

The Board of Directors
Of

Friendship Force of Cedar Rapids-Iowa City
invites you to the

ANNUAL MEETING

Sunday, November 20

University Athletic Club
1360 Melrose Avenue, Iowa City, Iowa

Friendship Time 5:00 p.m.
Dinner 5:30 p.m.

FEATURED SPEAKER:

Ed Barker
Cedar Rapids/Iowa City Friendship Force

Here's my reservation for the Annual Meeting of the Friendship Force Club of Cedar Rapids-Iowa City:

Menu: Sliced roast loin of pork OR Combination of fresh fish,
with maple dijon sauce shell fish and vegetables
accompanied by dutchess finished with wine and cream
potatoes. served on angel hair pasta.

Name(s):

Cost is \$14.50 per person - Make checks payable to Friendship Force

Send by November 11 to: Shari Radcliff
27 Durham Court
Iowa City, IA 52240

The Friendship Force
of Cedar Rapids - Iowa City
Membership Form

Club Membership

- Opportunity to travel as a Friendship Force ambassador
- Experience of hosting ambassadors from around the world
- Participation in club meetings and hosting activities
- Periodic newsletters

Passport Program - a package of services

- Subscription to Friendship Magazine
- Individual passport to document activity
- Regional bulletins published quarterly to report exchange activities
- "Frequent Friendship Stamps" to be awarded each time a passport holder participates as a Host or Ambassador. Accumulated stamps can be redeemed for discounts on future exchanges
- Discounts on products or services offered by corporate sponsors of "The Friendship Force Passport Program" (example: 2 for 1 discounts for hotels, free trial magazine subscriptions, etc.)
- Opportunity to record areas of special interest in the Friendship Force database and receive priority alerts for exchanges to those areas

Send payment to:
Joe Trammell, Treasurer
705 Fairway Lane S.E.
Iowa City, IA 52240

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I would like to be a member of The Friendship Force of Cedar Rapids - Iowa City !

Name _____

I am enclosing: _____ **\$20.00 for family membership - Please provide spouse's name, names and ages of children:**

or _____ **\$15.00 for individual membership**

In addition to membership: _____ **\$10.00 for Passport Program (Includes Friendship magazine)**

_____ **\$5.50 each for Friendship Force Name Tags**

Address _____

City, State, Zip _____

Phone Number _____

Please note memberships are for calendar year only. Any membership paid after Sept. 1 will be for the following calendar year.

Send payment to: Joe Trammell, Treasurer
705 Fairway Lane S.E.
Iowa City, IA 52240

Why Join Friendship Force?

Here are some of the benefits received by belonging to and traveling with the Friendship Force Group:

"Traveling with friends and people you know."

"The opportunity to travel to many different countries since you can join any other Friendship Force Club in the United States that is going where you would like to go."

"Travel plans and arrangements are made for you, lessening your worries and concerns."

"Health concerns? Your concerns are less if you are traveling with friends."

"Experience how another culture lives by staying in their home."

"Home stays minimize costs."

"Experience other cultures by home hosting or perhaps helping as a day host."

"Gain the friendship of fun-loving, adventuresome people who share an interest in broadening their horizons, either through personal travel or sharing the experiences of others."

The Friendship Force



Please come

Board Meeting

7:00 p.m.

October 24, 1994

at

Shari Radcliff's
27 Durham Court
Iowa City, IA
319-338-8479

Partial Agenda:

- 1) Approve enclosed guidelines
- 2) Select 1995 Exchange Directors
- 3) Report from membership committee "brainstorming".
This committee is seeking our input! Bring constructive suggestions.
- 4) Friendship Force Int. video tap viewing

Thank you!

Shari

GUIDELINES FOR EXCHANGE ENTERTAINMENT EXPENSES

The 1994 board has suggested that during the planning stages of an incoming exchange the Exchange Director and committee, including the progressive dinner chairperson, etc., discuss what expenses will be covered by the exchange monies and what the appropriate sum will be. When a host or club member volunteers he/she will be informed of the above. It should be encouraged to solicit help and contributions such as food, supplies, etc. from other involved exchange members.

November 30, 1994

Dear Friendship Force of Northern Illinois Members and Friends,

I hope you will be able to join us on our "Discovery Exchange" to Costa Rica.

We will be going in March when I'm sure we'll be ready for a break from the winter blahs. Costa Rica is a hot tourist spot, and March is the peak of the season.

