



friendship force
CEDAR RAPIDS -
IOWA CITY

FROM THE CEDAR RAPIDS – IOWA CITY FRIENDSHIP FORCE CLUB

www.friendshipforcecr-ic.org

Follow us on Facebook: Cedar Rapids-Iowa City
Friendship Force

June 2022

CALENDAR OF EVENTS

June 12 12:30PM	Gen Meeting Cen- tral Park
June 25	All IA Picnic
Aug 16-22	Peru Incoming Journey
August 18,	Club Trip to
Sept 21-27	Out Bound Jour- ney to Dallas TX
Oct 17-22	In Bound Journey
Dec 9-17	Open World
2023	World Conference
2023	Outgoing to New Zealand and Aus-
2023	Incoming from Edmonton, CA

PRESIDENT'S MESSAGE

A short message to all. Friendship Force is needed more than ever. We are goodwill ambassadors to the world, representing Iowa and the USA. In the eyes of the world, what do they see in the US? We are mourning the loss of innocent life.

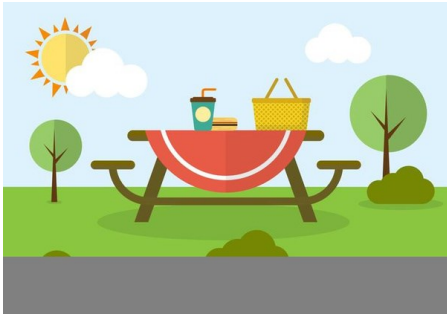
My thoughts? Vote for good people with a world view at every level. Welcome others, whether they are FFI ambassadors here for a week or immigrants looking for a better life. Cause good trouble. Prayers without action is just noise.

Connie Williams 2022 Club President

News from Canada: If you have friends in Eastern Canada, you might want to see how they are doing. On May 21, a derecho struck the cities of London, Kitchener, Toronto, Ottawa, Montreal and Quebec City, with winds in excess of 80 mph. Although the winds were not as strong as our August 2020 derecho, 41% of the population is in this area and 10 people were killed on that holiday weekend.

Ian Wilson of Ottuwa FFI reported that power is not yet restored to everyone and the streets are not yet easily passable. Ian traveled with our club to Taiwan in 2019 and visited us with the New Mexico club.

General Meeting June 12



It's a picnic in the park. Join us for a summer potluck at Jones County Central Park. 12515 Central Park Road, Center Junction, IA It's a hidden gem. Gather at 12:30 pm for a 1 pm potluck. Pulled pork sandwiches, water and lemonade, and table service will be provided. **Please bring a dish (serving 12-**

15) to share. Picnic tables are available. Bring lawn chairs, if you would like.

Speaker will be Kenan Kantarevic who will share his story of coming from Bosnia to Mt. Mercy University and settling into life in Eastern Iowa.

Also, learn more about club hosting and travel events this year and the status of our Afghan sponsor circle. For all you hikers, we are planning a short hike after the meeting.

Directions to park Jones County Central Park, 12515 Central Park Road, Center Junction, IA 52212: Hwy 151N to Anamosa; Turn right onto Hwy 64E toward Maquoketa/Wyoming; Turn left onto county road X44 Amber Road; Turn right onto county road E29 for 2-3 miles; Turn left onto Central Park Road; Follow road into the park to the left. The pavilion will be on your right. All roads are hard surface roads.



Club Trivia June 3

Club Trivia is still happening. The next zoom gathering will be Friday May 3rd at 7:00 pm.

If you want to join in on the fun contact :

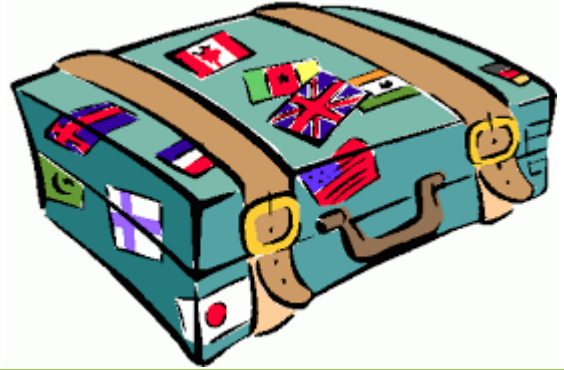
Audrey audrey.b@mchsi.com, or George ghsjr@gmail.com.



It's A Match!!!!

We have just received our 2023 journey assignments. Our outbound journey assignment is **Tauranga Western Bay of Plenty, New Zealand and Tamworth and Adelaide, Australia** and our inbound assignment is **Edmonton, Canada to Cedar Rapids/Iowa City and Oklahoma City.**

More information will be coming.



