



friendship force
CEDAR RAPIDS -
IOWA CITY

FROM THE CEDAR RAPIDS – IOWA CITY FRIENDSHIP FORCE CLUB

www.friendshipforcecr-ic.org

Follow us on Facebook: Cedar Rapids-Iowa City
Friendship Force

May 2022

CALENDAR OF EVENTS

- | | |
|----------------------------|---|
| May 3 | Club Hike Roches-
ter Cemetery |
| May 6 | Club Trivia |
| May 18-20 | Orange City
Tulip Festival |
| June 12 | Gen Meeting Cen-
tral Park, Jones
County |
| June 25
11:00AM | All IA Picnic
Davenport, Ia |
| Aug 16-22 | Peru Incoming
Journey |
| August 18, | Club Trip to
Iowa State Fair |
| Sept 21-27 | Out Bound Jour-
ney to Dallas TX |
| Oct 17-22 | In Bound Journey
from Sarasota, FL |
| Dec 9-17 | Open World |
| 2023 | World Conference |
| 2023 | New Zealand and
Australia |

PRESIDENT'S MESSAGE

Hi all! We hope to have winter behind us as we jump into Spring & Summer! The recent rains will surely make our gardens grow, green up the parks and help us all be upbeat for those sunny Summer days to come. TIME FOR PICNICS!

Look into the newsletter to get the latest on our Sunday, June 12th picnic at Central Park in Jones County. We will welcome a guest speaker, Kenan Kantarevic, now of Iowa, formerly of Bosnia. Please plan to attend, just bring a dish to share and any additional beverages you prefer. Tableware, main dish and lemonade provided. A special thanks to Shirley Rosen-cranz for putting this together, as well as this month's Orange City Tulip Time adventure.

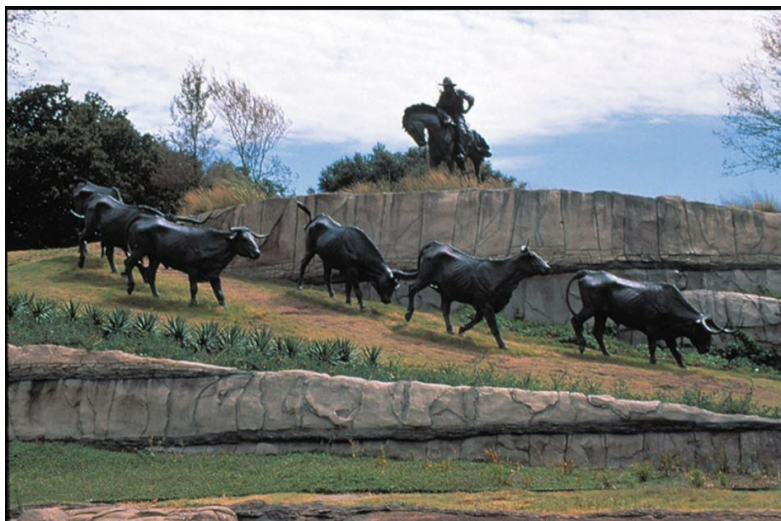
The All Iowa Picnic is on Saturday, June 25th at Duck Creek Park in Davenport. Further info and signup sheet is in THIS NEWSLETTER, please send your RSVP today! Carpool anyone?

I'd recently received an email from a past president of one of the other Iowa clubs, complementing us on our full calendar and active club. Our Friendship Force of Cedar Rapids/Iowa City is exceptional because of all of you. It's because we say 'yes' to opportunities. So, say 'yes' to the picnics, sign up to be a host in August and October, join in the fun and travel when the opportunity presents. Travel with a purpose, whether across the state or around the world.

Connie Williams 2022 CR/IC FF Club President

We're headed to Dallas – Sept 21 to 27

Good news! **Our September 21-27 journey to Dallas, Texas is nearly full.** It will include several ambassadors from the Madison, Wisconsin club, who also hosted Dallas in 2019. If you are interested in this journey, please contact the ambassador coordinator, **Mary Stull**, mcdstull@aol.com, 319 721-0399.



