



friendship force
CEDAR RAPIDS -
IOWA CITY

FROM THE CEDAR RAPIDS – IOWA CITY FRIENDSHIP FORCE CLUB

www.friendshipforcecr-ic.org

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Friendship Force

September 2021

CALENDAR OF EVENTS

Sept 19, 2021 Sunday 12 Noon	All Iowa Picnic Ft Des Moines Park
Sept 21-25, 2021	Journey to Western North Carolina
Oct 1, 2021 7:00PM	Club Zoom Trivia
Oct 7-8, 2021 Thursday & Friday	NE Iowa Club Overnight Adventure
Oct 28, 2021 Thursday	Club Mix & Mingle
December 5, 2021	Annual Meeting on Zoom
April 24-30, 2022 Domestic Journey	Albuquerque, NM
2022 Out Going International Journey	Tauranga Western Bay of Plenty, NZ and Tamworth & Ad- elaide, Australia

PRESIDENT'S MESSAGE

I happened to read my horoscope for August 11 and this is what it said:

"What's ordinary to one person is mind blowing to someone of another world. There's new vitality to tap by sharing a part of your life with someone who wouldn't encounter it."

And I thought this is another way of saying the FFI motto: Experience different views, Discover common ground. I have certainly done that on the journeys I have participated in, but just as important, I have experienced new vitality within our club because members started thinking beyond general meetings and LEO's and sharing more of our time and lives with each other participating in Trivia, Mix & Mingles, hiking, biking, tours and overnight destinations.

Jerry Burke,
CR/IC 2021 Club President



All Iowa FF Picnic Sept 19, 2021



**It's a Small World:
Getting to Know You**

All-Iowa Friendship Force Picnic

Sunday, September 19, 2021

Noon - 3 pm

Welcome at 12:30

Fort Des Moines Park - Shelter #1 7200 SE 5th St, Des Moines, IA 50315

\$16.00 per person Picnic includes grilled hamburgers, fresh fruit, pasta salad, chips, dessert, and water/soft drinks.

Paid reservations are due September 10

For more information: Ginny at

grpbeers@aol.com / 515-287-3999

Directions: From I-235 (freeway thru Des Moines), take the E 14th St exit (Hwy 69) southbound and proceed south on SE 14th St. Turn right (west) on Army Post Road. (from I-235 to Army Post Road will be 14 miles of slow intown driving) Turn left (south) on SE 5th St. At 7200 SE 5th St, turn right (west) into the park. Follow the directions to Shelter #1.

All-Iowa Friendship Force Picnic Reservation

Paid reservations are due September 10

Make checks payable to FFGDM and mail to Pat Headley, 6821 Mill Pond Dr, Urbandale, IA 50322

Name(s) _____

Club _____ Email _____

Phone _____ Number of tickets _____ Total amount enclosed _____

AUTUMN ADVENTURE Oct 7

For those of you who can't join us on our two day getaway, you are invited to join us for our first day activities, which are:

11am.... Lunch at the Plainview County Store, 1148 Fairbanks Amish Blvd, Hazelton. We opted not to have Mary's traditional meal of two meats, mashed potatoes/ gravy, two sides etc and instead Mary agreed to a lighter lunch, which is homemade cream of broccoli soup and chicken noodle soup, a silage salad and potato salad, and homemade bread and cinnamon rolls, three varieties of fried pies(like turnovers) and coffee, tea and water. **Total cost per person is \$11. That includes the meal, tax and tip.**

Please have the correct change to speed up the paying process.

We expect to be here for 1 1/2 hours.

1:30pm... Hawkeye Buffalo Ranch, 3034 Pembroke Ave, Fredericksburg.

This is roughly 1 hour north of Hazelton. Farmer Dan will talk to us about his farm, his Buffalo and then we'll get in wagons & ride to his field and hand feed the Buffalo ears of corn.

Cost is \$10 each. Please have the correct change to speed up the paying process.

Plan on 1 1/2 hours here.

For those of you opting for this one day journey, you can head back to CR. The rest of us will continue on to Decorah.

There are 8 openings for these adventures.

A side note— One of the Amish ladies told me they only have bakery goodies on Friday & Sat., unlike the Kalona ladies who have baked goods every day.

You are certainly welcome to leave CR earlier & visit other county stores or shops in the area.

We have maps & addresses, if need be.

Car pooling available.

Please let Marian know by **September 7** if you're interested in this one day getaway so she can make reservations with Mary and Dan.

Planning committee,

Shirley, Esther, Darlene, Judy and Marian

Marian — mjwetjen27@yahoo.com

Escape to Lanesboro August 24,25



On August 24 10 members of our club ventured across the northern border of Iowa to spend a couple of days in the quaint town of Lanesboro, MN.



We stayed at the Cottage House Inn. The rooms were comfortable and they had a big meeting room where we gathered at 5:00PM each day. The front porch rockers were also a hit!



We rode the bicycle trails, browsed the unique shops, enjoyed the beautiful scenery, and used our trivia skills. Those who hadn't rode in a while tried electric bikes.



