

CR\IC Friendship Force UPDATE

Jan. 3, 2007



Greetings from Your President, Dianne Karal

I'm so excited about all the events that are being planned for 2007!! Please check out the attached Calendar for events and dates. The first is a General Meeting which will be held **January 21 at the African-American Museum from 2-5PM, with a tour of the museum beginning at 2PM.** Of course, the topic of the day is Africa. This will be a great opportunity to bring friends and together learn more about the Dark Continent.

Each event in 2007 will have a topic or theme, so please pick the one(s) that most interest you, contact the Chairperson, Exchange Director or myself and lend a hand. There are lots of chances to volunteer, to help make each event special and to extend a hand of friendship.

2007 will be an exciting and busy year. We have seven wonderful opportunities to host or travel. It is too late for San Diego, if you didn't sign up, but check out the other six. Think about Atlanta, Japan, Seattle, Peru, Shelby and Russia. In one year, we can learn more about one or all of these neat places and meet, share ideas & cultures and make friends from around the world. Where else is continuing education so economical? *Don't keep FFI a secret -, share it with your friends!!*

Our club shirts were quite the hit at the Int'l Conference in Ireland. We sold all we took, 30 shirts, even George Brown bought one! For those who have already purchased shirts, please plan to wear them to our events: meetings, L.E.O.s, traveling on exchanges, etc. And for those who do not yet have a club shirt, contact Vic Klopfenstein @ 377-5502, they are \$20.00 each.

I want to thank our Past President, Vic Klopfenstein, for his leadership, his humor and his friendship. I have big shoes to fill, and I will gladly accept help from everyone. We are off to a great start, and I want to ask each member of the club for their continuing support.

In friendship, Dianne

January 21 General Meeting Mark Your Calendar - R.S.V.P. Necessary!

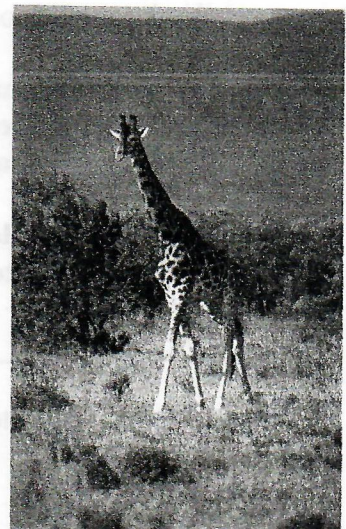
Are you interested in learning about Africa, its beauty, culture, people & wildlife? Come see pictures and hear about Mike & Dianne's experience in Southern Africa.

African American Historical Museum
55 12th Ave. SE
Sunday, January 21st, 2 – 5 p.m.
Cost \$5 (tour begins promptly at 2 p.m.)

Join us for a tour of the African American Historical Museum which will be followed by a business meeting and a dessert bar.

Please R.S.V.P. to Mike or Dianne at 319-378-0084 by Jan. 10
The museum needs a head count to ensure enough tour guides are available

Please bring a dessert to share!



Let's Eat Out (L.E.O.)

To Celebrate and learn more about the Chinese New year, the next L.E.O. will be held at **Pei's on 3287 6th Street SW** (near 33rd Ave & I-380) in Cedar Rapids. February 18th is the Chinese New Year and we will be there to celebrate! They will serve a "chop-chop" meal at the table for \$16.00 with a choice of beef, chicken or shrimp. The price includes hot tea - other beverages extra.

"Chop-Chop" means they prepare and serve the meal at the table (different than Japanese-style)

Please join us on February 18 – be seated by 5 p.m. to hear a brief talk about the Chinese New Year by Pei employees. Dinner will start serving at apx. 5:15 p.m. (If you are a board member, please arrive by 3 p.m. for a board meeting preceding dinner)

Reservations must be in by Feb. 1st to Steve Williams at 319-431-9825 or swill1234@msn.com

Bring along a Chinese friend!



Membership Dues

If you have not yet paid your dues for the calendar year 2007, they are now due. Please return the following to Richard Miller - 2011 Linmar Dr. NE Cedar Rapids, IA 52402. Please submit this by January 15 in order to receive all issues of the Friendship Magazine

Name(s) _____

Address (include both addresses if you winter south):

Phone: Home _____ Email _____
Work (only if you wish to be called at work) _____

Check one: Family Membership (\$35) _____ Individual Membership (\$26) _____

Note: Membership dues include the "Friendship" Magazine published by Friendship Force International in Atlanta on a bi-monthly basis.

