

CRIC Friendship Force UPDATE

July 15, 2003

Greetings from Your President Pat Klopfenstein

Here it is the middle of July. The year is over half over. This year has been a bit like making a snowball. (I hoped the mentioning of snow would help cool you) The club year started out slowly and gradually increased and now our FFI Club is heading into BIG time activities. Sally Nelson and her committee have put together a fantastic program for our incoming domestic exchange with the Twin Cities. Phyllis Seidl, with help from Jerry, has things well organized for the outgoing exchange to Varel, Germany and Leicestershire, England. Colleen Nieman has been successful again in finding homes for the IRIS participants from Nigeria. These people have spent many hours of their time so that these events happen. Be sure and tell them "Thanks"

Janis Schmitz and Vic Klopfenstein are in the beginning stages of their planning for the Open World Program for October. Please say *Yes* when they ask you to help.

Have you heard where we are going next year and whom we are hosting? Be sure and attend the potluck picnic Aug 10th in Kent Park for an update on next year's matches. And don't miss another picnic on September 7. This one is at Scott County Park and will be hosted by the Quad City FFI Club. Now you can understand why I feel like the activities are snowballing rapidly! But isn't it great?

Earlier this year we had the Peace Cookie recipe. I now have another recipe to share with you.

Friendship Cake

1 cup of greetings
1/4 cup of smiles
1/2 cup of love
1 tsp. of sympathy
2 cups of hospitality
2 large hand shakes

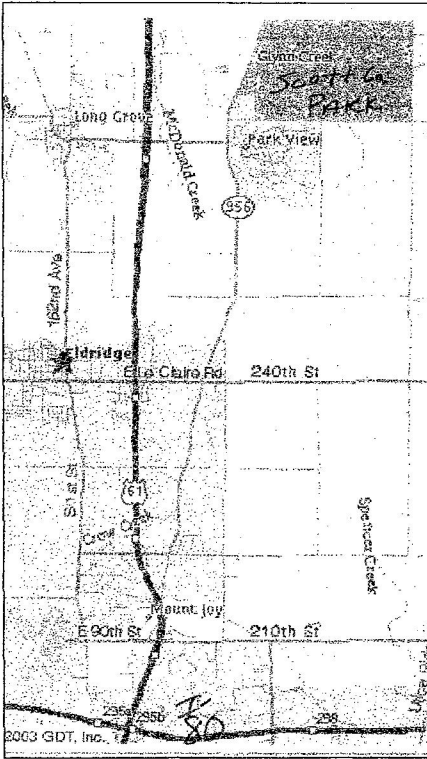
Cream greetings and smiles thoroughly. Then add the handshakes, beaten slightly. Add love slowly, sift sympathy and hospitality and add. Serve with humility.

Celebrating 50 Years – Vic and Pat Klopfenstein August 2, 2003 2 to 5 pm



Please join Vic and I as we celebrate our 50th wedding anniversary on August 2nd with an open house from 2 to 5 p.m. at Marion's American Legion Post 298, 625 31st Street, Marion. No gifts please, your presence is your gift. If you plan on attending, please call (319) 377-5502 before July 24th.

Take a Step Back in Time
Whispering Pines Shelter, Scott County Park
September 7, 2003, 2 pm



The FFI Club of the Quad Cities has invited our club and FFI Club of Dubuque to join them for a catered picnic and a fun afternoon on **Sunday, September 7th** at 2 pm at Whispering Pines Shelter in Scott County Park. Activities will include a visit to Pioneer Village at the park. I would suggest car-pooling. Ask a new member to ride with you and enjoy your trip over and back. It will make the trip go much faster.

Directions to Scott County Park: From I-80, take US 61 north to exit 129. Go east on 267 Street to Scott Park Road; turn north on Scott Park Road, then east on 270th Street. Park entrance is on the left. From the south entrance, follow the green and white decorations to Whispering Pines Shelter. Question? – Contact Connie Carlson at (563) 359-8381. Reservations due by August 31, 2003

Your check, made payable to FFQC, is your reservation. Send to: Connie Carlson, PO Box 238, Bettendorf, IA 52722 by **August 31**.

Number attending _____ x \$8.00 = _____ amount enclosed

Name(s) _____

Demonstrating Democracy Program Follow-up
Vic Klopfenstein

In June, I was part of a delegation of local government officials that visited five eastern European cities in five countries, Poland, Slovenia, Slovakia, Bulgaria & Hungary. We met with all 14 delegates who participated in the Demonstrating Democracy Program in Iowa earlier this year. During a four-day conference in Veszprem, Hungary, we saw Ivan, Margit, Natase, Agata, Zlatka, Laszlo, Galina, David, Uliana and Cezary who were home hosted with Friendship Force host families in eastern Iowa. They all send their regards to their friends here.