As is with most FF adventures we enjoyed good food, drink and comradery. Thank you to Jean and Dean Thomas for sharing one of their favorite places and organizing our trip. Other participants were , Darlene Pederson, Shirley Barker, Carol Malichky, Jerry & Carol Burke, Jan Riggan, and Judy & John Miner.



Great food right across the street



December 5 Annual Meeting



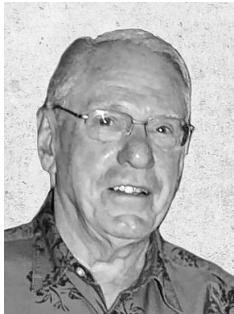
The annual meeting of the Cedar Rapids/Iowa City Friendship Force Club will be held Sunday December 5. Do to the ongoing Covid situation, this year it will again be held on Zoom.

Please mark you calendars. More information to follow.

Covid-19 Protocol

REMINDER: Vaccinations are being required for travel and activities, along with following CDC recommendations regarding masks etc. Always carry your proof of vaccination. If you would like your proof of vaccination on file so you don't always have to mess with it, you can scan it and send to Carol Burke (Membership Coordinator) jcburke@yahoo.com. She will keep a file. Ensuring vaccinations has been an important part of negotiating and moving forward with visits and activities with other clubs. If you haven't been vaccinated the board encourages you to do this. Thank you

Gerald D. Seidl



Gerald D. Seidl, 86, died Friday, Dec. 4, 2020. Family, friends and loved ones of Jerry Seidl are all invited to a Celebration of Life from 1 to 4 p.m. Sept. 11 at the Red Cedar Lodge in Wanatee Park. Please come to share a story, have a beer and enjoy the company of too many people because Jerry always wanted it that way.

No need to RSVP, just show up en masse, the way we usually do. The Family of Jerry Seidl

Ken Rinkenberger



Our condolences to Jill Rinkenberger and family on the passing of Ken Rinkenberger on August 27, 2021. Jill and Ken were Friendship Force members for several years, they home hosted and served on the Activities committee. For further detail, see www.murdochfuneralhome.com

August Club Mix & Mingles

We held our popular Club Mix and Mingles this past month.



A “Brat” of a time was had by Vic & Pat Klopfenstein, Marty Novak and Patty Potter hosted by Jerry & Carol Burke

John and Judy Miner hosted Larry and Mary Nelson, Rosie Russell and Jocko Hindricks, Laura Thomas and friend Quinn Hansen.



Connie and Myron Williams hosted Trudy Johansen, Darlene Peterson and Karen & Will Mickelson. Shirley Rosencrans hosted Joanne Smith, Mary Carson, Jim & Barb Steggall and Ester Hudson. Apparently they were all having such a great time they forgot to snap a photo for the newsletter. The **next one is October 28th**. Look for the SignUp.

Club Zoom Trivia

The next club Zoom Trivia is scheduled for **Friday October 1, 2021**

Look for the email to sign up.

You don't need a Zoom account to participate. Just let Marty Novak martynovak@mchsi.com know you want to play. Participants will get an invitation from Judy Frascht-Miner on the day of the event. It will give you a link to the Zoom “meeting”. Click on the link and be sure your video and microphone are turned on.



Journey Calendar by Judy Frascht-Miner

Greetings,

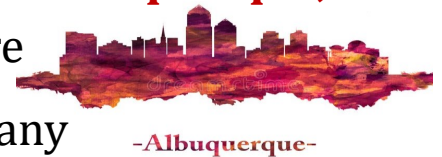
Keep an eye on **The Iowa Adventure**, **North Carolina** , and **Albuquerque**

Sept. 21-25 2021, North Carolina— A small group of us will be traveling to Ashville North Carolina very soon. We will be experiencing Biltmore, Pisgah Forest and Blue Ridge Parkway, Asheville tour, DuPont State Park (to see waterfalls), Carl Sandberg home and farm, the Harlem Dance Group, and more. **Contact Jerry Burke soon jbcburke@yahoo.com**

October 7-8, 2021 - Iowa Adventure - All kinds of FUN! Yes, you can come for just one day. See the write up in this Newsletter. Contact Marian Wetjen mjwejen27@yahoo.com



April 24th –30th 2022 - We are in contact with **Albuquerque, NM** to firm up the details of our journey. If you were signed up previously let Jean know if there are any changes in your availability. If interested you can contact:



Jean Thomas at jeanthomas521@gmail.com

To be Anounced 2022- Proposed three-week outbound journey to **Tamworth Australia, Adelaide Australia**; and **Tauranga Western Bay of Plenty, New Zealand**. They are being cautious. Their borders are not open yet and vaccination rates are low. Pre trip viral tours have been discussed.



May 2022— There will be an opportunity to travel to Kosovo with Sister States. Contact Connie Williams cmw1226@yahoo.com

To Be Announced 2022— Outbound to **Dallas**

To Be Announced 2022 - Inbound from **Sarasota**

I look forward to traveling with many of you!

2021 Cedar Rapids—Iowa City Club Board Members

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