Volunteer for the Freedom Festival



The CR/IC FF Club will be volunteering at the Freedom Festival again this year. President Elect Patty Potter will be leading the clubs participation. Details about what events we will varied. Please join in the fun. It is a great way to help out our community, have some fun and make a few dollars for the club. Contact Patty Potter:

pattyspotter1001@gmail.com

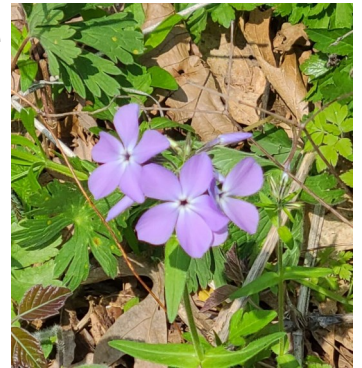
Afghan Resettlement Sponsor Circle

The Friendship Cedar Rapids Sponsor Circle has been accepted into the sponsor circle program. There are still Afghan families that are waiting to be matched with a sponsor circle. We expect to hear more around the first of June. A few activities will include finding rental housing and getting it set up for the family; finding employment; meeting the education needs of the family; applying for social services; and getting medical care. Watch for future e-mails and stories in the monthly newsletter.

Hike Outing to Rochester Cemetery May 3



On May 3 around 10 members of the CR/IC FF Club met at Tiffany's Tipton Bakery to enjoy some tasty delights before we headed to explore the Rochester Cemetery. Our guide, Jacie, lives nearby and is a member of Friends of Rochester Cemetery.



She was a wealth of knowledge and explained the history of this old prairie cemetery. There were many spring flowers in bloom.



After our hike, we had lunch followed by options of touring several historic properties in Tipton. One was their Carnegie library. Besides being beautifully maintained, this library houses 17 lithographs and two oils by Grant Wood. They were donated by Roger

Leech, who spent many hours in Tipton's library and went on to a law career in Chicago.



Orange City Tulip Festival Bus Trip

A group of 21 club members and friends set off on a 3 day bus trip to NW IA on May 18. Shirley Rosencranz and Esther Hudson planned a fun and interesting excursion. On Wednesday we toured the CJ Bio America in Fort Dodge. We donned our hard hats, eye and ear protection to explore the plant that uses by-products from the adjacent Cargill plant to make



amino acids for feed and food. Our next stop was the Sanford Museum and Planetarium in Cherokee. We enjoyed gazing at the stars and viewing the exhibits. If you have a chance this free attraction is worth the stop. We ended the day with a stop at the Wells Blue Bunny Museum and Ice Cream Parlor.



Thursday was the Tulip Festival in Orange City. The streets needed to be Dutch Cleaned before the Parade started. Shirley got us front row seats in the shade.



That evening we went to see Mama Mia and a couple of the stars visited us on the bus after the show.



On Friday we visited the Lewis and Clark Museum and Trinity Heights Queen of Peace Shrine in Sioux City.



We had a wine tasting and tour of Santa Maria Vineyard and Winery in Carroll before having dinner at Hickory Park in Ames.



A big Thank You to Shirley and Ester for scouting and planning this wonderfully organized trip.



New Mexico Journey

The Albuquerque, New Mexico, FF Club knows how to show guests a good time.

Our FF club visited Albuquerque from April 24-29. The journey got off to a great start with a welcome dinner in John Farris's home that featured beautiful views of the Sandia Mountains.



The host club didn't waste any time with activities. On Monday, April 25, the Iowa visitors were treated to a demonstration of pottery making by visiting talented artist Emma Yeppa in the Jemez Pueblo. Emma's family provided a delicious family style feast.

After the meal, the Iowans and their hosts made their way to the Sandia Peak Tramway. It only took the tram about 15 minutes to whisk us up to the 10,378-foot peak. The scenery during the ride was breathtaking. Once at the peak, the tram riders had the choice of enjoying the view on the deck with a beverage of their choice or take off for a short hike.



On Tuesday, CR/IA City club members took a trolley tour around and through Albuquerque followed by a walking tour of Old Town with its historic buildings and alleys that brimmed with shops of all kinds.



Local club members and a few day hosts boarded the Railrunner train on Wednesday for a one-hour trip to Santa Fe. The visitors hopped off the train and jumped back on a trolley for a ride around New Mexico's capital city. After the trolley trip, the visitors were treated to a tour of the impressive La Fonda Hotel that dripped with art, historic

decorations and offered a gorgeous roof-top view of Santa Fe's market square.



On Thursday, the group headed to the Petroglyph National Monument. Before we headed



out to see the rock art,



journey leader Judy Frascht-Miner presented a check from our local club in honor of the Albq. club. A park ranger accepted it on behalf of the U.S. Park Service.

Everyone, who was up to a decent hike, got to see the amazing, ancient petroglyph art carved into rocks by Native Americans hundreds or perhaps thousands of years ago.



