



friendship force
CEDAR RAPIDS -
IOWA CITY

FROM THE CEDAR RAPIDS – IOWA CITY FRIENDSHIP FORCE CLUB

www.friendshipforcecr-ic.org

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Friendship Force

July 2022

CALENDAR OF EVENTS

- | | |
|-------------------|--|
| July 15 | Club Zoom |
| 7:00PM | Trivia |
| July 20 | LEO at Kula's in |
| 5:00PM | Walker, IA |
| Aug 16-22 | Peru Incoming Journey |
| August 18, | Club Trip to |
| | Iowa State Fair |
| Sept 21-27 | Out Bound Journey to Dallas TX |
| Oct 17-22 | In Bound Journey from Sarasota, FL |
| Dec 9-17 | Open World |
| 2023 | World Conference |
| 2023 | Outgoing to New Zealand and Australia |
| 2023 | Incoming from Edmonton, CA |
| 2023 | Incoming from Taipei, Taiwan |

PRESIDENT'S MESSAGE

Hi all!

We're straight into summer, with graduations, weddings, reunions, hot & humid weather, picnics, hosting and travel! It was great to see you all at Central Park, Jones County, on Sunday, June 12th and a fair representation of our club at the All Iowa Picnic on June 25th. Sign up for the Freedom Festival time slots has been filled, and hosting opportunities, day hosts & dinner hosts, are still available for our Peru ambassadors in mid-August. Don't forget to include family and neighbors if you are an ambassador host. It's fun to include Spanish speaking friends, including high school students, to spend time with our Peru guests. We'll all have an opportunity to improve our vocabulary, recruit new members and enjoy our time with others in Friendship Force. This journey will include a FF member from Albuquerque, Lenore. Lenore has been to Cedar Rapids before, hosted us in Albuquerque and had lived in Peru as a young girl. Can you imagine the fun it will be to take our guests to the Iowa State Fair on August 18th? Block that date on your calendar, join in the fun & sign up soon.

A WORLD OF FRIENDS IS A WORLD OF PEACE!

Connie Williams 2022 Club President

LEO July 20 Kula's Bar & Grill

Come join your Cedar Rapids/Iowa City Friendship Force friends for a LEO (lets eat out). We will be gathering at Kula's Bar and Grill at 114 Green St, Walker, IA at 5:00PM. They will be serving homemade pizza, broasted chicken, burgers and lots of specialties from the smoker. Enjoy a beverage from the bar while sitting on the patio.



Look for the Signup Genius to be coming shortly.



Afghan Resettlement Sponsor Circle

The Friendship Cedar Rapids Sponsor Circle has been accepted into the Afghan sponsor circle program. Each Friday, we get an update on the number of recent matches and the number of Afghan families that are still waiting to be matched with a sponsor circle. Watch for future e-mails and stories in the monthly newsletter.

When we get matched we will be reaching out to club members for help with finding rental housing and getting it set up for the family; finding employment; meeting the education needs of the family; applying for social services; and getting medical care.

General Meeting June 12

Around 25 members were able to gather at Jones County Central Park on a warm Sunday afternoon for a picnic general Meeting. We enjoyed pulled pork sandwiches, a wide verity of



salids and tasty deserts. Unfortunately our guest speaker was unable to attend because of a sudden family emergency. We did have a short business meeting where we heard about our upcoming journeys, volunteering for the Cedar Rapids Freedom Festival and our Afghan Resettlement Sponsor Circle. Everyone enjoyed being able to catch up, as it had been close to 2 years since



we were last able to have an in person general meeting. Afterwards about 10-12 members took a short hike around the Park.

Club Trivia July 15

Club Trivia is still happening. The next zoom gathering will be Friday July 15 at 7:00 pm. If you want to join in on the fun contact :

Audrey audrey.b@mchsi.com, or George ghsjr@gmail.com.



Lets Go to the Iowa State Fair



Mark your calendar now for **August 18** for the Iowa State Fair! Avoid the traffic, the parking, and the driving, PLUS finding your car in the pasture sized parking lot! You can see the latest ideas in Iowa,

the produce, baby animal barn, butter cow, lots of entertainment stages and eat almost anything on a stick!

We have rented a bus for a one day trip with the guests from Lima Peru. We'll leave from the parking lot near Sam's and be home that evening. It's a big bus so invite your friends and family until we're full. Just remind anyone in the group that we all follow the Friendship Force regulations for Covid vaccinations, symptoms and exposure.

***Fair tickets will be \$9 and the Bus fare will be around \$25.**

There will be a Sign-up Genius soon to reserve your seat, in the meantime call or email Patty Potter pattyspotter1001@gmail.com, 319-551-5179 to be sure you're included.

