



friendship force
CEDAR RAPIDS -
IOWA CITY

FROM THE CEDAR RAPIDS – IOWA CITY FRIENDSHIP FORCE CLUB

www.friendshipforcecr-ic.org

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Friendship Force

August 2021

CALENDAR OF EVENTS

Aug 12, 2021 Thursday	Club Mix & Mingle
Aug 24,25&26 2021	Escape to Lanesboro MN
Aug 27,2021 7:00PM	Club Zoom Trivia
Sept 19, 2021 Sunday 12 Noon	All Iowa Picnic Ft Des Moines Park
Sept 21-25, 2021	Journey to Western North Carolina
Oct 7-8 ,2021 Thursday & Friday	NE Iowa Club Overnight Adventure
Oct 28, 2021 Thursday	Club Mix & Mingle
April 24-30, 2022 Domestic Journey	Albuquerque, NM
2022 Out Going International Journey	Tauranga Western Bay of Plenty, NZ and Tamworth & Ad- elaide, Australia

PRESIDENT'S MESSAGE

What a great turnout for our tours of Kendrick Forest Products in Edgewood. Most members had no idea such a business existed and how diversified it was. I am sure there are others within an hour or hour and a half of our club. If you know of one, please let us know. We all love to go on journeys, but it proves there are many interesting things we can do as a club in the meantime that are very interesting and educational.

Jerry Burke,
CR/IC 2021 Club President

Last chance to go on the Western North Carolina Journey

Sept 21-25, 2020. See Journey Calendar for more info

Contact Jerry Burke jbcburke@yahoo.com 563-929-0190 By August 2

AUTUMN ADVENTURE

Please plan to join us for a relaxing and fun-filled two days on our autumn adventure Thursday Oct 7 and Friday Oct 8.

We'll enjoy a special homemade Amish lunch near Hazelton, we'll get a traditional dried sage "smudging" by farmer Dan before we hand feed ears of corn to his herd of buffalo (while we are safely sitting in a wagon) and we'll enjoy a lazy stroll in a beautiful shaded area as we listen to the soothing sounds of a natural waterfall.

After our group evening meal, we'll have free time to visit the area bars, or play cards, or visit with each other, etc. We have two hotels reserved for our group with special rates for our club.

Friday morning after our hotel breakfast, we'll have time to visit a couple of area artists who have opened up their studios exclusively for this event. There are 34 artists on this tour and we have brochures to give you ahead of hand so you can plan which artists you want to visit. All of these studios are within 40 miles of Decorah. Or if you'd rather, you could tour the Vesterheim Museum or any of the various little shops in Decorah.

After our group lunch, we'll have a guided tour the NICC state-of-the-art dairy operation in Calmar and maybe we'll see the cows get their massages that keep them happy and content!

Our last stop for the day will be a group restaurant meal.

For this adventure, we have chosen to car pool instead of renting a bus. The reason for carpooling is because of the Artist Studio Tour. Since there are 34 potential home studios to visit and we have limited time, the planning committee thought it'd be easier for each car to go their own way rather than try and get a unanimous decision on where to visit.

So far roughly 30 folks are interested in going on this tour and that's great! We certainly have room for more members to participate.

So---what we need from you for now.....

1. Decide to join us

2. Make your own hotel reservation at either of these 2 hotels in Decorah. They are right across the road from each other.

Be sure and mention you are part of the Friendship Force group.

Fairfield Inn, 2041 Hwy 9

563-382-8800

Senior rate for K or QQ

\$97 plus tax Breakfast buffet.

Country Inn & Suites, 2042 Hwy 9

563-382-9646

Senior rate for K or QQ

\$113.05 plus tax Breakfast

3. Email Marian to confirm we have your name on our list and mention if you want to drive or just ride. mjwetjen27@yahoo.com

Thank you. Hope you all can join us.

Our planning committee sure had fun planning this little get away!

Shirley Rosecans

Esther Hudson

Darlene Peterson

Judy Frascht-Minor

Tour of Kendrick Forest Products

Iowa's largest sawmill, Tuesday July 13th at 11:30



A July 13 tour of Kendrick Wood Products, Edgewood, Iowa was a popular outing for 30 club members and guests. We learned how tree logs



are stripped of bark and then precision cut into boards for many uses. We were impressed at how much of the operation was highly computerized. They use all the by-products including sawdust which is burned in their operations; hardwood mulch which is sold to garden centers, boards for pallets, and wood for custom furniture and cabinets.



