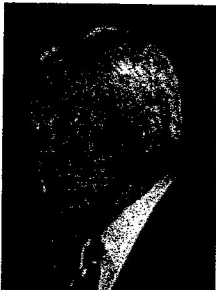


CR\IC Friendship Force UPDATE

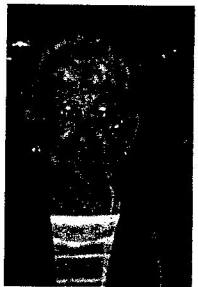
February 11, 2005

Greetings from Your Presidents, Steve & Nancy Williams



Thanks to those who came to the January meeting. The band was great, we had some nice contributions to Justice for Our Neighbors, the food was scrumptious and the program sparked several interesting thoughts. Special thanks to Margaret Nelson and Jill Rinkenberger for arranging and setting up, Joan Jacobs for suggesting the New Horizons band and Dorothy Higdon for the program.

Your dues are due!! If you have not renewed please do so. There is a form in this newsletter.



A great opportunity is coming in April! The regional conference takes place April 28-30 in Lincoln, Nebraska. Home hosting is available for Thursday through Sat. If you have not traveled and had a home hosting experience, here is your chance. A "Dutch treat" dinner with American or ethnic food is planned for Friday night. A tour of the governor's Mansion is on tap for Friday. Saturday features many good panels and presentations on Friendship Force. A representative from Atlanta will be there. Saturday night includes a dinner buffet and Nebraska's Musical Smorgasbord-music representing various ethnic groups in Nebraska by Chris Sayre. All this for the low price of \$55, if you register before March 15! If you prefer a hotel room, you can do so for \$55/night. Call or email Steve Williams for a registration form. Make your desire known if you are wishing to car pool to the conference. Sally Nelson would like to car pool and share gas.

See you at Dianne and Mike Karal's on March 1. Bring something for the silent auction!!

In Friendship, Steve and Nancy

**General Meeting
Sunday, April 3,
2005**

Poor- Man's Soup Supper

St. Andrew Presbyterian Church
1300 Melrose Ave. Iowa City
Time: 1:30 p.m.



We need six or seven volunteers to bring soup and a few volunteers to bring dessert - please call Steve or Nancy Williams to volunteer.

Two great features are planned. We will serve soup for a Poor Man's lunch in honor of tax season. Plan to dress casual. Carl and Mary Carson will speak on their recent trip to Russia. The Carson's have worked extensively in health care in Mexico and recently traveled to Russia to visit past delegates to our club. In the course of their trip, they again became involved in humanitarian health care work. They exemplify the mission of our club and were recently named by Channel 9, among "Nine who Care" for 2005. They received a \$500 donation (which became \$1000 through a foundation match) to their favorite charity - A Promise of Health. They have great stories to tell and pictures to share.

World Friendship Day, March 1, 2005

Are you ready for a party??



Join Friendship Force members from around the world on Tuesday, March 1, as we celebrate World Friendship Day. March 1 is the anniversary of the White House announcement of the establishment of the Friendship Force by President Jimmy Carter in 1977.

We'll gather at 6 pm at Dianne and Mike Karal's home (see directions below) for an evening full of fun activities, fellowship and fund raising. So call a friend, bring an appetizer and join the fun. Beverages and dessert will be provided.

Using the Karal's gigantic TV, we'll log onto the Friendship Force web site featuring clubs who are participating in this event. A new DVD on Friendship Force will also be shown. This is a great opportunity to introduce your friends to Friendship Force. Everyone is welcome.

One of the goals of this event is to raise funds for the Great Legacy Campaign, so bring your checkbook. The goal is \$10 per member. The club will match all donations by club members up to a total of \$500. To enhance our fundraising, we'll have a silent auction. Do you have DVD movie that you've already viewed, a bottle of wine, a book you've read, jewelry, a Christmas ornament, or vacation memorabilia that you would like to donate? Bring it to the Karal's for a silent auction.

The Great Legacy Campaign Fund will be used to expand The Friendship Force and ensure its strength into the future. This fundraising event is a tribute to founder, Wayne Smith, and is chaired by his daughter and former FFI President, Susan Smith. There are four important goals of this endeavor:

- 1) Establish 30 new clubs in strategic regions of the world
- 2) Train a new generation of Friendship Force leaders;
- 3) Develop unique and bold new programs, and;
- 4) Launch a new series of teacher and school exchanges.