In addition to welcome and farewell gatherings, other activities being considered are visiting the Dallas Arts District, an overview tour of downtown, Pioneer Park, the Dallas Arboretum, the Bush Museum and Meadows Museum on Southern Methodist University campus and the 6th Floor museum (formerly Texas Book Depository). Dallas will finalize the program soon. They are open to considering our special interests, too. Cost: \$350

Orange City Tulip Festival May 18-20

We only have about four more weeks and we will be heading to Northwest Iowa. I have received an email from Windstar, the motorcoach company, we are using for our trip. In the initial contract they said there could possibly be a fuel surcharge. Well, we all know the volatility of gas prices right now. So, we are going to each need to pay an additional **\$15.00 per person for the fuel surcharge**. If you have any questions, please let me know. I will send out an email when I return home before our trip to Orange City with any final details.

Shirley Rosencrans



LEO @ Sugapeach in North Liberty

On April 6 about 18 members of the Cedar Rapids / Iowa City Friendship Force Club got together at Sugapeach Restaurant in North Liberty. A good time was had over Southern Comfort food.



General Meeting June 12

Mark your calendars for a General Meeting of the CR/IC FF Club on June 12 at the pavilion at Central Park in Jones County.

We will have a guest speaker, **Kenan Kantar-evic**. **Kenan** will share his story of coming from Bosnia to Mt Mercy University and settling into life in Eastern Iowa.

More information to come.



Club Trivia May 6

Club Trivia is still happening. The next zoom gathering will be Friday May 6th at 7:00 pm. If you want to join in on the fun contact :



Audrey audrey.b@mchsi.com, or George ghsjr@gmail.com.

Afghan Resettlement Sponsor Circle

The Friendship Cedar Rapids Sponsor Circle has been accepted into the sponsor circle program. There are still Afghan families that are waiting to be matched with a sponsor circle. We expect to hear more around the first of June. Stay tuned...there will be lots to do when we find out who are family is.



A few activities will include finding rental housing and getting it set up for the family; finding employment; meeting the education needs of the family; applying for social services; and getting medical care. Watch for future e-mails and stories in the monthly newsletter.

Donna Ironside



We were saddened to learn of the passing of past member, Donna Ironside from Monticello in April, 2022. She and her husband, Joe, traveled with our club on a journey to New Zealand and hosted ambassadors from Japan. They enjoyed sharing the experiences of living in Iowa.

Outing to Rochester Cemetery May 3

Hello lovers of pastries, hiking, wildflowers and history! We have something to please you all. **At 10:00 Tuesday, May 3 we plan to meet at Tiffany's Tipton Bakery, 405 Cedar St, Tipton.** After choosing some treats we'll drive as a group to Rochester Cemetery and meet our guide for the day at 11:00. Our guide, Jacie, lives nearby and is a member of Friends of Rochester Cemetery. We hope to learn some of the local history and see some wildflowers there. Afterwards we have the option of returning to Tipton for lunch and visiting local attractions such as the Grant Wood art collection at the Carnegie Library, Cedar County Historical Museum and Prairie Village, Cedar County Jail built in 1892.



Please remember to wear boots or shoes suitable for hiking and bring water, insect repellent and a free will donation dedicated to the maintenance of Rochester Cemetery.

Host Application and Agreement

Home Hosting is a wonderful experience. Some of the most enriching times are when you are at home visiting with your guests. If you have never done it before, don't worry we will guide and support you. You do not have to do everything. I highly recommend giving it a try.

UPDATING FILES –Even if you have hosted before we need you to refill out a home hosting form. We are updating our files. Below is a link to the form.

https://www.thefriendshipforce.org/wp-content/uploads/2018/11/HOST_APPLICATION_and_agreement.pdf

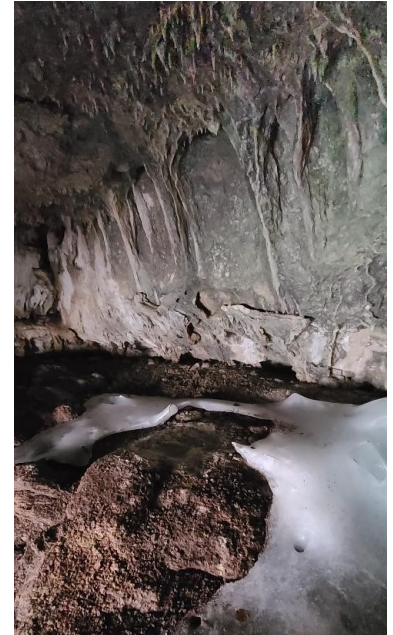
Return to Judy Frascht-Miner jjbm526@aol.com

Club Hiking Outing

April 11 several members of the CR/IC FF club meet in Cascade IA for a picnic lunch before a hike through Lost Canyon in the Whitewater Canyon Wildlife Area. We were led on the hike by Michele K. Olson who is an Interpretive Naturalist with Jones County Conservation.