The tour ended in the Markket, which sells home interior furnishings, including signs made in the furniture factory.



After the tour we gathered for lunch at the Woods Edge Golf course for lunch and conversation.



LEO in September??



We need a **VOLUNTEER**

to plan a LEO in Septem-

ber! Do you know of a fun place for us to gather for a fun evening of food and conversation.



Please contact Jerry Burke
jbcburke@yahoo.com

Betty Ruth (Ferguson) Emrich

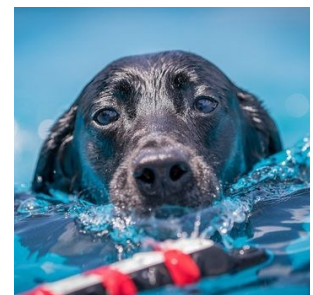


Betty Ruth Emrich, 94, of Tipton, passed away on Sunday, July 4, 2021 while under the care of Mercy Hospital in Iowa City, and was an eye donor for the Iowa Donor Network.

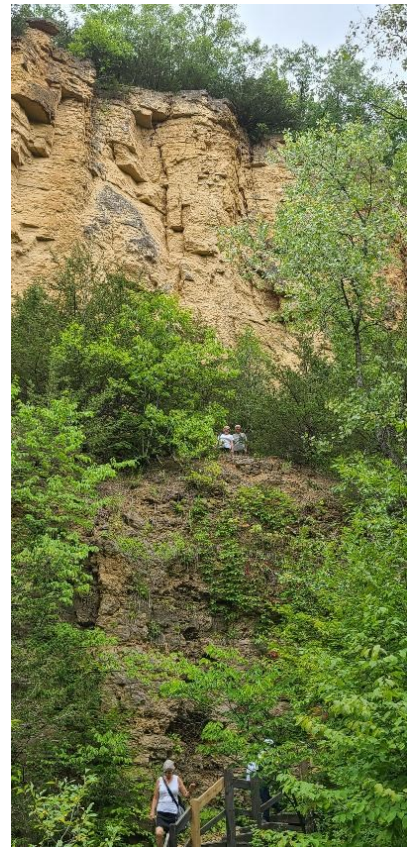
Betty & her husband Doug were active FF members for many years.

Friendship Force at Freedom Festival

Thanks to George & Stephanie Schulte, Patty Potter, John Haack, Marty Novak, Esther Hudson and Myron Williams for working with me at the Dock Dogs event during Freedom Festival! It was fun, easy and we helped the community!



Mines of Spain Hike July 21



Thirteen club members ventured to the Mines of Spain by Dubuque to hike and learn about the history of this unique state park. We were able to browse the EB Lyons Visitor center and then were lead on a 1 hour hike around the center by DNR park manager Elli Lineburg. We learned that lead was mined in the early 1700s by Julian Dubuque who received permission from the King of Spain, hence the name Mines of Spain.



After leaving the visitor center we did the hiking loop through Horseshoe Bluff where the limestone for the Dubuque lock and dam was quarried. We ended our time in the park by visiting the monument and graves of Julian Dubuque and Chief Peosta and the beautiful view of the Mississippi below.



We ended the day with lunch at the 7 Hills Brewery in downtown Dubuque.

HIKING—MARK YOUR CALENDAR

August 24, 25,&26 —Escape to Lanesboro.
Hike on wheels. Non bikers welcome. See
below for more information.

If you would like to be on planning committee or share a hike contact Judy Frascht-Miner jjbm526@aol.com



Escape to Lanesboro

Greetings friends! If you're wishing for an escape from the everyday please join us in Lanesboro, Minnesota this August 24, 25, &26. Lanesboro lies in a valley of the beautiful bluff country in southeast Minnesota, about 143 miles north of Cedar Rapids. We have five rooms on hold at a small, family run hotel, the Cottage House Inn, <https://www.cottagehouseinn.com/>. Rooms are \$100 a night with one or two queens and will be held until August 7.



