

CR\IC Friendship Force UPDATE

June 20, 2006



Greetings from Your President, Vic Klopfenstein

Get aboard - the train is movin' down the track for a busy summer & fall. We will need everyone's help, support, involvement & volunteering.

I want to thank the many members of our Club for their contributions to the goals and objectives of our Club – involvement, leadership roles and continuing to make our 'Club', one of the best in the world. Thanks Dianne for representing us in Atlanta with the Open World training. Our theme is 'Women's Issues'. We will have 8 delegates, 2 facilitators & 2 interpreters (Sept. 2 – 10). Steve Williams is the ED and he will need our support in hosting, program planning & transportation.

Thanks Margaret Miller for the Road Rally plans. The suspense is mounting. Thanks Andrew Cecil for our upcoming LEO social and Dick Bice for arranging our evening at the Ball Park in late July (Kernels).

Put Sunday, August 6th on your schedule, since we are the host Club for the Tri-club picnic at Squaw Creek. Renew friendships, meet new world travelers, enjoy good food & entertainment. Shirley Rosencrans don't be bashful in asking for help. Thanks Mary Lukas for volunteering to be the ED for the domestic exchange with Shelby, North Carolina September 12 – 18.

Plans are developing for a 'Bring & Brag Social' on Sunday, August 20. Mark your calendar and think about a souvenir, photos or story you would like to share. This event will be a golden opportunity for interested parties to learn more about Friendship Force. Myron & Connie Williams, Joan Jacobs & John Haack will organize. We are confirmed with our Inbound Exchange with Nor, Peru in August 2007 and our Outbound Exchange with Japan (Tokyo and Gifu) in mid to late October, 2007. Let us know if you want to be an ED for either of these exchanges. We have had initial contact with each Club President.

Special thanks to Sally, Frank & Mary for the newsletters - so important to get the word out to you all.

Think membership - Bring guests - Faces not Places. Let's continue to grow our Club. I will be doing a program with the Cedar Rapids Noon Lions on July 20th and another with the East Cedar Rapids/Marion Tuesday Noon Rotary in August.

Let's Eat Out (L.E.O.) Tuesday, June 27 – 5:30 p.m.



Please join us and bring a friend - the more the merrier!
Call or email your RSVP in to Andrew Cecil by Saturday, June 24th!
(319) 325-3831 or email Cecil_andrew@hotmail.com

WHERE: OKOBOJI GRILL – 1857 Lower Muscatine Road, Iowa City
(Across the parking lot from the Sycamore Mall on the southeast side of Iowa City)

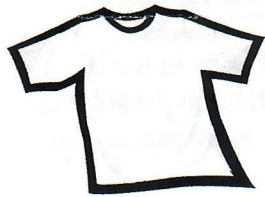
This restaurant has something for everyone and if you like Farmers' Markets, come early! There is a very nice Farmer's Market here that starts at 4:30 and features Amish products among other things. Hope to see many of you there!

Heartland Regional Conference

Twelve of our members attended the Regional Conference in St. Louis and reports are it was a rewarding experience. These functions are great motivators and opportunities to get new ideas. The Board will be discussing some ideas they would like to implement in the future – stay tuned! However, in the meantime, here are just a few you may want to think about or talk to a board member if you would like to help:



- Print yourself Friendship Force business cards and leave them everywhere you go!
- Have club shirts to draw attention when wearing to LEO, events, etc (see below)
- Update our brochure
- Develop items to sell to members and others for fund raising at Regional Conferences and other local events (i.e. mugs, shirts, tote bags, luggage tags, etc.)
- Members speak at events about our organization
- Match up new members with a mentor
- Seek Corporate Sponsorship



The Friendship Force Club of Omaha sells T-shirts and sweatshirts that have flags of many nations on both the front and back. You may have seen these on a few of our members who have purchased them in the past at area conferences. There have been inquiries on how to obtain them. Steve Williams has graciously offered to submit an order for us and deliver if you want one. Please call or email your order to Steve letting him know the size and quantity. Payment will be collected later. The cost is as follows:

T-shirts are \$12.50 ea. except \$14.00 for XX Large.