Direction to Karal's

Take 42nd Street exit off I-380 and go west, (left) past Edgewood Road and take the second right turn onto Old Oak Drive. (Into Oak Wood Addition) Go 1 block to the "T" intersection and again turn right. Look for the **4859** on the mailbox at the bottom of the hill. We are on the right hand side, in the beige stucco.

-See you all then! Dianne

Exchange Updates

INCOMING EXCHANGE FROM VAREL, GERMANY, AUGUST, 2005 - The planning committee is meeting after L.E.O. on the afternoon of Feb. 19 at Croissant Du Jour to begin preparing for hosting 16 Germans from Varel Aug. 23-30. If want to host, please contact exchange directors, Ron and Joyce Swanson, joyfulswan@hotmail.com or 319-270-3664 (cell) or 319-364-6867 (home)

MIDWEST MAGIC & THE MIGHTY MISSISSIPPI FESTIVAL, JULY 14 - 23, 2005,

Registrations are beginning to come in to Atlanta for the festival being hosted by the three Eastern Iowa Friendship Force clubs - Dubuque, Quad Cities, and ours. If you are interested in home-hosting or helping with driving, please contact Shirley Rosencrans at giftstore@NCSML.org or phone her at 319-462-4132 (leave a message and she will return your call). . Home hosts will be appreciative of people willing to help with driving since we will need to get our guests back and forth from Dubuque two days and the Quad Cities two days. Details will be forthcoming soon on activities that local club members can participate in and the cost to do so.

OUTGOING EXCHANGE TO AUSTRALIA, APRIL/MAY, 2005 -

There is an informational and get acquainted meeting for the traveling ambassadors on March 20, 2005 at 2:00 at the home of Gerry and Phyllis Seidl - 7709 Princeton Dr. NE Cedar Rapids. So far, a group of 13 will be traveling - 7 from our club, 4 from the Twin Cities, 1 from Lincoln, Nebraska and 1 from Chicago.



Our "Downunder" Exchange

"Kia Ora", welcome in Maori, may be among the first words we hear when we arrive in New Zealand for our first exchange week. We will arrive at the end of their summer, comparable to our October. This should be a good time, especially in New Zealand, as they seem to cater to outdoor activities and this would be a delightful time to visit. The Horowhenua Club is located near Levin, which is overlooked by the Tararua mountain range. They have a strong Maori presence in the area and I expect we will have an up-close experience as well as other outdoor options. We will visit the New Zealand Capital in Wellington, a very old historic city with a beautiful bay setting. This whole area has a lot of mountain beauty as well as close proximity to the sea. Just a couple of things to mention are the Botanical Garden with its waterfall, and for shoppers there is the Golden Mile of Lambton Quay and Willis Street. I don't know what our hosts will offer for our pleasure but I'm sure we will have new friends before we leave.

"G'day", will be a familiar greeting while visiting in Australia. They also have other expressions that will keep us on our toes. Going to the Barbie has nothing in common with the Barbie we know. You would be going to a BBQ. Our second week will be in Cairns, Australia. There is so much to do here a week will just give us a taste of the offerings. There is the Tropical Rainforest, Gold Coast and the Great Barrier Reef. We will probably visit the rain-forest village of Kuranda, which has a butterfly farm and a wonderful craft market. While there, we will be able to take in a performance of the Tjapukai Dancers, a world-famous Aboriginal dance troupe, who display their legends, music and dance. The Great Barrier Reef will certainly call a number of us to visit. Depending on the day and the weather, this could be a highlight like no other. (Cont.)

(Outgoing exchange, cont.)

The third week of our visit will be in Ipswich, Australia, which is about 20 miles from Brisbane. Here, we would think of it as a suburb. This area, while not far from the Gold Coast, is a Metropolis with a laid-back lifestyle. Among the activities we will likely participate in is a Mayoral reception, bus trip to visit a heritage area and perhaps a visit to a Koala Sanctuary or some other bird or animal sanctuary. This area is noted for its many colorful birds. And we haven't talked of the things Brisbane has to offer! Here again, our hosts know the territory and we will have a full week of activities

I haven't even mentioned the opportunities we will have to make new acquaintances and experience some different cuisine. I wonder if they call potluck dinners "Barbies"? *If I've piqued your interest and you want to joint us, call me and we'll see what we can do!!!*

-Phyllis Seidl 377-5619

Membership Dues

Please send in your 2005 annual membership dues immediately if you did not do so in December. Note that the membership dues include 4 issues of the Friendship Force International Magazine published in Atlanta and in order to receive all issues, dues must be submitted in a timely manner.