The purpose of the Discovery Exchange is to expand the number of Friendship Force clubs in Costa Rica because people from all over the world want to go. We are lucky to be included in the five clubs that have been given this opportunity. (The others are: Birmingham, Alabama; Olympia, Washington; Sarasota, Florida; and Lincoln, Nebraska).

As you can see from the attached itinerary, our time will be split between luxury hotels and home hosting. The home hosting will be done by people who are new to Friendship Force, so we get to introduce them to the magic of the Friendship Force experience.

We have been allotted 21 places, and there are 7 places still open.

If you would like to join us, please fill out the enclosed application and send it to me right away. Please enclose \$100 refundable application fee with your application. The balance of \$1565 can be paid by credit card and is due to me by January 3, 1995.

Any questions, please call me anytime at (708) 362-7387.

Joy and I send best wishes for a Happy Holiday Season!

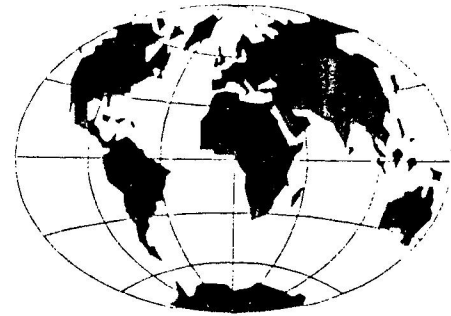
In friendship,



Jon R. Anderson
Exchange Director
1304 Downs Parkway
Libertyville, Illinois 60048

Discover Costa Rica

March 10 - 19, 1995



Imagine a small country with amazing rainforests, countless beaches, year-round springlike weather, and full of fascinating wildlife. Consider a people whose culture is a refreshing mix of European and tropical American traditions. This is Costa Rica! Come with us to experience this land of spectacular natural beauty and get to know its delightful citizens personally.

Friday, March 10

Depart home and arrive in San Jose in the early evening.

Transfer from the airport and check into the Hotel Herradura located in the heart of the central valley, five miles from The International Airport and a short drive from San Jose, the capital city.

Saturday, March 11

After a buffet breakfast in the hotel, attend a special opening session. You'll be welcomed by Honorary Chairman of the Discover Costa Rica festival, Juan Edgar Picado, and with remarks by Friendship Force President Wayne Smith.

A typical Costa Rican lunch will be served at the Hotel Herradura before you depart for a city tour which will include the National Theater and Museum, residential areas, the Moravia Shopping Center and other places of interest in this metropolitan city famed for its magnificent parks and historic buildings.

A gala dinner will be served this evening. You won't want to miss this special celebration.

Sunday, March 12 - Friday, March 17

On Sunday after breakfast, you'll attend a "Heart to Heart" session with an introduction to the Costa Rican Host family. After that, meet your hosts! Stay in their homes and experience life in Costa Rica! Costa Rica is known for its people, imbued with natural hospitality and a deep pride in their nation, who are always eager to share its beauty and wonders with you.

Friday morning your hosts will bring you to meet a coach departing for Poas Volcano, one of the most spectacular volcanos in Costa Rica surrounded by a national park and conservation area. It's active crater is enormous with a circular hot lake at the bottom.

Enjoy unmatched scenic beauty as you travel by coach on toward San Carlos, stopping for lunch along the way.

Enjoy dinner and a relaxing evening at the Hotel El Tucano, a luxurious resort and spa in a spectacular natural mountain environment, typical of the country's Northern Zone. Then, travel to the Arenal Volcano for an unforgettable sight of this active volcano at night. Return to the El Tucano for the evening.

Saturday, March 18

The morning will be free for you to relax at the beautiful Hotel El Tucano which is surrounded by primary growth forests and hot springs with paths for walking or horseback rides.

After lunch, depart for Tabacon Thermal waters and enjoy a marvelous dip in the soothing hot springs heated naturally and known for their curative powers.

Depart late in the day for your trip back to San Jose and an overnight stay in the city for tomorrow's early morning departure.

Sunday, March 19

Depart for home, taking with you fond memories of a land of beauty and hospitality.

Festival Fee:

From Seattle - \$1775
From Lincoln - \$1725
From Chicago - \$1665
From Miami - \$1425

Includes airfare, 4 nights hotel (based on double occupancy), 4 nights homestay, coach transportation, cultural sessions, tours and most meals.