To the right is the ice cave where we were able to see stalactites/stalagmites being formed and snow. Below are some of the early spring flowers.



On one of the stops, Michele showed us some artifacts from when native people inhabited the area. Below is a piece of pottery.



To the right is an erosion dam built in the 1930's by the CCC to preserve the farm land above Lost Canyon. We ended the day with refreshments at the "Two Gingers Tavern and Eatery"

We had a beautiful day and everyone enjoyed the outing. Our next hike will be to **Rochester Cemetery on May 3** to look for wildflowers. More detail will be sent out in an email. **We are planning a stop at Tiffany's Tipton Bakery!!!**

LIMA PERU COMING AUGUST 16-22

Lima, Peru is coming for an inbound journey, **August 16th through the 22nd**. This is a wonderful way to become involved. **A visit to the Iowa State Fair that is open to all members** will be part of their visit. Patty Potter and Audrey Bradford are our Ambassador Hosts. It takes a community to have a successful journey. There are many ways to contribute big and small: be a home host or day host at an activity, help put together welcome bags, plan and contribute to Welcome and Farewell events, provide transportation, host a small dinner party, or come out to an activity and meet our new friends.



Contact:

Patty at pattyspotter1001@gmail.com 319-551-5179

Audrey at audrey.b@mchsi.com 319-365-5746

HOSTING SARASOTA OCT 17-22

The **Sarasota, Florida** club will be visiting us **October 17-22, 2022**. It will be a 5 day visit. **Larry Nelson** is the Ambassador Coordinator and chair of the planning committee for their visit. Other committee members are Carol Malichky, Shirley Rosencrans, and Barb & Jim Steggall. Again there will be many ways to be involved like **home hosting, day hosting, hosting a small dinner party, etc.** Becoming involved with journeys is very enriching. Please let Larry or myself know how you would like to be involved. Contact Larry Nelson, mrlwnelson@gmail.com or Judy Frascht-Miner, jjbm526@aol.com or 319-540-1701.



Information From FF International

Your patience, understanding and assistance to FFI is more important than every. Currently, FFI is operating with 3 full time staff members, Jeremi Snook, Allison Lindsey and Dana Jackson, plus 8 part time staff working from 8 to 20 hours per week. Go to the FFI website:

<https://www.thefriendshipforce.org/myfff> to view the staff members and their respective areas of responsibility, should you need to contact FFI.

World Conference – *The next World Conference will be in 2023.* Several locations are currently being considered. The actual month and dates will partly depend on the location selected.

State Fair with Lima Peru

MARK YOUR CALENDARS - Our club is planning a bus trip to the Iowa State Fair for Thursday August 18. This will coincide with Lima Peru's visit here.

The logo for the Iowa State Fair, featuring the words "Iowa State Fair" in white text on a red background.

Be watching for a sign up genius regarding this in the near future. This may be a good time to invite friends and family to join in the fun.

All Iowa Picnic June 25, 2022

All Iowa FF Clubs' Picnic: Iowa Strong!



- ★ Quad Cities
- ★ Cedar Rapids/Iowa City
- ★ Central Iowa (Ames)
- ★ Greater Des Moines

Date: Saturday, June 25, 2022

Location: Duck Creek Park, Shelter #2

3300 E Locust St, Davenport, IA 52803

From Locust St, turn right on Marlo Ave. into Duck Creek Park. When the road goes straight or left, go left and follow that road to the shelter. Park in designated spots, not on the grass.



Agenda:

11:00 am to 11:45 am	(optional walk along the bike path)
11:45 am to 12:00 pm	Register at Shelter
12:00 pm to 1:00 pm	Eat!! (Chick Filet deluxe box lunch)
1:00 pm to 3:00 pm	*Presidents' reports
	*Networking time
	*Fun!!