Please return the following to Richard Miller - 2011 Linmar Dr. NE Cedar Rapids, IA 52402.

Name(s) _____

Address (include both addresses if you winter south):

Phone: Home _____ Email: _____
Work (only if you wish to be called at work) _____

Please check one: Family Membership (\$40) _____ Individual Membership (\$31) _____

If you would like to order a name badge for \$5.00 each, please write a separate check to cover cost of badges ordered payable to Friendship Force. Please write your name as you would like it to appear below:

Name: _____

Name _____

Total # of badges requested: _____ X \$5.00 = _____ enclosed

Friendship Force Board of Directors 2005

Co- Presidents--	Steve/Nancy Williams <i>williams.stephen@mcleodusa.net</i>	447-5761
Vice-President	Victor Klopfenstein <i>v.klopfenstein@worldnet.att.net</i>	377-5502
Secretary	Doris Faas <i>ddffarm@att.net</i> Treasurer Winston Edson <i>Wdedson1@msn.com</i>	857-4177 393-8053
Directors at Large (Two Year Terms)	Gerry Stoner (12-05) <i>g.stoner@msn.com</i> Dianne Karal (12-06) <i>toy4di@msn.com</i>	351-9067 378-0084
Exchange Directors (2005)	Phyllis Siedl (Australia 4/05) <i>Seidl.Gerald@msn.com</i> Shirley Rosencrans (Festival 7/05) <i>giftstore@ncsl.org</i> Ron and Joyce Swanson (Varel, Germ. 8/05) <i>joyfulswan@hotmail.com</i>	377-5619 462-4132 364-6867
Past Exchange Director	Nancy Miller <i>namrabbitt@mchsi.com</i>	393-3580
Past President	Sally Nelson <i>nelsmaddie@aol.com</i>	857-5296

Standing Committees Chairpersons and Special Positions

Membership	Richard and Margaret Miller <i>zrman@aol.com</i>	364-2135
Communications	Betty Emrich <i>demrich@iowatelecom.net</i>	886-2349
Activities	Margaret Nelson <i>ronnmarg@aol.com</i> Jill Rinkenberger <i>krinkenber@aol.com</i>	393-1209 377-5077
IRIS Rep.	Jim and Colleen Nieman <i>nieman.jim@mcleodusa.net</i> 396-5892	
Historian	Mary Carson <i>mcarson484@yahoo.com</i>	366-4545
Newsletter	Frank and Mary Stull (distribution) <i>fpstull@aol.com</i> Sally Nelson (publication) <i>nelsmaddie@aol.com</i>	393-6254 857-5296

Additional volunteers would be helpful on the standing committees:

- Membership (follow up with prospective members),
- Communications (publicity and telephoning)
- Activities (help set up for meetings, plan special activities)

Calendar of Events, 2005

Mark Your Calendars!!!!

- | | |
|---------------------|--|
| Feb. 15 | RSVP for L.E.O. |
| Feb. 19 | L.E.O. (Let's Eat Out) Croissant Du Jour 1:30 p.m.
<i>(all are welcome, R.S.V.P. by Feb. 15)</i> |
| Feb 19 | Planning meeting for Incoming Exchange from Varel after L.E.O. |
| March 1 | World Friendship Celebration & Silent Auction -
bring an appetizer, item for auction & a friend!!!! |
| March 7 | Board Meeting, 6:30 p.m. - Gander Mountain |
| April 3 | General Mtg, 1:30 pm - "Poor Man's Soup Supper", St. Andrew Presb. Church, Iowa City |
| April/May | Outgoing exchange to Australia and New Zealand - <i>call Phyllis Seidl to join in</i> |
| April 29, 30 | Midwest Regional Conference - Lincoln, Nebraska - home hosting avail Apr. 28-30. |
| May 9 | Board Meeting, details TBA |
| June 12 | General Meeting - Road Rally? |
| July 11 | Board Meeting |
| July 14-23 | Midwest Festival -" Midwest Magic & The Mighty Mississippi" |
| Aug. 23-30 | Incoming exchange from Varel, Germany |
| Sept. 12 | Board Meeting |
| October | Possibilities include Open World hosting, an open house and a domestic exchange |
| Nov 3-6 | International Conference in Sao Paulo, Brazil |
| Nov. 13 | Annual Meeting and our local chapter 20th Anniversary Celebration |



The Friendship Force

Frank & Mary Stull
5819 Golden Court NE
Cedar Rapids, IA 52402

Mission Statement:

*To create an environment
where friendships can be
established across
international borders.*