My trip also included four days in Humune, Slovakia and then four days in Stara Zagora, Bulgaria. The mission, which was a follow-up to the program in Iowa, was accomplished. The goal was to develop long term linkages of local governments. The exchanges examined the function and scope of local government.

**Domestic Exchange with Minnesota Twin Cities
September 10-14, 2003**

We're expecting company! Ambassadors from Minnesota Twin Cities will arrive in Cedar Rapids on Wednesday, Sept. 10 about 5:30 p.m. and they will depart Sunday morning, Sept. 14, about noon.



Home hosts and possibly day hosts are needed. For those traveling on our outbound exchange to England and Germany a couple days later, *YES*, this is close but it involves only 3 days and 4 nights of home hosting. For those of you who work 8-5, the exchange only really affects two workdays and we have planned full days of sightseeing on Thursday and Friday. Saturday morning is planned and the afternoon is free for optional activities.

Members are welcome to join us for any portion, but I must have your reservation NO LATER THAN AUGUST 27:

Thursday, Sept. 11, 9 am West Branch – Hoover Presidential Museum; lunch in West Branch, tour Wilson's Apple Orchard, Iowa City and Amish Dinner in Kalona \$16 (**Must have reservations in 2 weeks in advance -by Aug. 27**)

Friday, Sept. 12, 9 am Amana Tour including Amana Heritage Museum, Communal Kitchen & Cooper Shop in Middle Amana, self paced tour of the colonies sack lunch from Stonehearth Bakery. This will be followed by a guided tour of Ushers Ferry, Cedar Rapids, 2:30 – 4:30

Saturday, Sept. 13 Tour of-Cedar Rock, Quasqueton, and picnic. This home was designed by Frank Lloyd Wright. Farewell dinner at Fairview Golf Course Clubhouse in Iowa City

Please call Sally Nelson, Exchange Director, if you are willing to home host or day host at 857-5296.

EVERYONE - MARK YOUR CALENDAR for the farewell dinner on Saturday evening, Sept. 13 at Fairview Golf Course Clubhouse in Iowa City. Come enjoy an *authentic Czech dinner with live polka music* and meet our neighbors to the north. Cost is \$10/ea. Please bring your own plates and silverware (paper not recommended).

Directions to Fairview: Coming from Cedar Rapids on 380-, exit on I-80 going east. Follow I-80 until Exit 249, Herbert Hoover Hwy. Turn right at the first stop sign. This will put you on Herbert Hoover Hwy, traveling west. Continue about 1 3/4 to 2 miles to Scott Blvd. Turn left on Scott Blvd., (now traveling south). Continue until you reach the first 4-way stop sign and turn left on American Legion Road. Fairview Golf Course will be on the left side, (north) of the road about 1/4 mile.

Send In Farewell Dinner Reservations By September 1, 2003

Number attending _____ x \$10.00 = _____ amount enclosed

Name(s) _____

Please make your checks payable to "Cedar Rapids-Iowa City Friendship Force" and send to Sally Nelson 2807 Deer Valley Dr. NW Swisher, IA 52338

Open World/Russian Leadership Program October 2003

The Cedar Rapids/Iowa City Friendship Force club has been one of the groups selected to host an Open World program. This program is funded by a grant to Friendship Force International from the Center for Russian Leadership in Washington, DC. About fifteen Russian people will participate in the program in our city. The group will have an orientation from October 14 to 16 in Atlanta. Then they have a homestay in our area from October 16 to 24. Our theme for the week will be economic development and government. To prepare for this program, Pat and Vic Klopfenstein participated in a Leadership Training Workshop in May in Atlanta. Vic Klopfenstein and Margaret Miller are working on the program and Janis Schmitz and her committee are planning social activities for our guests. Subject: Economic Development

Tentative Topics & Schedule

- City & County Officials – Meet Cedar Rapids mayor and commissioners, Linn County supervisors and Marion mayor and council
- Kirkwood Community College – Meet Norm Nielsen, president, Steve Sprague and others and campus tour
- Cedar Rapids Area Chamber of Commerce – Meet Ron Corbett, chamber president and Mark Seckman, executive director of Priority One, economic development group.
- Iowa City Chamber of Commerce and Economic Development Officials – Tour Pappajohn New Business Center, University of Iowa Business College and Hospital
- Loan Seminar at US Small Business Administration, Jim Thompson, Wells Fargo and Farmers State Bank
- Farm Tour, Clarence – Arranged by Bernita Walker and visit Hoover Presidential Library, West Branch
- Business Tour or Round Table - Rockwell, Quaker Oats, General Mills and Jim Williams
- **Des Moines Day:**
 - Iowa Department of Economic Development - Mike Blouin - Director
 - Capitol Tour and meet with state officials
 - Iowa Supreme Court
 - Terrace Hill Tour, Botanical Center, Iowa Historical Museum and Iowa League of Cities office

Any other suggestions or thoughts would be appreciated. If you would like to assist in either planning or hosting, please contact either or Vic (377-5502) or Janis (396-4450).

