



friendship force
CEDAR RAPIDS -
IOWA CITY

**FROM THE CEDAR RAPIDS – IOWA CITY
FRIENDSHIP FORCE CLUB**

www.friendshipforcecr-ic.org

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Friendship Force

July 2021

CALENDAR OF EVENTS

- July 13, 2021** **Tour of Kendrick**
11:30AM **Forest Products**
Tuesday **Edgewood, IA**
- July 16, 2021** **Club Zoom**
7:00PM **Trivia**
- July 21, 2021** **Hiking**
Wednesday **Mines of Spain**
 Dubuque, IA
- Aug 12, 2021** **Club Mix & Mingle**
Thursday
- Aug 24, 25 & 26** **Escape to Lanesboro**
2021 **MN**
- Sept 19, 2021** **All Iowa Picnic**
Sunday 12 Noon **Ft Des Moines Park**
- Oct 7-8, 2021** **NE Iowa Club**
Thursday & **Overnight**
Friday **Adventure**
- Oct 28, 2021** **Club Mix & Mingle**
Thursday
- April 1, 2022** **Albuquerque, NM**
Out Going
Domestic Jour-
ney
- 2022** **Tauranga Western**
Out Going **Bay of Plenty, NZ**
International **and Tamworth & Ad-**
Journey **elaide, Australia**

PRESIDENT'S MESSAGE

It is nice that we can get out and about again. The 26 members who participated in the LEO at the Tin Roost in North Liberty had a great meal and really enjoyed the evening. The International theme for journeys is Enjoy Different Views, and Discover Common Ground. I think we are doing a great job of Discovering Common Ground within our club by the new activities we have pursued because of the pandemic. The Leo's, Mix & Mingles, Trivia Nights, Hiking, Biking, the Kendrick Logging tour or the planned Over Night Iowa destination are great ways to get to know our fellow club members better.

Jerry Burke,
CR/IC 2021 Club President

Tour of Kendrick Forest Products

Iowa's largest sawmill, Tuesday July 13th at 11:30

Here is some information about our upcoming tour.

Kendrick Forest Products includes the sawmill, mulch operation, and kiln dried lumber operation. For the second part of your tour the guide will direct you to our North facility, just five blocks north, where you'll tour our sister companies and their operations; Forever Cabinets by Kendrick, Kendrick Home and Shimlee, and The Markket. Tours will end at our North facility where guests will have time to browse The Markket, our retail destination. All companies on the tour are a division of the Kendrick, Inc. suite of family businesses.

The tour cost is \$5. Please wear comfortable, **closed toe shoes.** Eye and Hearing protection will be provided. The **terrain is rough and uneven**, call for handicapped assistance if needed. There are stairs inside the mill. **Following the tour, we will meet at the Edgewood Golf Course for lunch and order off the menu.**

Drive up Hwy 13 to Hwy 3 and turn right at the Edgewood Sign, continue into Edgewood passing the Woods Edge Golf Course to Washington Street (west side of Community Saving Bank Building), turn right and go straight to the Kendrick parking Lot at 601 S. Washington St.



All Iowa FF Picnic Sept 19, 2021

We have just received the following information from our friends in the Des Moines FF Club. **A Signup Genius will be coming to sign up.**



*As you know, last year we had to cancel the All Iowa Picnic in Des Moines due to the COVID 19 Virus. I am happy to report that the picnic will happen this fall as long as the virus cooperates. All Iowa Friendship Force **Vaccinated** members are invited to attend. If possible, we would like to know a tentative count of how many will be coming to the picnic. **Fort Des Moines park** is a wonderful place to hold a gathering. There is a nice stocked pond next to the open air shelter that we will be using. There are also hiking trails adjacent to the area. Blank Park Zoo as well as Blank Golf Course is very near.*

*We are planning a fun afternoon for those who attend. **Members of the Dayton, Ohio Friendship Force Club will be in Des Moines and will be attending our picnic.** An invitation as well as information regarding the cost and where to send money will be coming to you later in July.*