If you would like to order a name badge for \$5.00 each, please write a separate check to cover cost of badges ordered payable to Friendship Force. Write your name as you would like it to appear below:

Name: _____ Name _____

Total # of badges requested: _____ X \$5.00 = _____ enclosed

Outgoing Domestic Exchange

THINK ABOUT FUN FILLED AND EXCITING TIMES SHELBY, NC EXCHANGE

July 28 or 29 to Aug. 3 or 4, 2007 (Proposed dates)

The following is a sample schedule used for their South Australian exchange:

- Day 1...Group activity: Met them in Asheville and did Folk Art Center on the Blue Ridge Parkway, Lunch on the grounds at Biltmore House, Toured Biltmore House, returned to Shelby for welcome dinner at Graggs.
- Day 2.Group Activity: Reception at Commissioners Chambers with Officials. Afternoon activities: local sites...Barbecue dinner at Sweezy's
- Day 3 - 4 -Weekend with Host families which took guest to Church & then either to: Grandfather's Mountain, Tour of Charlotte, Daniel Stowe Botanical Gardens, Kings Mountain Battle Ground & Living History Farm, Schiele Museum
- Day 5 -Group Activity: Lowe's Motor Speedway & Joe Gibbs Racing Shop. Evening - Cookout at member's home
- Day 6- Group Activity: Tour of BMW plant in Greenville, SC and boat tour of Lake Lure.
- Day 7 - Ambassadors leave

A list of other possible activities will be available at the January Meeting.

Plan to attend and learn more about this fun adventure or leisure time if you desire.

The following are estimates of travel costs (as of Dec. 18 '06) and do not include fees to FFI:

By flying: Leave July 29th return Aug. 3. CR to Charlotte NC \$258 plus fees = \$302
(There are 42 one stop flight choices)

By auto: 927 miles

By 15 passenger van: \$90 per day x 8 days = \$720. Unlimited mileage and an over night motel (\$60).

**THINK SMOKY MOUNTIANS, PULLED HICKORY SMOKED PORK MEALS
And FUN FUN FUN - Jim Nieman, Exchange Director, 396-5892**

Happy New Year From California!

We made it safe and sound and are making progress in turning the house into a home. We look forward to meeting the Friendship Force Members in the San Diego club and seeing some of our friends again from Cedar Rapids as they visit the San Diego FF next month. Our new contact information follows below, please look us up if you are in the area.

Greg and Sally Nelson - 13033 Pomard Way, Poway, CA 92064 phone: 858-716-9204

Calendar of Events, 2007

January 10th – RSVP due for general meeting on Jan. 21

January 21st, Sunday from 2-5 PM

General Meeting held at the African American Historical Museum, 55 12th Ave SE, Cedar Rapids, tour of the museum begins promptly at 2 PM

Chairpersons: Dianne Karal & Tressa Youngbear Topic: Africa



February 1st – 7 Outgoing Exchange to San Diego - Exchange Director: Mary Carson

February 1st – RSVP due for LEO on Feb. 18

February 18th, Sunday at 3 PM Board Meeting - Held at Pei's SW

February 18th, Sunday 5 PM LEO at Pei's SW, Chairperson: Steve Williams Topic: Chinese New Year

February 28th – March 3rd FFI's 30th Anniversary, Atlanta City tours and International Conference
 March 3rd – 7th Homestays following Conference

March 25th, Sunday World Friendship Day, Chairperson: Connie Williams

Topic: Celebrating FFI's 30th Birthday, Purpose: Fund raiser to support expansion of FFI around the world.

April 22nd, Sunday Board Meeting held at Beem's Auditorium, CR Public Library

April 22nd, Sunday General Meeting - Beem's Auditorium, CR Public Library

Chairperson: Vic Klopfenstein - Topic: Japan and information regarding Outgoing Exchange in October

May (Date TBA) Incoming Exchange from Seattle & General Meeting

Held in Coralville or Iowa City - Welcoming or Farewell Banquet, Exchange Director: Sally Fairchild

June (Date TBD) Social Event

July 15th, Sunday Board Meeting

July 15th, Sunday General Membership Picnic @ Lowe Park, Marion, Chairperson: Charlie Kress