2023 Incoming Journey from Taipei Taiwan

It was a wonderful surprise to find out Taipei, Taiwan requested to visit us in 2023. We have just started to connect about this. Many of us visited them in 2017. If you traveled to Taipei, you may want to contact your hosts and let them know we would love for them to join the journey.



Jerry & Carol Burke's Spokane Journey



Jerry & Carol Burke recently joined the Western North Carolina club on a journey to the Spokane Washington FF Club. Because our club journeyed to Western North Carolina last fall, our hosts asked us to join them on this journey. It was a great experience to go with another club. We met many of their members who we did not see when we visited North Carolina because of covid precautions. Thirty some Spokane members welcomed us with a delicious BBQ dinner. We were first time

guests of new members Joe and Rachael Brabeck of the Spokane club. Activities enjoyed in Spokane included a hike in Riverside State Park, a walking tour of Gonzaga University, a tour of a silver mine in Wallace, Utah, a walking tour of downtown Spokane to see Spokane Falls and the Riverfront Park and renovated Fox theatre. Our hosts took us to see the Grand Coulee Dam, the largest US Dam on the Columbia River that produces hydroelectric power and provides irrigation water.



Remember you can always join other clubs on journeys if they have room for additional members. Many of them are listed on the FFI Website.



LIMA PERU COMING AUGUST 16-22

Lima, Peru is coming for an inbound journey, **August 16th through the 22nd**. This is a wonderful way to become involved. **A visit to the Iowa State Fair that is open to all members** will be part of their visit. Patty Potter and Audrey Bradford are our Ambassador Hosts. It takes a community to have a successful journey. There are many ways to contribute big and small: be a home host or day host at an activity, help put together welcome bags, plan and contribute to Welcome and Farewell events, provide transportation, host a small dinner party, or come out to an activity and meet our new friends.



Contact:

Patty at pattyspotter1001@gmail.com 319-551-5179

Audrey at audrey.b@mchsi.com 319-365-5746

HOSTING SARASOTA OCT 17-22

Do you have Friendship Force Friends you have met on previous travels, that you would enjoy having a visit from. Ask them to join our incoming journey from Sarasota. The highlight will be the beautiful fall colors.



The **Sarasota, Florida** club will be visiting us **October 17-22, 2022**. It will be a 5 day visit. **Larry Nelson** is the Ambassador Coordinator and chair of the planning committee for their visit. **Itinerary** will include a tour of CR, Historic Kalona and the Malicky farm, A Dubuque day including winery and stone city general store, Kinz Manufacturing, and Amana colonies. Please let Larry or myself know if you know anyone who would like to join this journey to Cedar Rapids/Iowa City. Contact Larry Nelson, mrlwnelson@gmail.com or Judy Frascht-Miner, jjbm526@aol.com or 319-540-1701.



Journey Calendar by Judy Frascht-Miner

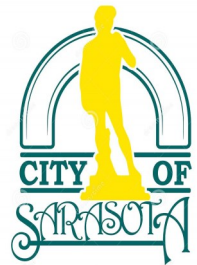
Safe/Fun Traveling in 2022 and 2023. Remember, up to date vaccinations and boosting are required for our journeys.

AUGUST 16th—22nd - LIMA, PERU is coming to visit us as part of their Chicago Journey. A club trip to the Iowa State Fair will be part of this journey. If you want to help with preparations contact : Audrey Bradford Audrey.b@mchsi.com and Patty Potter pattyspotter1001@gmail.com



SEPTEMBER 21ST-26TH 2022- Outbound Journey to **DALLAS, TEXAS**. It is full. If you are interested in being on a waiting list contact MaryStull mcdstull@aol.com 319-393-6254

OCTOBER 16-21, 2022 - SARAOTA, FLORIDA - They are coming to Cedar Rapids/Iowa City October 16 –21, 2022. Larry Nelson is the Ambassador Coordinator. If you are interested in helping in any way let Larry or myself know. It is always enriching to be involved with our visitors. Larry Nelson mrlwnelson@gmail.com / 319-362-8078 or Judy Frascht-Miner jjbm526@aol.com / 319-540-1701.



2023 Matches have been made– Three week outbound journey to **Tamworth Australia, Adelaide Australia**; and **Tauranga Western Bay of Plenty, New Zealand**. Our inbound assignment is **Edmonton, Canada**.



NEWS FLASH—We have just been matched with **Taipei, Taiwan**. They will be visiting here in 2023!!!

I look forward to traveling with many of you soon!

2021 Cedar Rapids—Iowa City Club Board Members

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