In Friendship, Ginny Renda- Co President FFGDM



Mix and Mingle: August 12, 2021

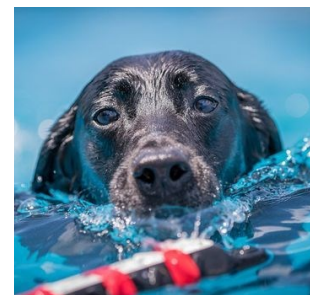
Dear Friends, if you enjoy socializing and getting to know fellow FF members in a casual, small groups, Mix and Mingle is your opportunity. The evening of August 12 will be our summer Mix and Mingle with four to six people as guests at a FF host's home. For this dinner the host will be contacting their randomly assigned guests for input. It is the host that will be determining time and food and personally passing on the information needed to their guests. Please look for the Sign-Up Genius in your email sent by Judy and John Miner in order to sign-up for Mix and Mingle even if you signed up at the LEO at the Tin Roost in North Liberty. **We are asking that you have in your reservations by July 30 so that paring of host and guests are complete in ample time.** This will give the hosts enough time to contact their guest for input and information and the guests to know where they will be enjoying the evening. If you have a friend(s) who may be interested in meeting others in FF and learning more about us, please invite them to join us as well.

So, please mark **August 12** on your calendar. If you are looking ahead to the fall, you may want to place October 28 on your calendar for a fall Mix and Mingle with a Halloween theme.

If you have any questions, contact Mary Ann Nelson 319-362-8078 (mrsmanelson@gmail.com) or Trudy Johansen 319-310-4560 (srajohansen@hotmail.com).

Friendship Force at Freedom Festival

As a community project, Friendship Force volunteered for three shifts at the gate of the Dock Dogs Competition/Freedom Festival on Friday & Saturday, June 25th and 26th. We sold the \$5 Freedom Festival buttons, which are admission to multiple events over the three week Freedom Festival. It was a fun event to help with, thanks to all who participated.



HIKING—MARK YOUR CALENDAR

July 21st — Mines of Spain, Dubuque. See the Newsletter article on page 7

August 24, 25,&26 —Escape to Lanesboro. Hike on wheels. Non bikers welcome. See below for more information.

If you would like to be on planning committee or share a hike contact Judy Frascht-



Escape to Lanesboro

Greetings friends! If you're wishing for an escape from the everyday please join us in Lanesboro, Minnesota this August 24, 25, &26. Lanesboro lies in a valley of the beautiful bluff country in southeast Minnesota, about 143 miles north of Cedar Rapids. We have five rooms on hold at a small, family run hotel, the Cottage House Inn, <https://www.cottagehouseinn.com/>. Rooms are \$100 a night with one or two queens and will be held until August 7.



While Lanesboro is known for the lengthy bike trail bisecting it, the Cottage House has a lovely covered front porch with comfortable chairs ideal for reading. The town is also a wonderful place to walk and shop. This outing started as a bike trip which we have opened up to non bikers. Please let us know if you are interested in this short escape. Call or email me, Jean Thomas, 319 830-5092 or jeanthomas521@gmail.com.

BUZZARD RIDGE WILDLIFE AREA



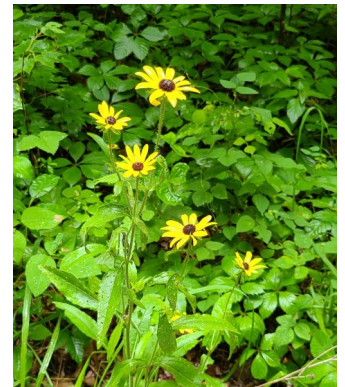
It was a GREAT DAY of hiking at Buzzard Ridge. We started the day at the Hurstville Interpretive Center where we met some turtles, salamander, and snake friends. We searched for the Queen Bee in the bee hive, but she alluded us.



It was interesting to learn about the town of Hurstville, where they had Lime Kilns. We then proceeded to our hike which was guided by Naturalist Tony Vorwald. He



led us to an original Iowa Prairie on a bluff overlooking the Maquoketa River. It was a delight to spend time with someone who loves the Iowa Prairie. We identified many flowers presently blooming. We ended the day with a meal at La Casa De Pancho in Maquoketa.