July 28th – August 5th Outgoing Exchange to Shelby, N. Carolina, Exchange Director: Jim Nieman

August 12th, Sunday Tama Meskwakie Pow Wow Social Event

Camping available at the Pow Wow grounds Chairperson: Tressa Youngbear

September (Date TBD) Board Meeting held in conjunction with Peru Incoming Exchange & General Meeting, Exchange Director: Margaret Miller

Late Sept (20th-27th ?) Open World Leadership Exchange, Exchange Director & Topic TBD

First week of October LEO held in Coralville/Iowa City area, Chairperson and topic TBD

October 12th – 14th Midwest Festival in Dubuque

October 23rd – November 6th Outgoing Exchange to Japan , Exchange Director: Vic Klopfenstein

November 11th, Sunday Annual Meeting

Opportunities to Help:

Mary Carson, Club Historian, wishes to remind members to send her extra photographs you may have of exchanges or events for the club scrapbook.

We have an open position on the Board for a **New Member Mentor**. This person would assign mentors to new members in order to help keep them involved and interested.

Please call Dianne Karal if this interests you.

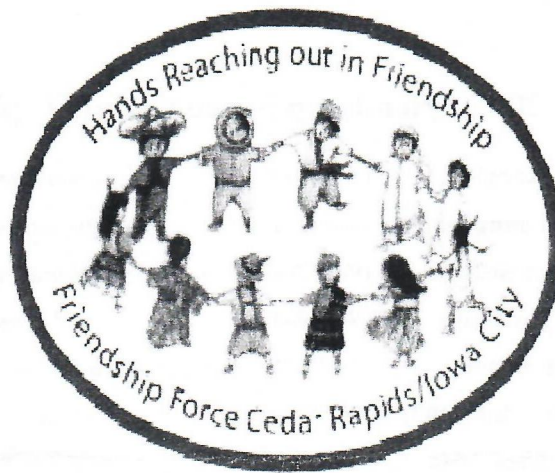


Board of Directors 2007 Friendship Force Cedar Rapids/Iowa City Area

<i>President:</i>	Dianne Karal	319-378-0084	toy4di@msn.com
<i>Co-Vice Presidents:</i>	Tressa Youngbear	641-484-5239	ityoungbear@iowatelecom.net
	Stephanie Schulte	319-377-3170	gschulte@mchsi.com
<i>Secretary:</i>	Darby Anderson	319-247-0773	darby.anderson@mchsi.com
<i>Treasurer:</i>	Winston Edson	319-393-8053	wdedson1@msn.com
<i>Director at Large:</i>	Sally Fairchild ('07)	319-377-8611	mifairhild@skyhighspeed.com
	Mary Lukas ('08)	319-337-3886	mlukas@aea10.k12.ia.us
<i>Past President:</i>	Victor Klopfenstein	319-377-5502	vpklopfenstein@msn.com
<i>Membership:</i>	Richard & Margaret Miller	319-364-2135	zrmam@juno.com
<i>Communications:</i>	Steve Williams	319-431-9825	swill1234@msn.com
<i>Exchange Directors:</i>	Mary Carson (San Diego)	319-366-4545	MCarson484@yahoo.com
	Sally Fairchild (Seattle)	See Above	
	Jim Nieman (N. Carolina)	319-396-5892	nieman.jim@mcleodusa.net
	Margaret Miller (Peru)	See Above	
	Victor Klopfenstein (Japan)	See Above	
<i>Past Exchange Directors:</i>	Phyllis Seidl	319-377-5619	seidlgerald@msn.com
	Mary Lukas	See Above	
	Steve Williams	See Above	
<i>Activities:</i>	Jill Rinkenberger	319-377-5077	kjrink@mchsi.com
	Margaret Nelson	319-393-1209	ronnmarg@aol.com
<i>Historian:</i>	Mary Carson	See Above	
<i>Newsletter:</i>	Sally Nelson (publ.)	858-716-9204	nelsmaddie@aol.com
	Frank & Mary Stull (distrib.)	319-393-6254	fpstull@aol.com

Jan. 3, 2007

**Wishing you peace, prosperity, health,
happiness, friendship and happy travels in
2007!**



The Friendship Force

Frank & Mary Stull
5819 Golden Court NE
Cedar Rapids, IA 52402

Mission Statement:

*To create an environment
where friendships can be
established across
international borders.*