



# YOURS IN FRIENDSHIP

MAY

2019

FROM THE CEDAR RAPIDS/IOWA CITY  
FRIENDSHIP FORCE CLUB  
[www.friendshipforcecr-ic.org](http://www.friendshipforcecr-ic.org)

April 1, 2019

## ***PRESIDENT'S MESSAGE....***

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Greetings FF Friends,

It was wonderful to have such a great turn out at our General Meeting on Sunday. I counted 35 people. It was nice to see those of you that have returned from nicer climates.

We are moving into a summer that has a lot to look forward to. In May we have :

- May 2nd Multicultural Fair at Mt. Mercy
- Laura Thomas and Connie Williams are leaving for Kosovo soon. They are both excellent representatives to represent our organization and explore options in Kosovo. Can't wait to hear about their trip when they return.
- May 14-19 Outbound Journey to Louisville Kentucky. There is still room for more participants So if you've been thinking you would like a little get away and have lots of fun call Jerry Burke.
- May 23rd a LEO at Gwen's Restaurant. Contact Mary Carson.

Be sure to check the calendar at the end of this newsletter. **A huge thank you to everyone that contributes time and ideas. You all make it work!**

In Friendship,  
Judy Frascht-Miner/John Miner



## LEO May 23 @ Gwen's Lisbon

Come join us for a fun evening at a LEO (Let's Eat Out) on **Thursday May 23**. We will begin at 5:30 at Gwen's Restaurant located at 119 W Main Street in Lisbon, Iowa. Mary Carson is our host/organizer. There will be a Buffet with Swiss Steak, Chicken & Rice, Shrimp, Potato, Vegetable, Small Salad Bar and Ice Cream for dessert for \$12.95 each. They have a full bar service available. Please contact **Mary** at **319-560-4994** or **mcarson@yahoo.com**. A SignupGenius notice will also be sent.



## Annual Club Fundraiser

### Everyone Loves a Parade

Be a part of the club's annual fundraiser. Again we will be volunteering with the Freedom Festival. We currently have a full crew for this event. Thank you to everyone who has volunteered and to Mary Ann Nelson for organizing this event.

## General Meeting 4-28-2019 Coralville Public Library

We had a general meeting of the Iowa City/Cedar Rapids Friendship Force club on Sunday April 28 at the Coralville Public Library. Our guest speaker, Annie Vander Werff shared with us the work she does with the Community Health Initiative, Haiti. They are a not-for-profit health and human service organization. Headquartered in Coralville, Iowa, the organization has partnered with the folks in the region of Arcahaie, Haiti since 2012. The Community Health Initiative (CHI) works in solidarity with hundreds of volunteers from across the United States and Canada to support the primary and public healthcare needs of our Haitian patients. CHI collaborates with local talent in our service areas to combat malnutrition, provide clean water, promote safe environments, and deliver healthcare for the members of their partner communities.



If you would like to donate, volunteer, or find out more about the work they do, you can like them on Facebook, follow #CHI\_HAITI on Twitter, find them o@chi.haiti on Instagram, or on the internet at [www.chihaiti.org](http://www.chihaiti.org)





## Photos from the General Meeting



Here are some pictures of the General Meeting April 28 at the Coralville Public Library. We had a great turnout and had some great conversations. A big thank you to Shirley for organizing the refreshments and to everyone who brought them.

# All Iowa Picnic July 13, 2019



***Friendship Force of Cedar Rapids-Iowa City***

***Invites You to***

## ***2019 All Iowa Friendship Force Clubs Picnic***



**When:** July 13, 2019, 11 am.

Join us for catered meal at noon.

**Cost:** \$15

**Where:** Bever Park Pavilion, 2700  
Bever Avenue SE, Cedar Rapids



**RSVP:** Mary Stull, 319 393-6254, [mcdstull@aol.com](mailto:mcdstull@aol.com) by July 3  
3000 27th Street SW, Cedar Rapids, IA 52404

**Activities:** Have fun testing your knowledge of flags from around the world. Wear your flag-themed gear – t-shirt, hat, etc.

You will enjoy a relaxing afternoon of camaraderie, sharing stories and learning about other clubs' activities.





# friendship force

## INTERNATIONAL

The FFI Board of Directors is seeking nominations for new candidates to serve on the FFI Board. Presently, the FFI Board has up to three positions available. These positions may be filled by FFI members and non-members. The new Board members will be elected to a four-year term, beginning January 2020.

Nominees for the FFI Board of Directors should have:

- Leadership skills

- The ability to think strategically and globally

- A strong commitment to the Friendship Force mission and goals

We hope to have a diverse, talented and dedicated pool of candidates to fill these openings on the FFI Board of Directors. We appreciate all interested individuals who are willing to serve.

The deadline to submit nominations is June 5, 2019.