While Lanesboro is known for the lengthy bike trail bisecting it, the Cottage House has a lovely covered front porch with comfortable chairs ideal for reading. The town is also a wonderful place to walk and shop. This outing started as a bike trip which we have opened up to non bikers. Please let us know if you are interested in this short escape. Call or email **soon**, Jean Thomas, 319 830-5092 or jeanthomas521@gmail.com.

KOSOVO CONNECTION – Making Friends Through Sports



Walter from Play it Again Sports is helping to load up the volleyballs, soccer balls, racquets, tennis balls, disc set and whiffle ball sets.

Our Club donated new and used sports equipment to be shipped from Des Moines to Kosovo. Iowa Sister States will present a shipping container of equipment to Kosovo youth groups in September. We were able to secure over \$1000 in sports equipment from Phil Williams of Eastern Iowa Elite Tennis, Walter and Gave Loesch of Play it Again Sports, and club member's donations of equipment and cash. Please stop by Play it Again Sports for your Christmas shopping and let them know you appreciate their generosity!

Club Zoom Trivia

The next club Zoom Trivia is scheduled for **Friday August 27.**



Look for the email to sign up.

You don't need a Zoom account to participate. Just let Marty Novak martynovak@mchsi.com know you want to play. Participants will get an invitation from Judy Frascht-Miner on the day of the event. It will give you a link to the Zoom "meeting". Click on the link and be sure your video and microphone are turned on.

Journey Calendar by Judy Frascht-Miner

Greetings,

Keep an eye on **The Iowa Adventure**, **North Carolina**, and **Albuquerque**

Sept. 21-25 2021, North Carolina- The activities they usually offer include Biltmore, Blue Ridge Parkway, Asheville tour, DuPont State Park (to see waterfalls on a well-used trail), NC Arboretum (flower gardens, bonzai garden, easy to hard, short to long hiking, exhibits in learning center-currently spectacular wildlife photography), Hendersonville (eating, shopping, several nice breweries and wineries, Carl Sandberg home, apple country). We have done "easy" kayaking though that involves more expense. **Contact Jerry Burke soon jbcburke@yahoo.com**

October 7-8, 2021 - Iowa Adventure - All kinds of FUN!

See the write up in this Newsletter. Contact Marian

Wetgen at mjwetjen27@yahoo.com



April 24th -30th 2022 - We are in contact with **Albuquerque, NM** to firm up the details of our journey. If you were signed up previously let Jean know if there are any changes in your availability. If interested you can contact:



-Albuquerque-

Jean Thomas at jeanthomas521@gmail.com

To be Anounced 2022- Proposed three-week outbound journey to **Tamworth Australia, Adelaide Australia;** and **Tauranga Western Bay of Plenty, New Zealand.** They are being cautious. Their borders are not open yet and vaccination rates are low. Pre trip viral tours have



May 2022– There will be an opportunity to travel to Kosovo with Sister States. Contact Connie Williams cmw1226@yahoo.com

To Be Announced 2022– Outbound to **Dallas**

To Be Announced 2022 - Inbound from **Sarasota**

I look forward to traveling with many of you!

All Iowa FF Picnic Sept 19, 2021

We have just received the following information from our friends in the Des Moines FF Club. **A Signup Genius will be coming to sign up.**



*As you know, last year we had to cancel the All Iowa Picnic in Des Moines due to the COVID 19 Virus. I am happy to report that the picnic will happen this fall as long as the virus cooperates. All Iowa Friendship Force **Vaccinated** members are invited to attend. If possible, we would like to know a tentative count of how many will be coming to the picnic. **Fort Des Moines park** is a wonderful place to hold a gathering. There is a nice stocked pond next to the open air shelter that we will be using. There are also hiking trails adjacent to the area. Blank Park Zoo as well as Blank Golf Course is very near.*

*We are planning a fun afternoon for those who attend. **Members of the Dayton, Ohio Friendship Force Club will be in Des Moines and will be attending our picnic.** An invitation as well as information regarding the cost and where to send money will be coming to you later in July.*

In Friendship, Ginny Renda- Co President FFGDM



2021 Cedar Rapids—Iowa City Club Board Members

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