Sweat Shirts are \$18.50 ea, except \$20.00 for XX Large.

Contact Steve at Email swill1234@msn.com or phone 447-5761

NEW! There are now a few promotional items available through FFI in Atlanta at www.friendshipforce.org/merchandise/shopping.htm. These items may be gift ideas for guest speakers, ambassadors, hosts, etc. You must download an order form and submit the form along with payment via email, fax or post before items will be shipped. If you have any questions or would like an order form sent to you via mail or fax please contact Linda Ector at lector@friendshipforce.org. This is a pilot project and will be expanded if demand is high.

2nd Annual? Road Rally



Ready to Hit the Road? Start your engine (or get ready to read directions) for the 2nd Friendship Force Road Rally. Those who attended last year had a great time.

We will meet at **8:30 am on Saturday, July 15**, at the new Wal Mart in Marion, at Highways 13 and 151. After a morning of driving, reading directions and finding clues, we'll conclude with lunch. The only cost is for lunch, which will be about \$10. The restaurant has something to interest everyone. After lunch, your team can return to Cedar Rapids directly or visit interesting sites nearby.

Everyone is welcome – drivers, navigators and back seat drivers. Teams will be formed so send your reservation to Margaret Miller, e-mail: ZRMAM@juno.com or phone (319) 364-2135. Drivers for the rally will receive \$15 gas money!

Please RSVP with the following information by June 30th:

Name/s, home phone and/or cell phone, and indicate your preference to drive, navigate or just go along for the ride

Exchange Updates

SEVERAL HOME HOSTS ARE NEEDED IN SEPTEMBER:

**Help
Wanted**

Incoming Domestic Exchange: Planning is well underway for hosting the Friendship Force Club from Shelby, North Carolina in September. The group of 16 ambassadors is scheduled to arrive Tuesday, Sept. 12 at apx. 1 p.m. and to depart on Monday, Sept. 18th at apx. 1 p.m. At this point, we have the list of ambassadors and **volunteers are needed NOW to host our guests so the matching process can begin.**

Please contact Mary Lukas at 319-337-3886 or email lukas@aea10.k12.ia.us.

Sightseeing activities have been planned for Wednesday, Thursday and Friday with a farewell function Sunday afternoon. Hosting domestic exchanges provides great opportunity to make friends around the country and hear what other clubs are doing.

Open World Exchange: 12 delegates will be our guests for a week focusing on “Women’s Issues” Sept. 2 -10. Steve Williams is the Exchange Director. Please let Steve know if you would like to home host for this event. These guests will be mostly female and the hosts are primarily asked to transport their guest in the morning and afternoon to their place of business and attend a couple of social functions.

St Petersburg/Latvia/Helsinki:

Our members have recently returned from this exchange June 17. It will be interesting to hear from them at LEO or the Road Rally!

A HEARTY WELCOME TO –



Aricca Smith - Aricca is 26 years old and lives and works in Cedar Rapids. She is a cosmetologist at Shear Atmosphere and is finishing up an AA degree from Kirkwood Community College. She would like to get into the Writing College at the U of I. and earn a degree in publishing or journalism. George and Marlene Milligan, her grandparents, introduced her to Friendship Force (as well Carl & Mary Carson and George & Janelle McClain). She has been able to reconnect with some friendships that started with Friendship Force guests of the Milligans. Her hobbies include horseback riding, working with hair, traveling, shopping, fixing-up my new house, keeping in touch with friends, and pursuing new interests.