Global Youth Institute Scholarship

Earlier this year, we discussed using scholarship funds to sponsor a representative to the Global Youth Institute in Des Moines in 2004. The program accepts applicants from worldwide Friendship Force Clubs with the goal of creating the friendships that build a foundation for better understanding and peaceful relations between people around the world. For the past 14 years, the Institute has alternated between Des Moines and being hosted by Friendship Force Clubs in other parts of the world. The board is looking for a member who is interested in chairing this program. Contact Pat Klopfenstein, (319) 377-5502 v.klopfenstein@worldnet.att.net, if you are interested in this project.

2003 Board of Directors

President	Pat Klopfenstein (319) 377-5502 v.klopfenstein@worldnet.att.net
Vice President	Sally Nelson (319) 857-5296 nelsmaddie@aol.com
Secretary	Joanne Smith (319) 395-9440 jmariesm@msn.com
Treasurer	Jerry Seidl (319) 377-5619 seidlgerald@msn.com
Past Presidents	Nancy Miller (319) 393-3580 e-mail: namrabbitt@mchsi.com Shirley Rosencrans (319) 462-4132 or (319) 362-8500 (work)
Directors at Large	Doris & Dick Faas, (319) 857-4177, ddffarm@att.net Margaret Miller (319) 364-2135
Membership	Richard Miller (319) 364-2135, Kenny & Janis Schmitz (319) 396-4450, schmitzkenneth@mcleodusa.net Dick & Veryl Hansen (319) 393-9534, culhansen@juno.com
Exchange Director (England & Germany)	Phyllis Seidl (319) 377-5619, seidlgerald@msn.com 7709 Princeton Drive NE, Cedar Rapids, IA 52402
Hospitality	Paula Pearson (319) 377-8192, pm0828@aol.com Judy & Dave Jourdan (319) 377-1277, digdahawks11@mchsi.com Nancy & Steve Williams (319) 447-5761 Pat & Charles Kress (319) 377-5055, chaskress@mchsi.com
IRIS Representatives	Jim and Colleen Nieman (319) 396-5892, nieman.jim@mcleodusa.net Vic Klopfenstein (319) 377-5502, v.klopfenstein@worldnet.att.net
Publicity & Phone	Rita Maher (319) 396-2189, rmscruffy@aol.com Darrel Larson (319) 377-3686 Margaret Nelson (319) 393-1209, ronnmarg@aol.com
Historian	Dolores Kaiden (319) 390-3011, dmkaiden@aol.com
Newsletter	Frank and Mary Stull (319) 393-6254, fpstull@aol.com
Heartland Conference Committee	Betty Emrich, (563) 886-2349 Bernita Walker (563) 886-3098, bernitaw1300@iowateleco.net Nancy Miller, (319) 393-3580 e-mail: namrabbitt@mchsi.com Shirley Rosencrans, (319) 462-4132 or (319) 362-8500 (work) Sally Nelson, (319) 857-5296 nelsmaddie@aol.com Pat Klopfenstein, (319) 377-5502 v.klopfenstein@worldnet.att.net Jill Rinkenberger, (319) 377-5077 krinken@aol.com Margaret Miller (319) 364-2135, zrmam@aol.com

Feel free to contact any board member with questions or to volunteer your talents.

<p>Friendship Force Calendar of Events 2003</p>

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| Sat, August 2, 2 to 5 pm | Vic and Pat Klopfenstein's 50 th Wedding Anniversary Celebration |
| Fri, August 8, 6 pm | Cocktail Party for Nigerian Interns, host families, Friendship Force members |
| Sun, August 10, 1 pm | General Meeting Picnic – "It's a Small, Small World" and White Elephant Silent Auction at Kent State Park |
| Sun, September 7, 2 pm | Quad Cities FFI Picnic, Scott County Park |
| September 10-14 | Incoming domestic exchange from Minnesota Twin Cities |
| September 13 6:30 pm | Exchange Farewell Dinner |
| September 16-October 1 | Outgoing exchange to Liecestershire, England and Varel, Germany |
| Tues, October 7, 6 pm | Board Meeting, Country Kitchen, 3130 16 th Avenue SW, Cedar Rapids |
| October 16-24 | Open World Program |
| Sun, November 2, 6 pm | Annual Meeting at the Marion Heritage Center, 590 10 th St., Marion |
| October 30-November 2 | International Conference, Budapest, Hungary |

The Friendship Force
 Frank & Mary Stull
 5819 Golden Court NE
 Cedar Rapids, IA 52402