On Friday, we divided into smaller groups and attended the "Gathering of Nations". It was overwhelmingly beautiful. We were fortunate to get seats where we could watch families



preparing for the grand march. It was touching to see a father braiding his daughters hair and donning their regalia. There were 5 or 6



drum circles on each side of the arena. Each one preformed before the Grand March. Yes, one was from Iowa. After all the participants had marched in, the entire arena was full of wonderful music, dancing and color.



Thank you to Lenore Pardee, the New Mexico Ambassador Host, all of our home hosts, day hosts, dinner



hosts and the entire Albuquerque club for planning such a wonderful experience for us.



LIMA PERU COMING AUGUST 16-22

Lima, Peru is coming for an inbound journey, **August 16th through the 22nd**. This is a wonderful way to become involved. **A visit to the Iowa State Fair that is open to all members** will be part of their visit. Patty Potter and Audrey Bradford are our Ambassador Hosts. It takes a community to have a successful journey. There are many ways to contribute big and small: be a home host or day host at an activity, help put together welcome bags, plan and contribute to Welcome and Farewell events, provide transportation, host a small dinner party, or come out to an activity and meet our new friends.



Contact:

Patty at pattyspotter1001@gmail.com 319-551-5179

Audrey at audrey.b@mchsi.com 319-365-5746

HOSTING SARASOTA OCT 17-22

The **Sarasota, Florida** club will be visiting us **October 17-22, 2022**. It will be a 5 day visit. **Larry Nelson** is the Ambassador Coordinator and chair of the planning committee for their visit. Other committee members are Carol Malichky, Shirley Rosencrans, and Barb & Jim Steggall. Again there will be many ways to be involved like **home hosting, day hosting, hosting a small dinner party, etc.** Becoming involved with journeys is very enriching. Please let Larry or myself know how you would like to be involved. Contact Larry Nelson, mrlwnelson@gmail.com or Judy Frascht-Miner, jjbm526@aol.com or 319-540-1701.



All Iowa Picnic June 25, 2022

All Iowa FF Clubs' Picnic: Iowa Strong!



- ★ Quad Cities
- ★ Cedar Rapids/Iowa City
- ★ Central Iowa (Ames)
- ★ Greater Des Moines

Date: Saturday, June 25, 2022

Location: Duck Creek Park, Shelter #2

3300 E Locust St, Davenport, IA 52803

From Locust St, turn right on Marlo Ave. into Duck Creek Park. When the road goes straight or left, go left and follow that road to the shelter. Park in designated spots, not on the grass.



Agenda:

11:00 am to 11:45 am	(optional walk along the bike path)
11:45 am to 12:00 pm	Register at Shelter
12:00 pm to 1:00 pm	Eat!! (Chick Filet deluxe box lunch)
1:00 pm to 3:00 pm	*Presidents' reports
	*Networking time
	*Fun!!

Cut off +
enclose
with
payment

Questions: Contact Barb Jacobsen 5majbaj@gmail.com / 563-320-2764

Deadline: Wednesday, June 15, 2022!!

Name(s): _____ **Club:** _____

Email: _____ **Phone:** _____

Make checks payable to: **FFQC** in memo line write: **All Iowa Picnic**

Mail to: FFQC, PO Box 504, Bettendorf, Iowa 52722

Cost: \$16/person **Amount enclosed:** \$ _____



Indicate # of: Meat option ☐ or Vegetarian option ☐

Journey Calendar by Judy Frascht-Miner

Safe/Fun Traveling in 2022 and 2023. Remember, up to date vaccinations and boosting are required for our journeys.

AUGUST 16th—22nd - LIMA, PERU is coming to visit us as part of their Chicago Journey. A club trip to the Iowa State Fair will be part of this journey. If you want to help with preparations contact : Audrey Bradford Audrey.b@mchsi.com and Patty Potter pattyspotter1001@gmail.com



SEPTEMBER 21ST-26TH 2022- Outbound Journey to **DALLAS, TEXAS.** It is time to sign up. It is almost full. If you are interested contact Mary Stull mcdstull@aol.com 319-393-6254.



OCTOBER 16-21, 2022 - SARAOTA, FLORIDA -

They are coming to Cedar Rapids/Iowa City October 16 -21, 2022. Larry Nelson is the Ambassador Coordinator. If you are interested in helping in any way let Larry or myself know. It is always enriching to be involved with our visi-

tors. Larry Nelson mrlwnelson@gmail.com / 319-362-8078 or Judy FraschtMiner jjbm526@aol.com / 319-540-1701.



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2023 Matches have been made- Three

week outbound journey to **Tamworth Australia,** **Adelaide Australia;** and **Tauranga Western Bay of Plenty, New Zealand.** Our inbound assignment is **Edmonton, Canada.** We are in communication and starting the planning process We are fortunate to have these assignments since not all clubs are back to normal.



I look forward to traveling with many of you soon!

2021 Cedar Rapids—Iowa City Club Board Members

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