Friendship Force Board of Directors 2006

President	Vic Klopfenstein vpklopfenstein@msn.com	377-5502
Vice President	Dianne Karal toy4di@msn.com	378-0084
Secretary	Doris Faas ddfaas@msn.com	390-3234
Treasurer	Winston Edson wedson1@msn.com	393-8053
Directors at Large	Mary Lukas (12-06) mlukas@aea10.k12.ia.us	337-3886
(Two Year Terms)	Sally Fairchild (12-07) sfairchild@gazellevillage.com	377-8611
Exchange Directors (2006)	Phyllis Seidl (St. Petersburg/Latvia)	377-5619
	seidlgerald@msn.com	
	Mary Lucas (Shelby North Carolina)	
	Phyllis Seidl	
Past Exchange Director	Steve & Nancy Williams SWILL1234@msn.com	447-5761
Past President		
	Standing Committees Chairpersons and Special Positions	
Membership	Richard and Margaret Miller zrmam@juno.com	364-2135
Communications	Pat Kress chaskress@mchsi.com	377-5055
Activities	Margaret Nelson ronnmarg@aol.com	393-1209
	Jill Rinkenberger kjrink@mchsi.com	377-5077
Historian	Mary Carson mcarson484@yahoo.com	366-4545
Newsletter	Frank and Mary Stull (distribution) fpstull@aol.com	393-6254
	Sally Nelson (publication) nelsmaddie@aol.com	857-5296

Tri-Club Picnic

Sunday, August 6, 2006

Eating at 1:30 pm

Meadowlark Shelter, Squaw Creek Park, Marion, Iowa

It's our turn to host the Tri-Club picnic. Invite friends and potential new members for a fun afternoon visiting and eating with the Dubuque, Quad Cities and the Cedar Rapids/Iowa City Friendship Force Clubs. Cost is \$7.00 per person. Reservations with payment are due by July 30. See form below.

The meat, buns, condiments, potato salad, beverages, table service and entertainment will be provided. **We are asking the Cedar Rapids/Iowa City club to provide side dishes such as baked beans, salads, desserts and finger foods such as raw veggies/dip. Remember our club is providing enough food for all three clubs.**

I thought it would be lots of fun to make homemade ice cream for a treat before everyone departs on Sunday afternoon. I have one ice cream freezer, but I think we would need three more. **Does anyone have an ice cream freezer they would be willing to bring with a batch of ice cream?** Please call Shirley Rosencrans 462-4132(H) or 362-8500(W) ASAP.

Also, **does anyone have the "Circle of Friends" figurines** that we could use for centerpieces on the tables? These figurines are the ones where people are standing in a circle with joined hands. Please call Margaret Nelson 393-1209 or Jill Rinkenberger 377-5077 ASAP.

Looking forward to seeing everyone on Sunday, August 6 for a fun time.

-Shirley Rosencrans, Tri-Club Picnic Chairperson

Friendship Force Tri-Club Picnic Reservation Form

Please send reservation form and payment by July 30, 2006 to:

Shirley Rosencrans, 102 East Walnut Street Anamosa, IA 52205

Please make check payable to: Cedar Rapids/Iowa City Friendship Force Club

Name/s _____

Address _____

Phone _____

FF Club: _____

Number Attending _____ @ \$7.00 each Total Due _____

Calendar of Events, 2006

June 26	Board Meeting 6:30 pm – Kirkwood Training Center – 3375 Armar Dr. Marion
June 27	L.E.O., 5:30 pm Okoboji Grill, 1857 Lower Muscatine Rd., Iowa City – Bring a friend!
July 15	2nd Annual? Car Rally 8:30 a.m.
July 24	Kernels Game, game starts at 7 pm.
Aug. 6	Tri-Club Picnic w/ Dubuque and Quad Cities FF clubs – Squaw Creek Pk, Marion 1:30 pm
Aug. 20	Bring & Brag Social – mark your calendar, ask a friend and stay turned!
Sept. 2-10	Host Open World Leadership Exchange
Sept 12-18	Host Shelby, North Carolina Friendship Force – Please call to volunteer to host!
Sept./Oct.	Let's Eat Out (host Margaret Miller)
Oct. 12-15	FFI Int'l Conference in Dublin, Ireland
Nov. 12	Annual Membership Meeting and Election

The Friendship Force

Frank & Mary Stull
5819 Golden Court NE
Cedar Rapids, IA 52402

Mission Statement:

*To create an environment
where friendships can be
established across
international borders.*