Mines of Spain Hike July 21



Join us for a hike at the Mines of Spain in Dubuque. This State Recreation Area brings the diversity of wildlife, resources, and threads of history together to tell the dynamic story of Dubuque. Contact Judy at jjbm526@aol.com

9:30 Meet at the EB Lyons Interpretive Center with time to look around

10:00 45 Minute guided hike with the Park Ranger of Pine Chapel Trail and Lead Mine Trail, exploring remnants of the first settlers and lead mining

11:00 Another short hike

12:00 Lunch at the Brewery



KOSOVO CONNECTION – Making Friends Through Sports

Our club is participating in a shipment of new sports equipment , to be shipped from Des Moines to Kosovo in July for delivery in September. Iowa Sister States will present equipment to youth groups in Kosovo. As a part of our club's humanitarian giving for 2021, The board has approved a \$100 donation. If you would like to add a personal check, contact Connie at cmw1226@yahoo.com or 319-396-4747 before July 5.



LEO June 9 Tin Roost North Liberty, IA

On Wednesday, June 9th, we enjoyed a lovely dinner on the patio of the Tin Roost in North Liberty. The food was great, the service was excellent and we had space to move around between the four tables totaling 26 Friendship Force guests. When any of you dine at the Tin Roost in the future, be sure to thank them for accommodating our group. **Their hospitality should be remembered!**



Club Zoom Trivia

The next club Zoom Trivia is scheduled for **Friday July 16.**

Look for the email to sign up.

You don't need a Zoom account to participate. Just let Marty No-

vak martynovak@mchsi.com know you want to play. Participants will get an invitation from Judy Frascht-Miner on the day of the event. It will give you a link to the Zoom "meeting". Click on the link and be sure your video and microphone are turned on.



OVERNIGHT NE IOWA CLUB ADVENTURE

Did you know Iowa has thirteen waterfalls? We plan to visit two of them.

Did you know the NICC dairy cows get massages to keep them happy and content? We'll take a guided tour of the state-of-the-art dairy operation at the college.

Would you like to receive a traditional "smudging" before you feed an ear of corn to a buffalo? Farmer Dan will perform this short ceremony before we hop on the wagon and drive to the field where we'll feed roughly 50 bison.

Would you enjoy a chance to visit a couple of the 45+ award winning national caliber artists' home studios within 40 miles of Decorah?



If so, then please plan to join us on Thursday Oct. 7 and Friday Oct. 8 for two fun filled days with fellow FF members.

We will be spending the night in a couple of Decorah's hotels. We've already blocked off rooms for our group.

We will be carpooling for a couple of reasons, the main reason being that time will only allow us to visit two or three artists' studios and so this way your car can pick and choose which artists you want to visit.

Other stops we are planning are an Amish prepared lunch around Hazelton, a tour of an old historic Catholic Church in Spillville and restaurant meals in Decorah, Calmar and Walker.

Please email Marian Wetjen at mjwetjen27@yahoo.com if you are interested in participating in this two day adventure. Some of you may have already signed up at the last LEO we had a couple weeks ago.

Also please indicate if you want to drive your vehicle OR if you'd rather ride with someone else.

More details to follow as available.

Your planning committee,

Shirley Rosencrans

Darlene Peterson

Judy Frascht-Miner

Marian Wetjen



Journey Calendar by Judy Frascht-Miner

Greetings,

THE CONTACTS BEGIN. We are beginning to receive our contacts for our 2022 journeys. I am very excited because this begins the negotiation stage of setting dates.

Our 2022 journey's include Domestic Outbounds to **New Mexico** and **Dallas**, International outbound to **Australia** and **New Zealand**, and a Domestic Inbound with **Sarasota**. If you are **interested in any of these journeys let me know**. These are interest lists, not a commitment. (jjbm526@aol.com or 319-54540-1701). **BE WATCHING FOR DATES!!!**

October 7-8, 2021 - Iowa Adventure - All kinds of FUN!

See the write up in this Newsletter. Contact Marian

Wetgen at mjwetjen27@yahoo.com



April 2022 -The **Albuquerque, NM**. Club is planning on us visiting them in Spring 2022. If interested you can

contact Jean Thomas at jeanthomas521@gmail.com **-Albuquerque-**



To be Announced 2022- Proposed three-week outbound journey to **Tamworth Australia, Adelaide Australia;** and **Tauranga Western Bay of Plenty, New Zealand.**

They are being cautious. Their borders are not open yet and vaccination rates are low. Pre trip viral tours have been discussed.



May 2022– There will be an opportunity to travel to Kosovo with Sister States. Contact Connie Williams cmw1226@yahoo.com

To Be Announced 2022– Outbound to **Dallas**

To Be Announced 2022 - Inbound from **Sarasota**

I look forward to traveling with many of you!

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