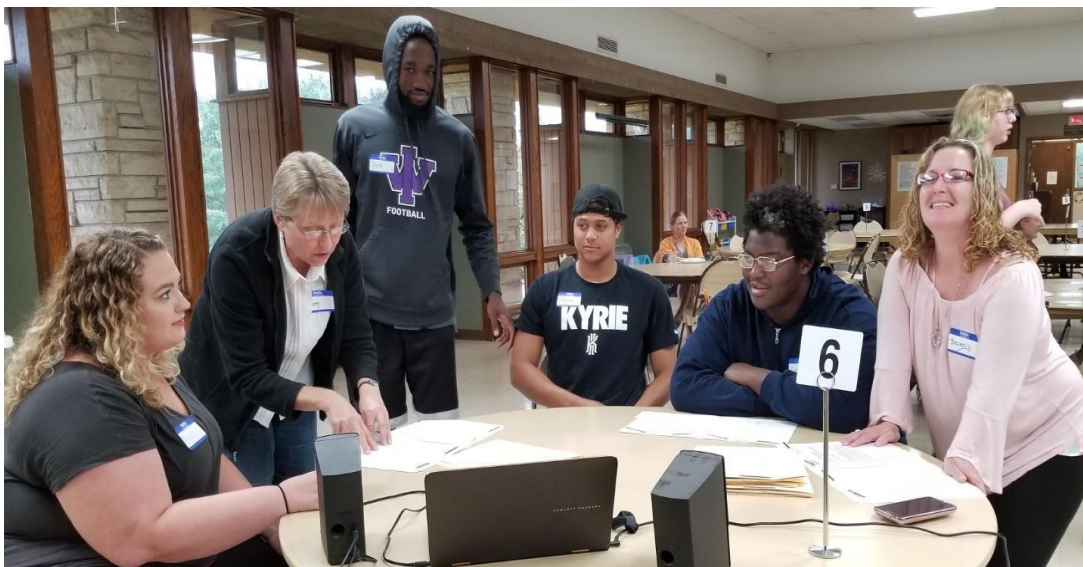
Are we friends—on Facebook—yet? Follow us on Facebook at *Cedar Rapids-Iowa City Friendship Force*.

See notices of future activities and photos and information on past events.

Justice For Our Neighbors

Thank you to everyone who brought and helped serve a meal at our annual service project with the Iowa Justice For Our Neighbors Ministry.

They provide legal services to low income immigrants, advocacy for immigrant rights, and education to communities.



These Iowa Wesleyan College Students helped immigrants fill out paperwork and other tasks necessary to walk through the process

Journey Calendar by Connie Williams

Thanks to Carol and Jerry Burke, Mary Ann and Larry Nelson for leading the Tauranga Western Bay of Plenty, New Zealand to Cedar Rapids experience! So many members helped by volunteering to over-night host, day host and dinner host, thanks to all!

Sign up for 2019 journeys and hosting opportunities below! Look for sign up sheets at the Annual Meeting, or email the contact person listed with the journey. Committees are needed for all incoming hosted journeys!

November 2 – 10, 2018 Incoming Open World group from Ukraine. Topic: Elections

Contact Steve Williams at 319-465-3942 or swill820@gmail.com or Jim Steggall at 319-447-1147 or bjfs@mchsi.com if you have questions.

May 14 – 19, 2019 - Outgoing domestic journey to Louisville, KY. Contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com if interested in going to KY. **

June 23 – July 8, 2019 Outgoing to Ribeirao Preto and Salvador-Bahia, Brazil. See the information in this newsletter. Contact Jim Steggall at 319-447-1147 or bjfs@mchsi.com to apply for journey. ***

July 23 – 27, 2019 World Conference in Boulder, CO More details will become available soon, save the dates on your calendar.

July 28 – Aug 3, 2019 All New Zealand tour Our club has been asked to host 18-20 ambassadors from various locations in New Zealand after the Boulder, CO, World Conference. What a great way to make connections for a future journey to New Zealand! If you are interested in serving on this committee, please contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com

September 4 – 10, 2019 Incoming journey from Aichi, Japan. Contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com if interested. Host Coordinator and committee needed. **

I've been in contact with the FFI of Dallas, coordinating possible journeys for 2019 or 2020 and with Kathy Hsue of the Kaohsiung, Taiwan FFI regarding their visit to CR/IC in 2020. Lots of friends and fun to come!

