



friendship force
CEDAR RAPIDS-IOWA CITY

**CEDAR RAPIDS-IOWA CITY
FRIENDSHIP FORCE CLUB**

www.friendshipforcecr-ic.org

Follow us on Facebook:
Cedar Rapids- Iowa City Friendship Force

April 2023

Calendar of Events

April 14 7:00 PM	Club Zoom Trivia
March/April 2023	Outgoing to New Zealand and Australia
June 27-July 4 2023	Incoming from Taipei, Taiwan
Oct 15-22 2023	Incoming from Edmonton, CA
Oct 2-5 2023	World Conference Dubrovnik, Croatia
Dec 2-9 2023	Open World

President's Message

April is here, maybe spring is just around the corner! Even without warm temperatures, we had a group of 10 or so members participate in a hike around Iowa City. We went to the Stanley Museum of Art, which is free, and walked to Hancher and along the river. Ended up at Encounter Cafe, which is run by Mennonites and all proceeds are donated to charity. Food was very good...but a long wait for it! We have several members in Australia and New Zealand and from pictures I am seeing, they are having a great time. Sure wish I could have gone. Coming up in June we have a group from Taiwan coming for a journey. If you want to participate in this, contact Connie to sign up and volunteer. Do you have big travel plans for spring and summer? Whatever they are I hope they involve a lot of friendship!

Patty Potter 2022 Club President



CR/IC FF Club hike Around IowaCity



On a brisk Saturday morning 10 members of the Cedar Rapids / Iowa City Friendship Force Club met at The Stanley Art Museum on the University of Iowa campus. We toured the museum for about an hour with a great docent. It is a wonderful art museum and is free to the public.

After the tour we bundled up and hiked by the Iowa River to a sculpture in front of Hancher Auditorium. Then back to Downtown to view some of the many murals that decorate the building. We topped off the day with lunch at the Encounter Café.



Thank you to **Christine Allen** for putting together this fun day.

Senior College at University of Iowa

The mission of Senior College is to provide high-quality educational opportunities for seniors. Courses cover a wide variety of topics in the humanities, sciences, and the arts and are taught by emeritus and current University of Iowa faculty members and others. Gayle Bray from our club and Nancy Williams are on the committee that make this happen. Please check out the website listed below to see if there are any classes that you might like to attend.

<https://www.foriowa.org/senior-college/>

Edmonton and Area Club of Canada October 16-23, 2023

The Edmonton and Area Club of Canada will be visiting us in October. **Jim and Barb Steggall** will be Host Coordinators. If you are interested in helping on the planning committee, home hosting, day hosting, or dinner hosting please contact Jim at steggall.jim@gmail.com or Barb at bjsteggall@gmail.com.



*Please join in the fun in preparation for our
Friends from up north!!!!!!*

Preview of Australia & New Zealand



Here are a few pictures from our club's Australia and New Zealand Journey. There will be a full article in the May Newsletter.

Dolores Kaiden



Dolores Kaiden, president of our club in 1991, passed away recently. For many years, she was very active in Friendship Force leadership, including leading journeys – incoming and outgoing, hosting and traveling with the club. She was a music teacher for Benton Community School and shared her talents at club activities. She was instrumental in the success of the club during its early years.

Taipei Taiwan is coming June 27

Our friends from Taipei, Taiwan will arrive in Cedar Rapids on June 27, after a week with the Twin Cities Friendship Force Club. Please join in the fun, look for events to be posted in the newsletter. If you are interested in hosting, contact Judy Frascht-Miner at jibm526@aol.com or Connie Williams at cmw1226@yahoo.com. We will need overnight hosts, day hosts and home dinner hosts. Thanks to all who make this journey a success!



Our club's welcome in Taipei on 2017 Journey

*Check the May Newsletter for the full
schedule for this Journey.*

Club Zoom Trivia

The next Club Trivia zoom gathering will be **Friday, April 14 at 7:00 pm**. If you want to join in on the fun contact or watch for the email with the link, and jump on:



Audrey audrey.b@mchsi.com, or Judy jibm526@aol.com

Journey Calendar by Judy Frascht-Miner

SPRING IS JUST AROUND THE CORNER!!!! There are many things happening in 2023. I encourage you to get involved in our journey's even if in a small way. There are so many ways to be involved. I will use my favorite word for Friendship Force "ENRICHING". Don't wait to be asked, contact me and discuss options: Judy Frascht-Miner jjbm526@aol.com 319-540-1701

Vaccinations are required for traveling and hosting

March/April 2023 -Tamworth Australia, Adelaide Australia; and **Tauranga Western Bay of Plenty, New Zealand.** 15 travelers left **March 14**, 2023 for Adelaide and Tamworth Australia. They are just progressing to Tauranga, New Zealand at this time.

JUNE 27th- JULY 4th, 2023—TAIPEI, TAIWAN will be visiting for an inbound. It appears there will be approximately 19 ambassadors coming. **Connie Williams** has volunteered to be the Host Ambassador. We need many volunteers. There are several of you that traveled with us to Taiwan a few years ago. What a great committee to be on. If you want to be involved with the committee contact Connie Williams cmw1226@yahoo.com 319-396-4747.

OCTOBER 16th-23nd, 2023 -EDMONTON, CANADA will be visiting us. **Jim and Barb Steggall** will be our Host Coordinators. They are looking for people to be on the planning committee. Other ways to be involved are in-home hosting, dinner hosts, or day hosts. No one does this alone and it's a wonderful experience. Contact Jim & Barb Steggall bjsteggall@mchsi.com or Judy Frascht-Miner, jjbm526@aol.com 319-540-1701 if interested.

DECEMBER 1-9, 2023 - Open World with KOSOVO. Yes, a different group from Kosovo will be coming again in December. If you would like to be involved contact Connie Williams cmw1226@yahoo.com

I look forward to traveling with many of you soon!

2022 Cedar Rapids/Iowa City FF Officers

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