Questions? Please contact Birgit Wagner, Chair of the Nominating Committee at:

[boardnominations@friendshipforce.org](mailto:boardnominations@friendshipforce.org)

## Journey Calendar by Connie Williams

**May 14 – 19, 2019 - Outgoing domestic journey to Louisville, KY.** Contact Jerry Burke at jbcburke@yahoo.com or (563)927-5568 if interested in going to KY, there are a few spaces available. \*\* Cost is \$185, which includes fees, admissions and most meals.

**June 23 – July 8, 2019 - Outgoing to Ribeirao Preto and Salvador-Bahia, Brazil.** This is a global journey, with ambassadors from other clubs joining our group. Ambassador Coordinator Jim Steggall has a full journey of 16! Viagens seguras! Safe travels!

**July 23 – 27, 2019 - World Conference in Boulder, CO** Go to [www.thefriendshipforce.org](http://www.thefriendshipforce.org) to sign up. Please let Judy & John Miner know if you plan to attend.

**July 28 – Aug 3, 2019 - Beyond Boulder tour.** Our club has been chosen to host a global group of ambassadors from New Zealand, Australia and the US after the Boulder, CO, World Conference. What a great way to make connections for a future journeys! Please contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com for additional information

**September 4 – 11, 2019 - Incoming journey from Aichi, Japan.** Larry Nelson and his committee are planning for this journey. Contact Larry at 319-362-8078 or mrlwnelson@gmail.com if interested in helping. The ambassadors are in Madison, WI for week 2 of their adventure!

**October 3 - 9, 2019 – Incoming from Dallas, TX** Dates are tentative, depending on travel arrangements. Contact Connie Williams at 319-396-4747 or cmw1226@yahoo.com, host coordinator and committee is needed. What a great opportunity to make a connection with a club who might host CR/IC in a winter month! \*\*

**April, 2020 – Cedar Rapids to Albuquerque, NM**

Will need an ambassador coordinator, contact Connie if interested. \*\*

**KAOHSIUNG, TAIWAN incoming journey for August 20 – 27, 2020!** For all ambassadors who traveled to Taiwan in 2017, let's warmly welcome Kaohsiung to Iowa! A great opportunity for our continued friendship! \*\*



**BUDAPEST, HUNGARY outgoing journey for 2020!** Date to be determined, more info to come!

\*

\*\*link to host coordinator application:

<http://www.friendshipforcecr-ic.org/wp-content/uploads/2014/02/EDapplication.pdf>



## 2019 CALENDAR OF EVENTS

May 14 – 19, 2019	Outgoing domestic journey to Louisville, KY	Jerry Burke jbcburke@yahoo.com or (563)0929-0190
May 23, 2019 5:30 PM	LEO Gwen's Restaurant, 119 W Main St, Lisbon, Ia	Mary Carson 319-560-4994 mcarson484@yahoo.com
June 23 – July 8, 2019	Outgoing to Ribeirao Preto and Salvador-Bahia, Brazil	<b>Journey Has Been Filled</b> Jim Steggall at 319-447-1147 or bjjfs@mchsi.com to apply for journey
June 2, 2019 2:30 PM	Board Meeting	Marion Public Library
June 29, 2019 8:30-12:30 PM	Volunteer at Freedom Festival Parade	Mary Ann Nelson 319-362-8078 mrsmanelson@gmail.com
July 13, 2019	All Iowa FF Picnic Bever Park, Cedar Rapids, Ia	Mary Stull 319-393-6254 mcdstull@aol.com
July 23 – 27, 2019	World Conference in Boulder, CO	<a href="https://www.eventleaf.com/2019FFWorldConf">https:// www.eventleaf.com/2019FFWorldConf</a>
July 28 – Aug 3, 2019	Beyond Boulder Tour	Connie Williams at 319-396-4747 or cmw1226@yahoo.com
August 1, 2019 5:00PM	Party with Beyond Boulder Group 4618 Chestnut Ridge CT NE, Cedar Rapids	More info to come.
September 4 – 10, 2019	Incoming journey from <b>Aichi, Japan</b>	Larry Nelson mrlwnelson@gmail.com
October 3 - 9, 2019 Tentative	Incoming from Dallas, TX	Connie Williams at 319-396-4747 or cmw1226@yahoo.com
December 8, 2019	Annual Dinner Longbranch Motel, Marion, Ia	
April, 2020	Cedar Rapids to Albuquerque, NM	
August 20-27	Incoming journey <b>KAOHSIUNG, TAIWAN</b>	
2020	Outgoing journey <b>BUDAPEST, HUNGARY</b>	Date to be determined!



# CEDAR RAPIDS-IOWA CITY BOARD MEMBERS 2018



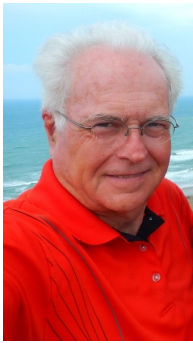
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