****link to host coordinator application:**

<http://www.friendshipforcecr-ic.org/wp-content/uploads/2014/02/EDapplication.pdf>

*****link for ambassador application:**

<http://www3.thefriendshipforce.org/downloads/AMBASSADOR%20APPLICATION%20AND%20AGREEMENT2.16.pdf>



friendship force
CEDAR RAPIDS-
IOWA CITY

Cedar Rapids-Iowa City Friendship Force Membership Application

Date _____

Name(s): _____

Street Address: _____

City/State/Zip _____

E-mail(s) _____

Phone Nos

Home (____) _____ Cell (____) _____

Home (____) _____ Cell (____) _____

Name(s) on Badge: _____

(Note: first badge for each member is free; replacements: \$10; Badge has magnet unless pin is requested)

First Name: _____ Last Name _____

First Name: _____ Last Name _____

Membership Fee: \$30 per person x ____ # of members = \$ _____

Activities you can be involved in. See newsletter for member to contact

- Hosting (Home or Day)
- Hosting Dinner Parties
- Participating in Journey Committees
- Organizing Potluck
- Preparing Refreshments
- Serving Refreshments
- Hosting a LEO (Let's Eat Out)
- Driving
- Translating

____ Please have someone contact me on how I can get involved.

Send form and check to: CR-IC Friendship Force, PO Box 705, Cedar Rapids, IA 52406-0705.

Welcome to Friendship Force! Visit our website: [http://www.friendshipforcecr-ic.org/join-](http://www.friendshipforcecr-ic.org/join-us/membership-form/)

[us/membership-form/](http://www.friendshipforcecr-ic.org/join-us/membership-form/) and follow us on  Facebook at **Cedar-Rapids-Iowa-City-Friendship-Force**

2017-2018 CALENDAR OF EVENTS

October 16, 2018 5:30-7:30pm	Board Meeting	Jim & Barb Steggall, 319-447-1147
November 2-10, 2018	Open World Ukraine visit on elections	Steve Williams 319-465-3942
November 4, 2018 5:00pm	Annual Meeting, Longbranch Hotel, Marion, Iowa	Jim & Barb Steggall 319-447-1147
January 2019	General Meeting	TBD Judy/John Miner 319-540-1701 jjbm526@aol.com
May 14 – 19, 2019	Outgoing domestic journey to Louisville, KY	Contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com
June 23 – July 8, 2019	Outgoing to Ribeirao Preto and Salvador-Bahia, Brazil	See the information in this newsletter. Contact Jim Steggall at 319-447-1147 or bjjfs@mchsi.com to apply for journey
July 23 – 27, 2019	World Conference in Boulder, CO	More details will become available soon, save the dates on your calendar.
July 28 – Aug 3, 2019	All New Zealand tour	If you are interested in serving on this committee, please contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com
September 4 – 10, 2019	Incoming journey from Aichi, Japan	Contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com if interested. Host Coordinator and committee needed. **

CEDAR RAPIDS-IOWA CITY BOARD MEMBERS 2018



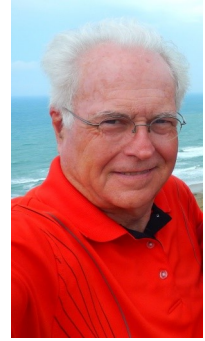
Jim & Barb Steggall,
Co-Presidents
319 447-1147
bjjfs@mchsi.com,
bjsteggall@mchsi.com



Jean & Dean Thomas,
Past Presidents
jeanthomas521@gmail.com
319 830-5092



Judy Frascht-Miner
John Miner
Co-Presidents
Elect
319 540-1701
jjbm526@aol.com



Jerry Burke,
Treasurer
563 929-0190
jbcburke@yahoo.com



Larry & Mary Ann Nelson,
Co-Secretaries
319 362-8078
mrlwnelson@gmail.com;
mrsmanelson@gmail.com



Connie Williams,
Journey Coordinator
319 396-4747
cmw1226@yahoo.com



Shirley Rosencrans,
Activities Coordinator
319 462-4132
sarosencrans@yahoo.com



Mary Stull,
Communications
319 393-6254
mcdstull@aol.com



Rosie Russell,
Director at Large
319 354-2422
rosiearussell@aol.com



Marian Wetjen,
Membership
319 363-0586
mjwetjen27@yahoo.com



Audrey Bradford,
Director at Large
319 365-5746
audreyb@mchsi.com