

CR\IC Friendship Force UPDATE

September 3, 2004

Greetings from Your President, Sally Nelson

Can you believe summer is over and fall is upon us? We have a presidential election coming up, and our Russian guests, soon to be here, will be studying our election process, among other topics. Along those same lines, our Nomination Committee is hard at work putting together a slate of officers for next year. Please think about how you can help, then call Steve or Nancy Williams and volunteer to be on the Board. The term of office is only one year. Vital positions needing to be filled are Vice President, Secretary and Newsletter publisher. And, of course, there are other positions available - just ask. It may vary, but typically the Board conducts meetings 5 or 6 times a year at a local restaurant after enjoying dinner together.

September holds several fun opportunities to be involved. There is an Open World Leadership exchange happening at the end of the month and your RSVP's are needed if you would like to join in. Also, Janice Trammell and Helen Ringgenberg have organized the next Let's Eat Out event to occur in September. Please call them with your reservation so they can turn in a head count to the restaurant.

Happy trails to 11 of our members leaving to visit the Twin Cities FF club Sept. 15th with Margaret Miller as their fearless exchange director!

I look forward to seeing most of you at an event in September (& don't forget the Open House Oct. 10!)
In Friendship, Sally

OPEN WORLD LEADERSHIP

Ten Russian female delegates plus interpreters and facilitators will be in Cedar Rapids to be hosted by our Club from September 25 through Oct. 3. If you are interested in helping with hosting, you can call Colleen Nieman at 396-5892 to volunteer. If you will not be home hosting, consider inviting a host and their guest/s to your home for dinner one evening. (Hosts are: Mike & Diane Karal, Steve & Nancy Williams, Gerry & Phyllis Seidl, Dick & Veryl Hansen, Vic & Pat Klopfenstein, John Haack & Joan Jacob, Dallas & Jacquie Bryant, Frank & Mary Stull and Greg & Sally Nelson)

Everyone is invited to attend one or all of the following events:

Saturday, Sept. 25 Pot luck welcome dinner at the home of Dianne and Mike Karal @ 6:30 p.m.

4859 Oak Grove Ct. NE Cedar Rapids. RSVP by Sept. 21 to 378-0084 (Call for Dianne for time)

Meat and drink will be provided, please bring a salad or dessert to share and your own table service.

Directions : From Interstate 380 - In NE Cedar Rapids, take the 42nd St. exit, go west past Kennedy High School though the stop lights at Edgewood Road. Turn left on Oak Leak Ct. then right on Oak Grove Ct.

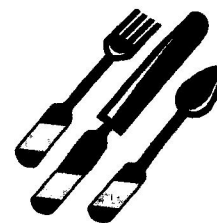
Wednesday, Sept. 29 - 5:30 pm. Picnic at Squaw Creek Park - Red Cedar Lodge

This will be a catered meal (BBQ ribs & trimmings). Cost - \$8 each, RSVP by Sept. 27 to Steve or Nancy Williams at 447-5761.

Friday, Oct 1 - Farewell dinner at Indian Creek Country Club Social hour 6 pm, dinner served at 7 p.m.
Cost is \$10 ea.(cash bar avail) please RSVP by Sept. 27 to Steve or Nancy Williams, 447-5761

LET'S EAT OUT!

**Let's Eat Out - at Mondo's Tomato Pie
(on the Coralville Strip) 516 2nd St., Coralville
Thursday, September 23, 2004 6:00 p.m.**



**RSVP by Sept. 20th to Helen Ringgenberg (319-351-3103 or
Janice Trammell (319-351-3517)**

Members and Non-members - this is purely social - an opportunity to explore Coralville and meet or stay connected with friends! Note: 18% gratuity will be added to the checks

Outgoing Exchange to Australia

Dear Friendship Force Club Members:

Since I decided to be the Exchange Director for this exchange, I find I need some idea of what your potential expectations might be for those who are interested in making the trip.

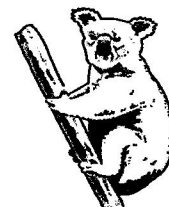


Atlanta has matched us for a one-week homestay in Cairns (northeast coast) and a one-week homestay in Ipswich (east/central, Australia). At this point, I have not had further contact with Atlanta or the Australian Clubs. Before I get involved with a travel agency, I need some information:

1. Who or how many people are interested?
2. Are you interested in two weeks only?
3. Would you be interested in a third week of homestay if it could be arranged?
4. Would you be interested in a short extension of a few days in Sydney? (Sydney is the major hub and we go in and leave from there.)