Cut off +
enclose
with
payment

Questions: Contact Barb Jacobsen 5majbaj@gmail.com / 563-320-2764

Deadline: Wednesday, June 15, 2022!!

Name(s): _____ **Club:** _____

Email: _____ **Phone:** _____

Make checks payable to: **FFQC** in memo line write: **All Iowa Picnic**

Mail to: FFQC, PO Box 504, Bettendorf, Iowa 52722

Cost: \$16/person **Amount enclosed:** \$ _____



Indicate # of: Meat option ☐ or Vegetarian option ☐

Journey Calendar by Judy Frascht-Miner

Safe/Fun Traveling in 2022. Remember, up to date vaccinations and boosting are required for our journeys.

ALBUQUERQUE - Just home from a Fabulous journey!!! Watch for next months newsletter article.

MAY 18-21- IOWA ADVENTURE Our trip to the Orange City Tulip Festival is full. If interested in being on the waiting list contact Shirley Rosencrans sarosencrans@yahoo.com 319-462-4132.

AUGUST 16th—22nd - LIMA, PERU is coming to visit us as part of their Chicago Journey. A club trip to the Iowa State Fair will be part of this journey.



JULY/AUGUST 2022 TBA- QUAD CITIES FOR BASEBALL



SEPTEMBER 21ST-26TH 2022- Outbound Journey to **DALLAS, TEXAS.** It is time to sign up. It is almost full. If you are interested contact Mary Stull mcdstull@aol.com 319-393-6254.

OCTOBER16-21, 2022 - SARAOTA, FLORIDA - They are coming to Cedar Rapids/Iowa City October 16 – 21, 2022. Larry Nelson is the Ambassador Coordinator. If you are interested in helping in any way let Larry or myself know. It is always enriching to be involved with our visitors. Larry Nelson [mrlwnel-](mailto:mrlwnel@cedar-rapids.org)



son@gmail.com / 319-362-8078 or Judy FraschtMiner jibm526@aol.com /

To be Announced 2023– Three-week outbound journey to **Tamworth Australia, Adelaide Australia**; and **Tauranga Western Bay of Plenty, New Zealand**. They are starting to open up. We are in communication and pursuing options with them



I look forward to traveling with many of you soon!

OPEN WORLD RESPONSE FROM BRITTON HOLMES OF FRIENDSHIP FORCE

"Thank you again for submitting a proposal to host an Open World program in 2022. I'm excited to let you know that COIL has accepted your proposal for the Kosovo Sustainability for Civil Society Organizations Open World Program! The delegation will arrive in Washington DC on December 7th, 2022 and **then to Cedar Rapids from December 9-17.**"

The Open World committee will need day hosts, overnight hosts, educational programming assistance, dinner hosts, etc. If you are a part of any kind of social, civil, professional, community or church groups with events or job shadowing opportunities, please let us know. The delegation will contain an interpreter, a facilitator and 6 delegates. Please contact Connie Williams at 319-396-4747 or via email cmw1226@yahoo.com **Planning will begin soon.**



In 2018 our Club hosted an Open World group from **Ukraine**. **Tatiana, Michael, Natalia, Andrii, Ihor, and Kateryna** were here to observe our **election process**. We are hoping and praying that they remain safe.



2021 Cedar Rapids—Iowa City Club Board Members

President

Connie Williams 319-396-4747 cmw1226@yahoo.com

Past President

Jerry Burke 563-929-0190 jbcburke@yahoo.com

President-Elect

Patty Potter pattyspotter1001@gmail.com

Treasurer

Christine Allen 319-330-3536 callenivy@gmail.com

Secretary

Marilyn Benge 319-540-2114 lbenge@southslope.net

Journey Coordinator

Judy Frascht-Miner 319-540-1701 jjbm526@aol.com

Activities Coordinator

Shirley Rosencrans 319-462-4132 sarosencrans@yahoo.com

Communications

Mary Stull 319-393-6254 mcdstull@aol.com

Membership

Carol Burke 563-929-6067 jbcburke@yahoo.com

Directors at Large

Carol Malichky 319-330-1793 carolmalichky@gmail.com

Jean Thomas 319-830-5092 jeanthomas521@gmail.com