At this time, I am guessing the air fare would be somewhere around \$1800 per person. The fees to Atlanta would be additional.

If you think you are interested, send me an email or give me a call and let me know what kind of trip you are interested in. As soon as I hear from you, I will go ahead and start working on a final plan.



I look forward to hearing your thoughts - the sooner the better!

Phyllis Seidl

Seidlgerald@msn.com or (319) 377-5619



If you are unable to travel with our club to Australia in 2005 and but might be interested in another FF experience, there are many opportunities still open in many parts of the world for this fall, a festival in India in January, and an exchange themed around antiquing through West Country of England in March. Look on the FFI website at friendshipforce.org for further information

Join Steve and Nancy Williams at the International Conference in Los Angeles Nov. 4-7 - There is still time to register!

2004 Board of Directors

President	Sally Nelson (319) 857-5296
Vice President	Stephen & Nancy Williams (319) 447-5761
Secretary	Joanne Smith (319) 395-9440
Treasurer	Steve Miller (319) 393-3580
Directors at Large	Margaret Miller (319) 364-2135 (term ends 12/04) Gerry Stoner (319) 351-9067 (term ends 12.05)

Exchange Directors:	
<i>Midwest Festival 7/05</i>	Shirley Rosencrans (319) 462-4132
<i>To Twin Cities 9/04</i>	Margaret Miller (319) 364-2135
<i>To Australia 5/05</i>	Phyllis Seidl 377-5619
<i>Incoming from Varel</i>	Ron and Joyce Swanson 364-6867
Past Exchange Director	Phyllis Seidl (319) 377-5619
Past Presidents	Pat Klopfenstein (319) 377-5502 Nancy Miller 393-3580

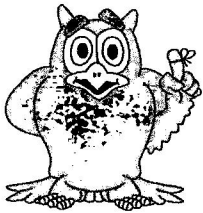


STANDING COMMITTEES

Membership	Richard Miller (319) 364-2135 Diane Karal (319) 378-0084
Communication	Betty Emrich (563) 886-2349
Newsletter:	Frank and Mary Stull (319) 393-6254,
Historian:	Mary Carson (319) 366-4545
Activities:	Margaret Nelson (319) 393-1209
Hospitality:	Jill Rinkenberger (319) 377-5077
IRIS	Jim and Colleen Nieman (319) 396-5892
Open World Leadership:	Steve Williams, Vic Klopfenstein (319) 377-5502
IRIS Representatives	Jim and Colleen Nieman (319) 396-5892

Please volunteer your help in 2005!

Friendship Force 2004 Calendar of Events



- Sept. 13** FF Board Meeting, 6 pm, at Cooper's Mill, Cedar Rapids
- Sept. 15-19** Outgoing domestic exchange to the Twin Cities FF Club - Margaret Miller, Exchg Dir.
- Sept. 20** **RSVP due** for L.E.O. **Scholarship Committee Meeting**
- Sept. 21** **RSVP due** for pot luck at the Kara's
- Sept. 23** **L.E.O.** at Mondo's in Coralville, 6:00 p.m. - all are welcome, bring a guest!
- Sept 27** **RSVP's due** for picnic at Squaw Creek Park and also for the Farewell Dinner at Indian Creek Supper Club

Sep 2 -Oct. 3

Russian Open World Exchange - (guests welcome)

Sept. 25 **Pot luck** welcome dinner at Dianne and Mike Karal's

Sept. 29 **5:30 pm. Picnic** at Squaw Creek Park, Red Cedar Lodge

Oct 1 **Farewell dinner** at Indian Creek Country Club

Oct. 10

Open House at home of Greg and Sally Nelson - bring a side dish (appetizer, salad or dessert) and a friend!

Nov. 4 - 7

Friendship Force International Conference in Los Angeles

November 14

Club Annual dinner 5 pm at "A Touch of Class" Banquet Center, 5977 Mt.Vernon Rd Speaker: Rick Sellers